

# The Northland Review

FREE Publication  
OCTOBER 2018



www.thenorthlandreview.com  
Monthly Variety Paper

SEE OUR AD ON PAGE 23

SEE OUR AD ON PAGE 5

**Cam's Bar & Eatery**

8517 63rd Ave N,  
Brooklyn Park,  
MN 55428  
763-533-4159  
www.camsbar.com

Open Daily  
at 11am

**HALLOWEEN PARTY**  
SAT., OCT. 28TH

**Two Stooges Sports Bar & Grill**

Football Game Day Specials!  
Specials and Prizes  
Separate Packer Zone  
Football Tip Board

UFC #229: Oct. 6th *Nurmagomedov VS McGregor*

**8th Annual Hallowpalloween**  
Sat Oct. 27th, 9pm  
~ DJ ~ Prizes  
~ Costume Contests  
\$300 overall best, \$200 sexiest.

**Fireball Fridays with DJ Bob**

1 HOUR OF FREE POOL w/ purchase of Lunch M-F 11am-4pm  
**Pool and Dart Leagues Now Forming**

7178 University Ave NE, Fridley, MN Ph: 763-574-1399

SEE OUR AD ON PAGE 11

SEE OUR AD ON PAGE 19

**Green Mill Restaurant and Bar**

1940 Rahncliff CT.  
Eagan, MN 55122  
facebook - greenmilleagan  
651-686-7000  
Lic #36438-007

**Pull Tabs E-Tabs**

**Sport Boards and Meat Raffles during Football Season!**

**STARKS NIGHTCLUB • RESTAURANT • BAR**

3125 Dodd Road  
Eagan MN  
www.starkseagan.com

**GARY'S 78<sup>TH</sup> BIRTHDAY BASH!!**  
..... NO COVER!! .....

Saturday, October 13th at 7pm

Lets Celebrate  
**The Legendary Gary Starks**  
**BIRTHDAY & HOMECOMING!!**

SEE OUR AD ON PAGE 7

SEE OUR AD ON PAGE 33

SEE OUR AD ON PAGE 31

**VFW Post #6690**  
Sibley Memorial Highway -  
Mendota, MN (651) 688-7408

**BOOYA Oct. 27th**  
and Bake Sale  
Noon-gone

**ROSETOWN AMERICAN LEGION**

651-483-3535  
700 W. Cty Rd C  
Roseville, MN 55113  
rosetownlegion.com

Saturday Oct. 27th • 7pm-12am

**Adult Halloween Party**  
Live Music with The Dee Miller Band  
Costume Contest  
Dinner Specials • Creepy Drink Specials

**Sgt. John Rice VFW POST 6316**  
1374 109th Ave NE  
Blaine, MN 55434  
Phone: 763-757-4540

All You Eat Buffet

Live Music  
Thursday Nights  
**Karaoke**  
Friday & Saturday

SEE OUR AD ON PAGE 24

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**Park Place Sports Bar**

**Boot Hockey Leagues Now Forming**

Friday's Karaoke @ 9:30pm  
Texas Holdem Wednesday & Fridays 7pm FREE TOURNAMENTS!

Sat. Oct. 6th **Oktoberfest**  
Sat. Oct 27th **Halloween Party**

200 Broadway St Paul Park, MN 651.459.9018  
parkplacesportsbar.com

**FRIARS Live Music**

Open Everyday at 10 a.m.

**Booya Party!**  
Oct. 14th, Noon  
Bring your own bucket, or purchase ours

Oct. 13th: **SOUP BONES**  
Oct. 20th: **DIRE WOLF**

1500 South Lake Street, Forest Lake, MN 55025  
651-464-5040  
Like Us On Facebook

7082 Centerville Road - 651-528-8230  
LOCATED NEXT TO HELLY'S CORNER

**HAPPY HOUR**  
M-F 3-6pm \$2.75 Domestic bottles, taps and rail drinks.

**FOR ALL NASCAR RACING FANS**  
\$1 Off all Taps, Rails, & Bottles  
@ The Start of the Race & ALL CAUTIONS

**White Bear RENTAL**

IT'S TIME TO AERATE! Rentals available in walk or towable family business

Locally-owned

OPEN SEVEN DAYS A WEEK  
 Mon - Fri. 7:30a-6:00p  
 Saturday 8:00a-5:00p  
 Sunday 10:00a-2:00p

Conveniently located off Hwy 61 & Cedar Ave  
 1.5 miles north of 694  
 3865 Highway 61 N.  
 White Bear Lake, MN 55110

[www.wbrental.com](http://www.wbrental.com)  
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- Tent and Party Rental
- Truck and Trailer Rental
- Construction Equipment
- Lawn & Garden Outdoor Power Equipment

"Since 1995"

# Bike King

Locally Owned Independent Bicycle Dealer  
 10 Minutes South of St. Paul, MN.

Mon - Fri 10am - 8pm  
 Sat 9am - 5pm - Sun 12am - 4pm

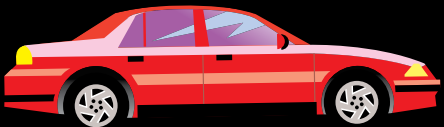
## Need A New Bike?

We have over 300 professionally tuned *Giant and Specialized* bikes ready to ride.



6489 Cahill Ave. Inver Grove Heights, MN 55076 Phone: 651.457.7766

# Rob's Auto



**Auto Sales & Service**  
 Savage, MN  
**952-890-0680**

COMPLETE MECHANICAL SERVICE • FOREIGN & DOMESTIC

12436 So. Highway 13, Savage Minnesota 55378  
[www.robsautoinc.com](http://www.robsautoinc.com)

"The Best Damn Cue and Dart Shop in Minnesota"

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763-786-5823 Spring Lake Park, Mn 55432 [docscues.com](http://docscues.com)

# KANAKA CREEK

Kanaka Creek Custom Cues Now In Stock!



## Roseville Area Youth Hockey



**JOE SENSORS** KITCHEN BAR  
 2350 Cleveland Ave.  
 Roseville MN, 55113

**Oct. 9th, Tuesday Night. Raffles at 5:30, Bingo at 6:30**  
**Cash Or Carry, a once a Month Bingo event!**  
 \$1000 guaranteed coverall every night  
 \$125 regular games or choice of Merchandise  
 Purse Bingo at Sensors A-03191-07

## ROSEVILLE BINGO HALL

Welcome to Roseville Bingo Hall! We always PAY!!! And we always PLAY!!!

2525 N. Snelling Ave.  
 (1 block north of Rose-dale) • 651-697-1090

We have more sessions than any other Bingo Hall! Check us out, 30 sessions - Open Every Day!

**Bingo HALL has BOGO at 7 and 9pm on Oct. 25th**  
 Buy 7 & 9p.m before 7 p.m., and your 9.p.m is FREE!  
 \$10 off - 2,17,30 instead of plinko. **Doors open at 5:30pm**

Buy a star rose or max and get two free sides - 3,16,31 instead of plinko.

- Monday: 1, 3, 7, & 9pm • Tuesday: 3, 7, & 9pm • Wednesday: 3, 7, & 9pm •
- Thursday: 1, 3, 7, 9, & 11pm • Friday: 1, 3, 7, 9, & 11pm •
- Saturday: 1, 3, 7, 9, & 11pm • Sunday: 1, 3, 7, 9, & 11pm •

A-03191-03



## NORTH TARTAN GIRLS BASKETBALL

Titans Sports Saloon  
 1267 Geneva Ave N  
 Oakdale, Minnesota 55128

Like Us on Facebook! 

Questions about our events?  
 Sherri (651) 338-9619  
 (text only please)

**Every Wednesday and Saturday Guaranteed \$1000 Coverall**  
 9 games \$20/packet  
 (with 50 packets sold - less than 50 packets we will guarantee \$500.)  
**Wed. Night Bingo at 6pm**  
**Sat. Bingo at 1pm & 8:30pm**

**Friday, October 12th Moneybags Bingo**  
 Designer purses with cash inside!  
**GUARANTEED \$500 IN THE COVERALL PURSE.**  
 We pay out 100% of our total packet sales prior to the first game.  
 Raffles at 5pm, Bingo at 6:30pm

**Saturday, October 27th MCRC Bingo**  
 6:30pm, Raffles start at 5:30pm  
**Guaranteed \$1199 Coverall with \$99 pots \$20/packet**  
 Proceeds Benefit Midwest Children's Resource Center to help children who were sexually abused

**Vikings Football - Titan's is the place to be to cheer for the Vikes!**  
 MEAT RAFFLES, JERSEY RAFFLES, AND CASH RAFFLES DURING THE GAMES  
**SPIN THE WHEEL FOR PRIZES, including a \$100 TITAN'S GIFT CARD!**  
 Free Chili Bar at half-time with a beverage purchase!  
**Free shots when the Vikings score!**

[ramseybicycles.com](http://ramseybicycles.com)



# Ramsey Bicycle

**CHECK OUT ALL OF OUR ELECTRIC BIKES!**



**HARO TREK GIANT REDLINE** WILL GO UP TO 60 MILES ON A CHARGE!

**Ramsey Bicycle has Everything for the Biking Enthusiast!**  
 6825 Highway 10 Ramsey, MN • 763-323-6666

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**Costumes Plus**

Simply put ... you won't find a larger selection of Costumes and Costume Accessories anywhere!!!

Family Owned Local Business since 1994 **Open Year-Round**

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101 E Richmond St. South St. Paul, MN 55075  
651-455-4333

www.illetschkos.com

**YOUR DEER PROCESSING HEADQUARTERS CALL NOW!**

**Attention Hunters!**

We provide full service wild game and deer processing, including skinning, cutting, wrapping, grinding, smoking, and custom sausage.

Best of the community Reader Choice Awards Voted best place to buy Meat and Seafood 2010, 2011 and 2013

Thank You to all our customers!

## CONTACT

The Northland Review, LLC  
P.O. Box 6539  
Minneapolis, MN 55406  
E-mail: production@thenorthlandreview.com

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**YAMAHA TRUCKLOAD SALE**

**EXTRA DISCOUNTS ON ALL YAMAHA PRODUCTS! STARTS MONDAY, OCTOBER 8TH!**

GUITARS, DRUMS, KEYBOARDS, DIGITAL PIANOS, PRO AUDIO, RECORDING, BAND & ORCHESTRA INSTRUMENTS AND ACCESSORIES! REBATES ON SELECT MODELS

Take an ADDITIONAL \$20 OFF any YAMAHA Purchase Over \$100 when you mention The Northland Review Ad!

77 Eighth Avenue SW • Forest Lake, MN 55025  
(651) 464-5252 • ConnectwithMusic.com

# SCOOPS PUB

**"COON RAPIDS BEST KEPT SECRET"**

PHONE: 763-757-7600  
482 NORTHDAL BLVD. COON RAPIDS, MN. 55448



## Free Texas Holdem

Tues - Thurs - Sat  
7pm & 9:30pm

Paying out Up to \$200!



## Hours

**Mon**  
11am to 1am  
**Tues - Thurs**  
11am to 2am  
**Fri - Sat**  
7am to 2am  
**Sun**  
7am - 1am



## Premier Dart Location

Leagues  
Sun - Mon - Tues - Wed  
Tournaments  
Thurs - Fri - Sat

Sat. Nov. 3rd  
**Scoops Halloween Costume Contest**  
1st place \$150 Cash  
2nd place \$50 Gift Certificate  
3rd place A Bottle of Booze  
\$250 Dart Tournament!  
Sign up @ 7pm, start @ 8pm

## VIKINGS FOOTBALL SPECIALS



**2 -4 -1 Drink Specials  
Burger & Wings Specials**



## Pull Tabs

Every Day

## Bingo

Mon. & Wed. @ 6:30pm, Sat. @ 2pm

## Meat Raffles

Fri. @ 5:30pm & Sat. @ approx. 4:30pm



Sponsored by Coon Rapids Youth Hockey Lic #35285-008

# CR's Sports Bar & Carbone's Pizzeria

8525 Cottonwood St. NW / Coon Rapids, MN / Bar: (763) 780-1585 / Carbone's: (763) 717-0327



**Mon. - Fri.**  
11am - 2am  
**Sat. - Sun.**  
9:30am - 2am  
**OPEN 7 DAYS A WEEK.**

## Carbone's Hours

Monday - Thursday: 11am - 11pm  
Friday - Saturday: 9:30am - Mid.  
Sunday: 9:30am - 11pm

## Happy Hour

2pm - 6pm • Mon - Fri  
4-6pm Saturdays  
2 for 1 on all Domestic Beer and Rail Drinks

## Bar Bingo

Wed. @ 6:30pm, Sat. @ 2pm  
\$1000 Winner, Every Saturday!

## Meat Raffles

Sat. @ 4:30pm

## In House 8 - Ball League

Monday Nights, Starting Oct. 1st

\$13,500 Total Payout based on 12 teams

Oct. 13th, 5pm

## Polar Plunge Benefit

Oct. 26th, 7pm

## CRYHA Party Bingo

Oct. 27th, 6pm

## Dana Brazil (Blair) Benefit

Oct. 27th,

## Halloween Party

Live Music

with the

Del Counts



## HALLOWEEN COSTUME CONTEST

1st Place: \$200  
2nd Place: \$100 • 3rd Place: \$50

# COME IN AND TRY OUR JUICY LUCY'S!

# Tin Cup's

Hours  
Restaurant Daily  
10am-10pm  
Bar Daily 10am-1am

1220 Rice Street  
St. Paul, MN • 651-487-7967

**WE NOW HAVE ELECTRONIC PULL-TABS!**

## ~~~~~ Famous Fish Fry ~~~~~

Voted #1 In the St. Paul Pioneer Press  
AS SEEN IN THE ST. PAUL PIONEER PRESS  
Fish Fryday • All you can eat \$11.99



## Game Day Specials

### Miller Lite

\$4 Miller Lite pints, and keep a souvenir cup!  
\$8 Pitchers



## Fire it Up!!

Pair Angry Orchard and Fireball for \$9 All Month!

**NEW DAILY DRINK SPECIALS!**



**Wed Night Bingo @ 6:30PM**

**MEAT RAFFLES SUNDAYS 2PM & 4PM FRIDAYS AT 5PM,** Largest Meat Packages on Rice street  
MEAT PROVIDED BY KAMP'S GROCERY & MEAT MARKET

**VOTED BEST BURGER!**  
twincities.com  
**\$2 Tacos**  
ALL DAY - ALL NIGHT  
SATURDAY & SUNDAY



**CHECK OUT ALL OF OUR LOCATIONS IN THE SCOOP TEXAS HOLDEM LISTINGS**

**Sfpokertour.com**

## Straight Flush Poker League

Sundays: 2 p.m. - Carbone's - Cottage Grove  
Sundays: 2 p.m. - Biff's Sports Bar - Spring Lake Park  
Sundays: 5 & 8 p.m. - Detour 19 - Loretto  
Sundays: 7 p.m. - White Bear Bar - WBL  
Sundays: 7 p.m. - Adagio's Pizza Factory - New Brighton  
Mondays: 7 p.m. - Palmer Lake VFW - Brooklyn Park  
Mondays: 7 p.m. - Casper's Cherokee - Eagan  
Mondays: 7 p.m. - Country Nites - Hastings  
Mondays: 7:30 p.m. - Chanhassen Legion Post 580 - Chanhassen  
Mondays: 7:30 p.m. - Barn Board Grill - Roberts, WI  
Mondays: 7 p.m. - Willies Hidden Harbor - Saint Paul Park  
Tuesdays: 7:30 p.m. - Schuggy's American Grill - Hammond, WI  
Tuesdays: 7 p.m. - Jersey's Bar - Inver Grove Heights  
Tuesdays: 7 p.m. - White Bear Bar - WBL  
Wednesdays: 7 p.m. Park Place - St. Paul Park  
Wednesdays: 7 p.m. - The Pour House - NYA  
Wednesdays: 7 p.m. - Biff's Sports Bar - Spring Lake Park  
Thursdays: 7 p.m. - Cedarvale Fitz's - Eagan  
Thursdays: 7 p.m. - Carbone's - Cottage Grove  
Thursdays: 7 & 8:30 p.m. - Medina Entertainment Center - Medina  
Thursdays: 7:30 p.m. - Big Guy's BBQ Roadhouse - Hudson, WI  
Fridays: 7 p.m. - Park Place - St. Paul Park  
Fridays: 7 p.m. - Biff's Sports Bar - Spring Lake Park



Fireball Fridays with DJ Bob

**UFC #229: Oct. 6th Nurmagomedov VS McGregor**

**1 HOUR OF FREE POOL**  
w/ purchase of Lunch  
M-F 11am-4pm  
**Pool and Dart Leagues Now Forming**

- Four 14' HD Big Screens
- 25,000 square feet of FUN!
- Full Service Restaurant
- Corporate Events
- 43 Pool Tables
- Dart Boards
- 20-500 Guests
- Patio Seating
- Parties
- Banquets
- Sports Bar
- 35 Plasma TVs

**Football Game Day Specials!**  
Specials and Prizes  
Separate Packer Zone  
Football Tip Board



**8th Annual Hallowpallooza**  
Sat Oct. 27th, 9pm  
~ DJ  
~ Prizes  
~ Costume Contests  
\$300 overall best, \$200 sexiest.

**PULL TABS DAILY Tip Boards**  
Fridley Lions Club



Lic # 00306-006

7178 University Ave NE, Fridley, MN Ph: 763-574-1399

**NEISEN'S**

Sports Bar & Grill

neisens.com • 952.846.4513  
4851 West 123rd Street • Savage, MN

**HAPPY HOUR**

SUN - THURS  
3PM-6PM & 9PM-12AM  
FRI - SAT • 3PM-6PM  
\$3/\$4 Tap Beer



**LIVE MUSIC**

Starts @ 9:30pm

- Oct. 4 • Lady Luck
- Oct. 5 • Rough House
- Oct. 11 • Mojo Monks
- Oct. 12 • Snak Attack
- Oct. 18 • Fog Pilot
- Oct. 19 • Them Pesky Kids
- Oct. 25 • Rock Godz
- Oct. 26 • MAA Fight

**KARAOKE**

Wed. W/ Paul

**KARAOKE SUNDAY NIGHT**

W/ Paul



**Wednesday & Thursday**

Bar Bingo 7pm

Two Progressive Jackpots each night  
Payouts up to \$2000 max.

Sponsored By **German Days**

Minnesota's **Top 20** pay-out pull-tabs



Lic# 35239

**WIN BIG AT BINGO!**  
& Pull Tabs



2052 Silver Lake Road,  
New Brighton, MN 55112

Phone: 651.631.9441

www.adagiospizza.com

Dine-In | Carry Out | Delivery | Catering

**Tuesday**  
Bar Bingo & Meat Raffle - 6:30pm

**Wednesday**  
3rd Wednesday of Every Month  
is Designer Purse Bingo - 7p.m.

**Friday**  
Meat Raffle - 6:30pm

**Pull Tabs**



**We Serve**

Donated over  
\$100,000 in 2017!

New Brighton Lions Gambling License #01754

**Monday**  
Free Cribbage Tournaments  
1st & 3rd Monday of the Month:  
Singles - 6:30PM  
2nd & 4th Monday of the Month:  
Doubles - 6:30PM  
1/2 Price Pizza Night: 5-10PM  
Dine-in only, w/purchase of 2 beverages

**Wednesday**  
ALL YOU CAN EAT Pasta Night  
5-10PM, \$9. Dine-in only.  
Music Mayhem: 8-10PM

**Thursday**  
Free Live Music with  
Vinnie Rose: 8-11PM

**Friday**  
Live Trivia with DJ: 9PM  
Free Darts & Touch Tunes: 11PM  
Late Night Drink Specials:  
10PM-Close

**Saturday**  
Karaoke:  
9:30PM

**Sunday**  
Bloody Mary Bar: 10AM-2PM  
Texas Hold'em: 7PM

**Enjoy Drink and Food Specials during all Vikings games!**

**Chili Cook-Off Fundraiser and Cornhole Tournament**  
Sun. Oct. 7th, Noon - 4pm, Awards at 3pm  
**Sign Up Today! Nordeast Tall Boys \$4**

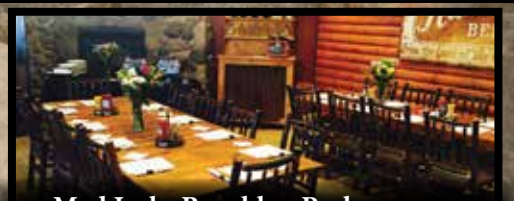
Bar Hours: Mon.-Thurs.: 11am-1am • Fri.: 11am-2am • Sat.: 10am-2am • Sun.: 10am-1am  
Kitchen Hours: Sun.: 10am-11pm • Mon.-Thurs.: 11am-11pm • Fri.: 11am-12am • Sat.: 10am-12am



**Brooklyn Park**  
You Don't Know Jack!

**BIKE NIGHT**  
Every Wednesday Night  
Starts at 5 pm

8078 Brooklyn Blvd. • Brooklyn Park, MN 55445



Mad Jacks Brooklyn Park is a unique upscale casual sports cafe that offers a wide variety of menu items that are made fresh daily. Whether it is a private function in our cabin room, dinner with your family and friends, or drinks in our bar area, we hope to see you soon!!

Ph: (763) 432-6263

**HAPPY HOUR & SPECIALS**

**Monday - Sunday**  
2-4 pm: \$2 Domestic Taps & Single Pour Rail Drinks  
4-6 pm: \$1.50 Off All Drinks  
2-6 pm: \$2 Off Select Apps

**Saturday**  
2-6 pm: \$3 Kamikaze Shots

**Sunday**  
11-2 pm: \$4.50 Basic Bloody



**Karaoke Saturdays**  
9-12pm

**FOOTBALL SPECIALS**

\$3 Grape Apes on every Minnesota Touchdown  
\$3 Miller Lite Taps with collector cups  
12 One Topping Pizza with 2 Domestic Tap Beers  
valid on SUNDAYS ONLY!

**SUPER Bingo**

Tues. @ 6:30pm,  
Sat. @ 1:30pm  
Progressive jackpots up to \$2,000

**Designer Purse Bingo**

2nd Thursday of the month  
Oct. 11th @ 6:30pm

**Meat Raffles**

Wednesdays @ 5:30pm  
Saturdays @ 1:30pm

**WIN BIG AT BINGO!**

(Northwest Area Jaycees Lic # 02463-007)

**VFW Post 230**  
 4446 Central Ave. N.E. Columbia Heights, MN. 55421  
 www.facebook.com/vfwpost230  
 763-788-8187

**Pull-Tabs Open Daily**  
 Sun. Mon. Tue. Wed. Thur.  
 Noon-9pm.  
 Fri. Noon-mid. Sat. 11am-11pm  
 License #00012-001

**BINGO**

**Monday's!**  
 Oct. 1, 8, 15, 22 & 29  
 1pm

**.50c Special!**  
 Sun. Oct. 28th  
 1pm

**Meat, Meat, Meat, Meat, Meat!**  
 Raffles...  
 Every Friday @ 6pm!

**VFW Post 230 FLEA MARKET & Rummage Sale!**  
 Upper Lot & South Lot.  
 Sun. Oct. 7th., 9am-2pm  
 \$20 per space donation must be present to reserve. See Bartender for availability. Space is limited. Meet & greet by Host. Oct. 3rd., 2pm. Proceeds go to VFW Post 230 Veterans Fund.

**The Gray Show**  
 Spins  
 Saturday, Oct. 13th

**"Shelby's Voyage"**  
 Sat. Oct. 20th., 8pm

**"The 230 GRILLE"**  
 Wed., Thur. & Fri.  
 Burger Baskets & More  
 5pm-9pm  
 Sat. 10am-3pm

**GREYPUCK**  
 "Quack at the Moon"  
 Sat. Oct. 27th 8pm-1

**Fish Fry 5pm-8pm & Karaoke Every Friday 8:30pm-mid.**

**Post 6587 Kraus Hartig**  
**Kraus-Hartig VFW Post 6587**  
 8100 Pleasant View Drive NE.  
 Spring Lake Park, MN 55432  
 763-780-1900

**Sundays Bar Bingo**  
 2 coveralls up to \$1000!  
 2:30pm

**Tuesday Bar Bingo**  
 2 coveralls, up to \$1000! 6:30pm

**Taco Tuesdays**  
 2nd and 4th Tuesday every month

**Wednesday Texas Hold'em**  
 6:30pm

**Friday Get A Clu Trivia**  
 7:15pm

**Meat Raffle**  
 Every Friday @6pm, Starting 9/7

**Saturday Saturday Karaoke**  
 8:30 pm

**Texas Hold'em**  
 3pm

**Meat Raffle**  
 Every Saturday @2:30pm, Starting 9/8

**Palmer Lake VFW Post 3915**  
 2817 Brookdale Dr Brooklyn Park, MN 55444  
 763-560-3720

**Hours:**  
 Mon.-Thurs. Noon-1AM  
 Fri.-Sun. 10AM-1AM

**Big screen TV's for ALL Sporting Events**  
 www.palmerlakevfw.com

**New members welcome! Come check out what the VFW is about!**

**Monday - Texas Hold'em 7PM,**  
**Tuesday - Meat Raffles 5PM**  
**Wednesday - Bingo 6:30PM**  
**Thursday - Open Band Night, 7PM**  
**Friday - Bargo 7:30PM, DJ at 9:30PM**  
**Saturday - Meat Raffles 3:30PM, Karaoke**

**Join us for Vikings Games!**  
**BOOYA Oct. 13th**

**Hall Rental, 200 Capacity, Separate bar available**

**Pulltabs**  
 Mon.-Thurs. Noon- Close, Fri. 10am-Close, Sat. 11AM to Close, Sun. 12PM-Close  
 10 Boxes, 6-85%, 9/10 Posted

**Meat Raffles**  
 Tue. at 5PM \$25 packs, - Sat. at 3:30PM • \$25 packs  
 Packages supplied by Osseo Meats.

**Bingo:**  
 Wed. at 6:30PM. 9 \$99 pots guaranteed, Coverall for \$1000 (rules apply)

**Video Horse/Car Races:**  
 Every Sat. at 3:30PM. Number of races vary per crowd. Prizes up to \$500 per race!

**Tip Boards**  
 Gambling Control Number # 00-632

**Fred Babcock VFW Post 5555**  
 6715 Lakeshore Drive Richfield MN 55423  
 Phone: 612-869-5555

**Open 7 days a week!**

**Look us up on the Web and Facebook, you're going to love our New Look!**

**October - November Entertainment**

Fri. Oct. 5 - Top 3  
 Sat. Oct. 13 - Hi Hats  
 Sat. Oct. 20 - Impromptues  
 Sat. Oct. 27 - Northernaires  
 Sat. Nov. 3 - Impromptues  
 Sat. Nov. 10 - Hi Hats  
 Sat. Nov. 17 - Northernaires  
 Sat. Nov. 24 - Top 3

**Karaoke**  
 Tuesdays & Thursdays 7:30 - 11:30pm

**Join us for Viking Game Specials**

*You've tried all the rest, now come to the best.*

**BINGO & Meat Raffle** Sundays @ 2pm

**Bar BINGO** Wednesdays @ 5pm

**Meat Raffle & Texas Holdem** Fridays @ 6:30 & 8:30pm

**Great pull tabs, every day!**

Gaming License # 00073-004

# Bayport American

## Legion Post 491

263 N. 3rd St. 651-439-5463



# BAR BINGO

Mon. - 7pm @ Stillwater Bowl

5862 Omaha Ave N, Stillwater • (651)-439-2444

Fri. - 7:15pm @ Legion Post 491

263 N. 3rd St, Bayport • (651)-439-5463

Sat. - 2pm @ The Bungalow

1151 Rivercrest Rd, Lakeland • (651)-436-5005

Meat Raffle Before Bingo

Sat. - 2pm @ Sal's Angus Grill

12010 Keystone Ave N, Stillwater • (651)-439-6625

Meat Raffle Before Bingo

**WIN BIG AT BINGO!**

6	22	34	53	72
11	27	38	56	71
4	●	●	52	69
13	21	42	●	67
14	24	32	59	68

Kelly Green  
651-491-8972  
Lic. # 00467



Talk to your neighbors, then talk to me.

Christopher Kisch Ins Agcy Inc  
Christopher Kisch, Agent  
625 Southview Blvd  
South St Paul, MN 55075  
Bus: 651-455-9700

See why State Farm® insures more drivers than GEICO and Progressive combined. Great service, plus discounts of up to 40 percent.\*  
**Like a good neighbor, State Farm is there.®**  
CALL FOR QUOTE 24/7.



\*Discounts vary by states.

1001174.1 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

## VFW Post #6690

Sibley Memorial Highway •

Mendota, MN (651) 688-7408



**Monday Night**  
Two Progressive **Bingo**  
Jackpots

Starting @ 7pm

**BOOYA Oct. 27th**  
and Bake Sale - Noon-gone



**Pulltabs Available**

Lic. B00629

**HAPPY HOUR**

**Meat Raffle**

Every Sat.  
@ 3:30



Mon. - Fri.  
Noon - 6pm  
Football Sundays  
All Day and Night



Breakfast Served  
Saturday &  
Sunday  
10am-2pm



Sunday Night is  
Trivia Night @7pm  
with Trivia Mafia

814 Mainstreet, Downtown Hopkins  
952.938.2400 • mainstreetbar.com

MAINSTREET IS THE BEST PLACE TO WATCH THE VIKINGS!

**VIKINGS GAME SPECIALS**

- \$3 20oz. DOMESTIC TAPS
- \$4 CROWN ROYAL DRINKS
- \$2 PURPLE HOOTERS (WHEN VIKINGS SCORE)
- 50¢ WINGS!!



**COME WATCH THE GAME ON OUR NEW 200 INCH BIG SCREEN TV!**  
FEELS LIKE YOU ARE AT THE GAME.

### ENTERTAINMENT

FRI. OCT 5<sup>TH</sup>  
WICKED GARDEN

SAT. OCT 6<sup>TH</sup>  
BAD GIRLFRIENDS

FRI. OCT 12<sup>TH</sup>  
70'S MAGIC  
SUNSHINE BAND

SAT. OCT 13<sup>TH</sup>  
ZED LEPPELIN  
W/THRYLL

FRI. OCT 19<sup>TH</sup>  
SAWYERS DREAM

SAT. OCT 20<sup>TH</sup>  
HIGH & MIGHTY

FRI. OCT 26<sup>TH</sup>  
ATOMIC PLAYBOYS

SAT. OCT 27<sup>TH</sup>  
FLASH MOB  
HALLOWEEN  
PARTY!

### Meat Raffle

Wednesday &  
Thursday @ 5pm



6	22	34	53	72
11	27	38	56	71
4	●	●	52	69
13	21	42	●	67
14	24	32	59	68

### Mingo

W/DEAL OR NO DEAL  
Tue. & Thurs. 6:30pm

### Progressive Mingo

Sat. at 2pm

Hopkins Youth Hockey Lic# 04157-02

### COME TRY OUR NEW HAPPY HOUR MENU!

Afternoon Happy Hour  
3-6:30pm Sun.-Thurs.

Late night Happy Hour  
9-Midnight Sun.-Wed.

\$2 Domestic Bottle  
\$3 Rail Liquor

the Old Log Cabin  
RESTAURANT & BAR  
9726 SCANDIA TRAIL N,  
FOREST LAKE, MN  
55025-8934  
PHONE: 651-433-5646

SUNDAY: 11AM-9PM MONDAY: 4PM-9PM TUESDAY TO SATURDAY: 11AM-10PM



"AMAZING, GOOD FOOD!  
PORTIONS WERE LARGE.  
NICE SERVICE AND A  
QUAINT ATMOSPHERE.  
THE WHOLE FAMILY  
ENJOYED THEMSELVES."  
- A GOOGLE USER



HAPPY HOUR MONDAY TO FRIDAY: 3PM-6PM SUNDAYS: 12PM-3PM

FOREST LAKE  
LIONS  
PULL TABS  
DAILY



OLD LOG CABIN NOW HAS E-TABS, TRY THEM OUT!

Lic. # 02190-007

**WHITE BEAR LAKE HOCKEY**

# Big Bingo Parties!!

**McCarron's Pub & Grill**  
**Sunday, October 7th 1pm**

**Jimmy's Food and Drink**  
**Sunday, October 28th 1pm**

**\$200 EACH GAME**  
**\$500 BONANZA**  
**\$300, \$600 OR \$900 COVERALL**  
**FREE PRIZES \* \$2 RAFFLES TO WIN \$100 GIFT CARDS**

## MORNING BINGO

**Monday's**  
**9:00am**  
**Jimmy's Food and Drink**

**NEW BINGO PROGRAMS**  
 Starting in September at all of our locations!!  
**FUN \* EXCITING \* BIG PAYOUTS**

**DOC'S LANDING**  
 Presents  
**ETABS - ELECTRONIC GAMING**

**MEAT & GIFT CARD RAFFLE**  
**Fridays 5pm**

LICENSE # 03111

## BINGO

**9:30pm**  
**Friday Nights**  
**Village Sports Bar**

**HUGE PAYOUTS!**

## NEW SPORT BOARDS!!

Now Available at all our Locations!

**\$10**

Purchase a ticket to WIN a CASH PRIZE based on the Score of a GAME!

Payout 1st Qtr \$100  
 Payout 2nd Qtr \$125  
 Payout 3rd Qtr \$100  
 Payout Final \$125

Doc's Landing \* Jimmy's \* Saks Sports Bar  
 McCarron's \* White Bear Bar \* Village Sports Bar

[wblhockeygambling](https://www.facebook.com/wblhockeygambling)

# FOREST LAKE ATHLETIC ASSOCIATION

"Supporting Youth"

Football, Lacrosse, Volleyball, Basketball, Softball, Fastpitch, and Baseball

[www.FLAAA.org](http://www.FLAAA.org)



## CHARITABLE GAMBLING LOCATIONS

Charitable Gambling License # G-04354

### Vannelli's By The Lake

55 Lake St. South  
 Forest Lake, MN 55025  
 Phone: (651)395-2400

We have Pull-Tabs Daily, Meat Raffles Wednesdays and Fridays at 5:30pm

### Forest Hills Golf Course

7530 210th St North.,  
 Forest Lake, MN 55025  
 Phone: (651) 464-3097

We have Pull-Tabs Daily

### Tanners Brook Golf Course

5810 190th St N.,  
 Forest Lake, MN 55025  
 Phone: (651) 464-2300

We have Pull-Tabs Daily

### Splitrocks Entertainment Center

5063 273rd St,  
 Wyoming, MN 55092  
 Phone: (651) 462-6000

Pull-Tabs Daily, Bingo on Wednesdays at 6:30pm and Saturdays at 1pm (starting back up Sept.15), Meat Raffles on Wednesdays and Saturdays during Bingo, and Fridays at 6pm (starting back up Sept. 14)

### The Meet Market

555 W Broadway Ave #7  
 Forest Lake, MN 55025

We have Pull-Tabs Daily

### Circle E Wine and Spirits

4869 208th St. N.,  
 Forest Lake, MN 55025  
 Phone: (651) 982-1814

We have Pull Tabs Daily

### Brookside Pub

21050 Ozark Ct. N.  
 Scandia, MN 55073  
 (651) 433-0147

We have Pull-Tabs Daily, Bingo on Thursdays at 6:30pm, Meat Raffles on Thursdays during Bingo and Fridays at 5:30pm.

### Cornerstone Pub & Prime

26753 Forest Blvd.,  
 Wyoming, MN 55092  
 Phone: (651) 462-1211

We have Pull-Tabs Daily, and Meat Raffles Thursdays and Fridays at 4:30pm

### The Liquor Barrel

7997 Lake Drive,  
 Lino Lakes, MN 55014  
 Phone: (651) 251-0108

We have Pull Tabs Daily

### Mallards Forest Lake

220 Lake St. N.  
 Forest Lake, MN 55025  
 (651) 272-5152

We have Pull-Tabs Daily

### Lakes Club Volleyball

Serving 6th-12th grade (with some 5th graders) on a more competitive level, with tryouts. Includes at least 2 practices during the week and 5 weekend tournaments. Runs Jan. to Mar. with an extended season option (with cost) that runs through April and May. Tryouts: Ages 14 and under- Oct. 23rd, Oct. 25th and Nov. 1st at Forest Lake Area Middle School. Start times are as follows:  
 12 and under - 5-7 pm  
 13's - 5:30-7:30 pm  
 14's - 6-8 pm  
 Tryout dates for 15+ will be posted on the website in early October. More information can be found on the Lakes Website <https://www.lakesvolleyball.org>



# TEXAS HOLD 'EM

## MONDAYS

### Am Legion Post 1776

14521 Granada Drive, Apple Valley, MN  
952-431-1776 • 7pm

### Barn Board Grill

(Straight Flush Poker)

517 Cherry Ln, Roberts, WI  
715-760-3663 • 7:30pm

### Casper's Cherokee

(Straight Flush Poker)

4625 Nicols Rd, Eagan, MN  
651-454-6744 • 7pm

### Chanhassen Legion Post 580

(Straight Flush Poker)

290 Lake Dr E, Chanhassen, MN  
952-934-6677 • 7:30pm

### Country Nites Saloon

(Straight Flush Poker)

712 Vermillion Street, Hastings, MN  
651-346-1042 • 7pm

### Jumping Jacks

1715 Badger Blvd West, Isanti, MN

763-444-8311 • 7pm

### Mounds Park Sports Bar

1067 Hudson Rd, St. Paul, MN

651-340-0319 • 7:30pm

### Palmer Lake VFW

(Straight Flush Poker)

2817 Brookdale Dr, Brooklyn Park, MN  
763-560-3720 • 7pm

## TUESDAYS

### Dawn's Corner Bar

305 West Avenue, Dundas, MN

507-663-0593 • 7pm

## Elks Lodge

720 Hwy 7 East, Hutchinson, MN  
320-587-3116 • 7pm

## Finish Line

31924 125th St, Princeton, MN

763-631-2233 • 7pm & 9pm

## Flicek's Bar & Grill

114 Main St. S., Lonsdale, MN

507-744-5164 • 7pm

## Jersey's Bar

(Straight Flush Poker)

6449 Concord Blvd, Inver Grove Hgts, MN

651-455-4561 • 7pm

## Scoops Pub

482 Northdale Blvd, Coon Rapids, MN

763-757-7600 • 7pm & 9:30pm

## Schuggy's American

Grill & Taphouse

(Straight Flush Poker)

1055 Davis St, Hammond, WI

715-796-2319 • 7:30pm

## VFW White Bear Lake

4496 Lake Ave S, White Bear Lake MN

651-426-4944 • 7pm

## White Bear Bar

(Straight Flush Poker)

2135 4th St, White Bear Lake, MN

651-426-4111 • 7 & 10pm

## WEDNESDAYS

### Biffs Sports Bar

(Straight Flush Poker)

7777 Hwy 65 NE, Spring Lake Park, MN

763-784-9446 • 7pm

### Buffalo Bar

904 Commercial Dr., Buffalo, MN

763-682-5806 • 7pm

### Kraus-Hartig VFW Post 6587

8100 Pleasant Drive NE, Spring Lake Park

763-780-1900 • 6:30pm

## Park Place Sports Bar

(Straight Flush Poker)

200 Broadway, St Paul Park MN

651-459-9018 • 7pm

## Rich's Bar

34 Oak Ave N, Annandale, MN

320-274-9992 • 7pm

## Stoney's Bar

158 Broadway St.E, Rockville, MN

320-253-2330 • 7pm

## The Pour House

(Straight Flush Poker)

325 Elm St W, Norwood Young Am, MN

952-467-2112 • 7pm

## THURSDAYS

### Big Guy's BBQ Roadhouse

(Straight Flush Poker)

1237 Hwy 35 N, Hudson, WI

715-549-6255 • 7:30 pm

### Cedarvale Lanes/

Fitz's Bar & Grill

(Straight Flush Poker)

3883 Cedar Grove Parkway Eagan, MN

651-452-7520 • 7pm

### Cottage Grove Carbone's

Kitchen & Pub

(Straight Flush Poker)

7155 Jorgensen Lane S, Cottage Grove, MN

651-459-6666 • 7pm

### Flicek's Bar & Grill

114 Main St. S., Lonsdale, MN

507-744-5164 • 7pm

### Medina Entertainment Center

(Straight Flush Poker)

500 - Hwy 55, Medina, MN

763-478-6661 • 7 & 8:30pm

### Rosetown American Legion

700 W Cty Rd C, Roseville, Mn

651-483-3535 • 7pm

## Scoops Pub

482 Northdale Blvd, Coon Rapids, MN

763-757-7600 • 7pm & 9:30pm

## FRIDAYS

### American Legion Post 255

355 W. Broadway, Forest Lake, MN

651-464-2600 • 7pm

### Biffs Sports Bar

(Straight Flush Poker)

7777 Hwy 65 NE, Spring Lake Park, MN

763-784-9446 • 7pm

### Blainbrook Bowl

12000 Central Ave

763-755-8686 • 7pm & 10pm

### Mounds Park Sports Bar

1067 Hudson Rd, St. Paul, MN

651-340-0319 • 7:30pm

### Park Place Sports Bar

(Straight Flush Poker)

200 Broadway, St Paul Park MN

651-459-9018 • 7pm

### VFW Richfield Post 5555

6715 Lakeshore Drive, Richfield MN

612-869-5555 • 6:30pm & 8:30pm

## SATURDAYS

### Blainbrook Bowl

12000 Central Ave

763-755-8686 • 7pm & 10pm

### Kraus-Hartig VFW Post 6587

8100 Pleasant Drive NE, Spring Lake Park

763-780-1900 • 3pm

### Sidewinders Bar

2573 7th Ave E, North St Paul MN

651-773-8867 • 8pm

### Mounds Park Sports Bar

1067 Hudson Rd, St. Paul, MN

651-340-0319 • 2pm

## VFW White Bear Lake

4496 Lake Ave S, White Bear Lake MN

651-426-4944 • 6:30pm (except 1st thurs.)

## Welsch's Big Ten Tavern

4703 Highway 10, Arden Hills, MN 55112

(651) 633-7253

Every 3rd Thursday 6:30pm

## White Bear Bar

2135 4th Street, White Bear Lake

651-426-4111 • 7pm

## FRIDAYS

### Am. Legion Bayport Post 491

263 N. 3rd St. Bayport, MN

651-439-5463 • 7:15pm (Lic# 00467)

### Montes Sports Bar & Grill

8299 University Ave NE, Spring Lake

Park, MN 55432 (763) 784-2230 • 5:30pm

### Palmer Lake VFW

2817 Brookdale Dr, Brooklyn Park, MN

763-560-3720 • 7:30pm

### The Village Inn & Stadium Bar

3600 Hoffman Rd, White Bear Lake, MN

651-770-8670 • 9:30pm (Disco Bingo)

### Designer Purse Bingo

@ Titans Sports Saloon

1267 Geneva Ave N, Oakdale, MN

651-444-8488

Friday, October 12

Moneybags Bingo-Designer purses

with mystery cash inside!

GUARANTEED \$500

pay out 100%

Raffles 5pm, Bingo 6:30pm

## SATURDAYS

### American Legion Rosetown

1st & 3rd Sat./month Oct. 13 & 27

700 W Cty Rd C, Roseville, MN

651-483-3535 • 3pm

### Biffs Sports Bar & Grill

7777 Hwy 65 NE, Spring Lake Park, MN

55432 (763) 784-9446 • 3pm

### Bungalo

1151 Rivercrest Rd, Lakeland, MN

651-436-5005 • 2pm (Lic # 00467)

### CR'S Sports Bar

8525 Cottonwood St NW

763-780-1585 • 2pm

### Drkula's

6710 Cahill Ave, Inver Grove Hgts, MN

651-451-1717 • Noon

### Dugout Bar & Grill

158 Main St. NW, Bethel, MN

763-434-0119 • 3pm

### Kelly's Korner Bar

7098 Centerville Road, Centerville, Mn

651-493-6626 • 2pm

## Scoops Pub

482 Northdale Blvd, Coon Rapids, MN

763-757-7600 • 7pm & 9:30pm

## SUNDAYS

### Adagio's Pizza Factory

(Straight Flush Poker)

2052 Silver Lake Road, New Brighton, MN

Phone: 651.631.9441 • 7pm

### American Legion Post 620

5383 140th St N, Hugo, MN

651-255-1432 • 5:30pm

### Biffs Sports Bar

(Straight Flush Poker)

7777 Hwy 65 NE

Spring Lake Park, MN

763-784-9446 • 2pm

### Blainbrook Bowl

12000 Central Ave

763-755-8686 • 5pm & 8pm

### Cottage Grove Carbone's

Kitchen & Pub

(Straight Flush Poker)

7155 Jorgensen Lane S, Cottage Grove, MN

651-459-6666 • 2pm

### Detour 19

(Straight Flush Poker)

300 N Medina St, Loretto, MN

763-479-2821 • 5 & 8pm

### Stoney's Bar

158 Broadway St.E, Rockville, MN

320-253-2330 • 7pm

### White Bear Bar

(Straight Flush Poker)

2135 4th St, White Bear Lake, MN

651-426-4111 • 7pm

# BAR BINGO

## MONDAYS

### Handbag Bingo at

Banquets of Minnesota

1009 109th Ave NE, Blaine, MN 55434

(612) 803-6468

Every 3rd Monday 6:30PM

### Bogarts

14917 Garrett Ave, Apple Valley, MN

952-432-1515

Doors @ 6:30pm, Starts @ 7pm

### Grumpy's Bar and Grill

2801 N. Snelling Ave, Roseville MN,

(651) 379-1180 • 6pm

### Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights

651-482-1100 • 9am

### Mc Carron's

1986 Rice St., Maplewood. MN

651-788-7362 • 6pm

# RAFFLES

## MONDAYS

### Grumpy's Bar and Grill

2801 N. Snelling Ave, Roseville MN,  
(651) 379-1180 • 5:30pm

### Mc Carron's

1986 Rice St., Maplewood. MN  
651-788-7362 • 6pm

### Trappers

6810 Lake Drive, Lino Lakes MN  
651-784-7474 • 5:30pm

## TUESDAYS

### Adagio's Pizza Factory

2052 Silver Lake Road, New Brighton, MN  
Phone: 651.631.9441 • 6:30pm

### Carbone's Pizzeria & Pub

1350 Highway 96E, White Bear Lake MN  
651 429-7609 • 5pm

### Dugout Bar & Grill

158 Main St. NW, Bethel, MN  
763-434-0119 • 6 pm

### Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights  
651-482-1100 • 6pm

### Kelly's Korner Bar

7098 Centerville Road, Centerville, MN  
651-493-6626 • 6:30pm

### Palmer Lake VFW

2817 Brookdale Dr, Brooklyn Park, MN  
763-560-3720 • 5pm

## WEDNESDAYS

### American Legion Rosetown

700 W Cty Rd C, Roseville, Mn  
651-483-3535 • 5pm

### Cam's Bar & Eatery

8517 63rd Ave N., Brooklyn Park, MN  
763-533-4159 • 6pm

### Doc's Landing

3200 White Bear Ave, White Bear Lake  
651-770-3582 • 5pm

### FRIARS

1500 South Lake Street, Forest Lake, MN  
651-464-5040 • 7pm

### Mad Jacks Brooklyn Park

8078 Brooklyn Blvd. Brooklyn Park  
(763) 432-6263 • 5:30pm

### Mainstreet Bar and Grill

814 Mainstreet, Hopkins, MN  
952-938-2400 • 5pm

### The Roadside Bar & Grill

12530 Ulysses St. N, Blaine, MN 55434  
(763) 710-4804 • 6pm

### Splitrocks Entertainment Center

5063-273rd St, Wyoming, MN 55092  
651-462-6000 • 6:30pm

### Trappers

6810 Lake Drive, Lino Lakes MN  
651-784-7474 • 5:30pm

### VFW Roseville Post 7555

1145 Woodland Drive 55113  
651-483-5313 • 5:15pm

### VFW White Bear Lake

4496 Lake Ave S, White Bear Lake MN  
651-426-4944 • 5pm

### The Village Inn & Stadium Bar

3600 Hoffman Rd, White Bear Lake, MN  
651-770-8670 • 5pm

### Vanneli's By The Lake

55 Lake St. S. Forest Lake, MN  
651-395-2400 • 5:30pm

## THURSDAYS

### Bogarts

14917 Garrett Ave, Apple Valley, MN  
952- 432-1515 • 7pm

### Brookside Pub

21050 Ozark Ct. N., Scandia, MN 55073  
(651) 433-0147 • 6:30

### Cornerstone Pub & Prime

26753 Forest Blvd, Wyoming, MN  
651-462-1211 • 4:30pm

### Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights  
651-482-1100 • 5pm

### Mainstreet Bar and Grill

814 Mainstreet, Hopkins, MN  
952-938-2400 • 5pm

### Montes Sports Bar & Grill

8299 University Ave NE, Spring Lake Park,  
MN 55432 (763) 784-2230 • 4pm

### Station 57

3800 Restwood Rd. Lexington MN,  
763-786-1014 • 6pm

### The Sunset Grill

8466 Hwy. 65 Spring Lake Park, MN 55432  
(763) 204-8648 • 6pm

### White Bear Bar

2135 4th Street, White Bear Lake  
651-426-4111 • 6pm

## FRIDAYS

### Adagio's Pizza Factory

2052 Silver Lake Road, New Brighton, MN  
Phone: 651.631.9441 • 6:30pm

### Biff's Sports Bar and Grill

7777 Hwy 65 NE, Spring Lake Park, MN  
763-784-9446 • 5pm

### Brookside Pub

21050 Ozark Ct. N., Scandia, MN 55073  
(651) 433-0147 • 5:30

### Cam's Bar & Eatery

8517 63rd Ave N., Brooklyn Park, MN  
763-533-4159 • 6pm

### Carbone's Pizzeria & Pub

1350 Highway 96E, White Bear Lake MN  
651 429-7609 • 5pm

### Cornerstone Pub & Prime

26753 Forest Blvd, Wyoming, MN  
651-462-1211 • 4:30pm

### Doc's Landing

3200 White Bear Ave, White Bear Lake  
651-770-3582 • 5pm

### Dugout Bar & Grill

158 Main St. NW, Bethel, MN  
763-434-0119 • 6pm

### Elwoods Bar

7997 Lake DriveLino Lakes MN  
651-330-5266 • 5pm

### FRIARS

1500 South Lake Street, Forest Lake, MN  
651-464-5040 • 5pm

### Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights  
651-482-1100 • 5pm

### Kelly's Korner Bar

7098 Centerville Road, Centerville, Mn  
651-493-6626 • 6pm

### Mc Carron's

1986 Rice St., Maplewood. MN  
651-788-7362 • 6pm

### Montes Sports Bar & Grill

8299 University Ave NE, Spring Lake Park,  
MN 55432 (763) 784-2230 • 4pm

### Park Place Sports Bar

200 Broadway, St Paul Park MN  
651-459-9018 • 5:30pm

### Rosetown American Legion

700 W Cty Rd C, Roseville, Mn  
651-483-3535 • 5pm

### Scoops Pub

482 Northdale Blvd, Coon Rapids, MN  
763-757-7600 • 5:30pm

### Southern Rail

7082 Centerville Road, Centerville, Mn  
651-528-8230 • 5:30pm

### Splitrocks Entertainment Center

5063-273rd St, Wyoming, MN 55092  
651-462-6000 • 6pm

### Sgt. John Rice VFW POST 6316

1374 109th Ave NE, Blaine, MN 55434  
763-757-4540 • 5pm

### Station 57

3800 Restwood Rd. Lexington MN,  
763-786-1014 • 5:30 pm

### Sticks and Stones

9250 Lincoln St. NE, Blaine, MN 55434  
(763) 233-0699 • 6pm

### Tin Cups

1220 Rice St., St. Paul, MN  
651-487-7967 • 5pm

### Titans Sports Saloon

1267 Geneva Ave N, Oakdale, MN  
651-444-8488 • 5pm

### Trappers

6810 Lake Drive, Lino Lakes MN  
651-784-7474 • 5:30pm

### VFW Crystal Post 494

5222 Bass Lake Rd., Crystal, MN  
763-537-9914 • 4pm

### Kraus-Hartig VFW Post 6587

8100 Pleasant Drive NE. Spring Lake Park  
763-780-1900 • 6pm

### VFW Post 295 South St. Paul

111 S. Concord Ex., South St. Paul, MN  
651-455-1505 • 4:30pm

### VFW Columbia Hgts. Post 230

4446 Central Ave. NE, Columbia Hgts MN  
763-788-8187 • 6pm

### VFW Richfield Post 5555

6715 Lakeshore Drive, Richfield MN  
612-869-5555 • 6:30pm

### VFW White Bear Lake

4496 Lake Ave S, White Bear Lake MN  
651-426-4944 • 5pm

### Vanneli's By The Lake

55 Lake St. S. Forest Lake, MN  
651-395-2400 • 5:30pm

### The Village Inn & Stadium Bar

3600 Hoffman Rd, White Bear Lake, MN  
651-770-8670 • 5pm

### Welsch's Big Ten Tavern

4703 Highway 10, Arden Hills, MN 55112  
(651) 633-7253 • 5pm

### White Bear Bar

2135 4th Street, White Bear Lake  
651-426-4111 • 5pm

## SATURDAYS

### CR'S Sports Bar

8525 Cottonwood St NW  
763-780-1585 • 4:30pm

### Drkula's

6710 Cahill Ave, Inver Grove Hgts, MN  
651-451-1717 • Noon

### Kelly's Korner Bar

7098 Centerville Road, Centerville, Mn  
651-493-6626 • 1pm

### Mad Jacks Brooklyn Park

8078 Brooklyn Blvd. Brooklyn Park  
(763) 432-6263 • 1:30pm

### Mc Carron's

1986 Rice St., Maplewood. MN  
651-788-7362 • 1pm

### Montes Sports Bar & Grill

8299 University Ave NE, Spring Lake Park,  
MN 55432

### Palmer Lake VFW

2817 Brookdale Dr, Brooklyn Park, MN  
763-560-3720 • 3:30pm

### SAK'S

1460 - E County Rd E Vadnais Heights, MN  
651-484-6119 • 2pm

### Sgt. John Rice VFW POST 6316

1374 109th Ave NE, Blaine, MN 55434  
763-757-4540 • 3pm

### Splitrocks Entertainment Center

5063-273rd St, Wyoming, MN 55092  
651-462-6000 • 1:30pm

### Titans Sports Saloon

1267 Geneva Ave N, Oakdale, MN  
651-444-8488 • 1pm & 8:30pm After Bingo

### Trappers

6810 Lake Drive, Lino Lakes MN  
651-784-7474 • 2pm

### Scoops Pub

482 Northdale Blvd, Coon Rapids, MN  
763-757-7600 • 4:30pm

### Station 57

3800 Restwood Rd. Lexington MN,  
763-786-1014 • 1:30pm

### The Sunset Grill

8466 Hwy. 65, Spring Lake Park, MN 55432  
(763) 204-8648 • 2pm

### VFW Crystal Post 494

5222 Bass Lake Rd., Crystal, MN  
763-537-9914 • 2pm

### VFW Post 295 South St. Paul

111 S. Concord Ex., S. St. Paul, MN  
651-455-1505 • Noon

### VFW Mendota Post 6690

Sibley Memorial Highway, Mendota, Mn  
651-688-7408 • 3:30pm

### VFW Roseville Post 7555

1145 Woodland Drive 55113  
651-483-5313 • 4pm

### VFW White Bear Lake

4496 Lake Ave S, White Bear Lake MN  
651-426-4944 • 4pm

### Welsch's Big Ten Tavern

4703 Highway 10, Arden Hills, MN 55112  
(651) 633-7253 • 2pm

## SUNDAYS

### American Legion Rosetown

700 W Cty Rd C, Roseville, MN  
651-483-3535 • 3pm

### Dugout Bar & Grill

158 Main St. NW, Bethel, MN  
763-434-0119 • 11am

### Elwoods Bar

7997 Lake DriveLino Lakes MN  
651-330-5266 • 1pm

### Station 57

3800 Restwood Rd. Lexington MN,  
763-786-1014 • 3pm

### The Roadside Bar & Grill

12530 Ulysses St. N,  
Blaine, MN 55434

### (763) 710-4804 • 2pm

### Tin Cups

1220 Rice St., St. Paul, MN  
651-487-7967 • 2pm

### VFW Richfield Post 5555

6715 Lakeshore Drive, Richfield MN  
612-869-5555 • 2pm

# KARAOKE

## MONDAYS

### Bay Street Grill

731 Randolph Ave. St Paul, MN  
651-294-3240

### The Dog House

2029 Woodlynn Ave, Maplewood, MN  
651-621-1535

## TUESDAYS

### Mounds Park Sports Bar

1067 Hudson Rd, St. Paul, MN  
651-340-0319

### Tin Cups

1220 Rice St., St. Paul, MN • 7pm

### VFW Richfield Post 5555

6715 Lakeshore Drive, Richfield MN  
612-869-5555

## WEDNESDAYS

### American Legion Post 225

355 W. Broadway, Forest Lake, MN  
651-464-2600

### American Legion Post 435

6501 Portland Ave S, Richfield, MN  
612-866-3647

### Bogarts

14917 Garrett Ave, Apple Valley, MN  
952-432-1515

### Friar's

1500 South Lake St, Forest Lake MN  
651-464



14917 Garrett Ave  
Apple Valley, MN 55124  
www.bogartspplace.com  
952-432-1515

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**Progressive Bingo**

Every Monday, beginning Oct. 1st  
Doors at 6:30pm, Starts at 7pm

**Meat Raffle**

every Thursday at 7pm

Lic #36438-005



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Football Season!**

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www.prsportsbar.com  
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**Progressive  
Bingo**

Every Wednesday at 7pm



**Pull Tabs  
E-Tabs**

Lic #36438-001

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(763) 784-2230

**Meat Raffles**  
Thurs.,  
Fri.,  
& Sat.  
@ 4PM



**Bingo**  
Wed.  
@ 5PM,  
Fri.  
@ 5:30PM

**Triwheel 7 Nights  
a Week!**

**Biffs Sports Bar & Grill**

Lic. # 00584-007

7777 Hwy 65 NE,  
Spring Lake Park, MN 55432  
(763) 784-9446

**Bingo**  
Sat. @ 3PM

**Meat Raffle**  
Fri. @ 5PM

**Banquets  
of Minnesota**

Lic. # 00584-21

1009 109th Ave NE  
Blaine, MN 55434  
(612) 803-6468

**Handbag Bingo**  
Every 3rd Mon. @ 6:30PM

**The Sunset Grill**

Lic. # 00584-026

8466 Hwy. 65  
Spring Lake Park, MN 55432  
(763) 204-8648

**Surf n' Turf Meat Raffles**  
Thurs. @ 6PM, Sat. @ 2PM

**Bingo**  
Wed. @ 6:30PM, Sat. @ 7:30PM

**The Roadside Bar & Grill**

Lic. # 00584-019

12530 Ulysses St. N,  
Blaine, MN 55434  
(763) 710-4804

**Meat Raffles**  
Wed. @ 6PM, Sun. @ 2PM

**Welsch's Big Ten Tavern**

Lic. # 00584-24

4703 Highway 10  
Arden Hills, MN 55112  
(651) 633-7253

**Bingo**  
Every 3rd Thurs. @ 6:30

**Meat Raffle**  
Fri. @ 5PM, Sat. @ 2PM

**Sticks and Stones**

Lic. # 00584-020

9250 Lincoln St. NE  
Blaine, MN 55434  
(763) 233-0699

**Meat Raffle**  
Fri. @ 6PM



**Carbone's Pizzeria & Pub**  
White Bear Lake  
1350 Highway 96E  
White Bear Lake MN 55110

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Visit us on Facebook at Carbone's Pizzeria & Pub of White Bear Lake

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**Happy Hour**  
2 for 1's  
Every Day 3-6 pm

Double up for a buck  
Every Day  
9- 10:30pm

Bucket Special  
5 for \$15

**Designer Purse Bingo**  
Oct. 17th @ 6:30pm  
Come in Early!





---

**MONSTER MASH HALLOWEEN PARTY**  
Saturday October 27th  
Live Music with  
Necessary Diversion at 8pm  
Costume Contest  
Drink Specials

**Hours**  
Sunday-Thursday  
11am-10pm food  
11am-11pm bar  
Friday - Saturday  
11-12am food  
11-1am bar.

**Breakfast Menu**  
8am-1pm  
\$2 Bloodys, Screwdrivers, Mimosas, & Domestic Taps  
\$1 Off all Cocktails,

---

**Bingo Tuesday 6pm**  
Win up to a \$1,000

**Meat Raffles**  
Every Tuesday & Friday @ 5pm

**Flash Bingo**  
Minnesota Linked Bingo  
Win up to \$100,000

**E - Tabs Now Available**  
Win up to \$1,499  
85% payback

Monday - Thursday:  
3pm - 10:30pm  
Friday: 3pm - 11pm  
Saturday: 12 - 11pm  
Sunday: 12 - 9pm



White Bear Lake Lions Club #02378-012

Phone: (651)429-7609 • Website: www.carboneswhitebearlake.com

(763) 537-9914  
5222 Bass Lake Rd  
Crystal, MN 55429

Digital Horse Races (attendance based)  
Full Menu  
10 Big Screens for Viewing!!



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**VFW POST #494**  
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---

**Monday's**  
Bingo 6pm  
\$1199 progressive coverall

**Tuesday's**  
Trivia @ 6:30pm  
\$4.94 1/2lb burger w/ fries  
5:30-8:30pm

**Wednesday's**  
Benefit dinners 5-7pm  
Live music w/ Mark Banker 5:30-7:30pm  
Karaoke 8pm-Midnight

**Thursday's**  
Bingo 6pm

**Fridays**  
Meat Raffle 4pm  
Live music 7:30-11:30pm  
Gambling License # 00155

**Trivia**

**Breakfast Menu**  
8am-1pm  
\$2 Bloodys, Screwdrivers, Mimosas, & Domestic Taps  
\$1 Off all Cocktails,

**\$5 lunch Specials**  
Mon.-Fri. 11am-2pm

**Vikings Game Day Specials**  
FREE: Cash Prize Numbers Board, Raffles and Prizes each quarter, Purple Hooters when Vikes Score, and Food Buffet at Halftime!  
Skol Vikes!

**Saturday's**  
Breakfast menu 8am-1pm  
Horseshoe Tournaments 1pm  
Meat Raffle 2pm  
FREE Ringo 5pm

**Sunday's**  
Breakfast 8am-1pm

---

**Happy Hour** 3-6pm, Mon.- Fri.  
• \$2 can beer • \$2 taps •  
• \$2 rail drinks •  
• \$1 off everything else •  
**\$3 OFF Full Portion Appetizers**

**Pulltabs - Lottery - Horse Races!**



**ROSEVILLE ANDERSON NELSON VFW POST 7555**  
1145 Woodhill Drive • Roseville, MN 55113 • 651-483-5313 vfwroseville.org

Roseville VFW

---

**BOOYA!**  
Sunday Oct. 14,  
11am Until Gone!



**ADULT HALLOWEEN COSTUME PARTY**  
FRI., OCT. 26TH, 8:30PM

**CHILDREN'S HALLOWEEN PARTY**  
SAT., OCT. 27TH, 11AM-1PM

**Karaoke** Every Friday 8:30pm - 12:30am

Kitchen now open Every Day!

---

Oct. 10  
**Karaoke Special** 6-10pm

Oct. 13  
**Liver, Bacon, and Onion Dinner Special** All Day

**Friday Night Special:**  
**Walleye Dinner**

**Happy Hour**  
M-F 3-6pm

**Daily Food Specials**  
Great Food, Great Prices

---

**Viking Specials**  
• Food Specials All Day on Vikings Game Days!!!  
• \$2.50 - 16 oz. Domestic Tap and Bottle Beer!  
• \$3 - 16 oz. Aluminum Bottles!

**FREE Jello Shots on Vikings Touchdowns!!**

**Meat Raffle** Weds 5pm & Sat 4pm  
**Pull-Tabs & E- Tabs Daily**  
**Progressive Cash Bingo** Thurs 6:30 pm  
Up To \$1000 Coverall



License # G00017



**VFW POST 1782**  
4496 LAKE AVE S  
WHITE BEAR LAKE, MN. 55110  
651-426-4944

---

**Fish Fry Fridays**  
One refill per customer



**Halloween Party**  
Live music, food and drink specials, drawings and costume contest.

21+ Friday Oct. 26th, 8pm

**Now serving HER Vodka, and New Oktoberfest Beers!!**

---

**Build a Burger for the Troops**  
(Beyond Yellow Ribbon Program)  
Tues. Oct. 8 5-8pm



**Vikings Day Food and Drink Specials!**  
More televisions!

**Auxiliary Annual Cancer Luncheon**  
Saturday, October 6. Call for details

---

**Texas Hold'em**  
Every Tuesday @ 7pm

**Meat Raffles**  
Wednesday and Friday at 5pm and Saturday at 4pm



**Vingo**  
Every Thursday @ 6:30pm

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Brooklyn Center	Fridley
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# AMP QUIZ

it's trivia time

## TOP THREE TEAMS WIN PRIZES!

<h3>MONDAYS</h3> <p>Ole Piper Inn   7:30pm * Blaine, MN <small>* Except first Monday each month</small></p>	<h3>WEDNESDAYS</h3> <p>Charlie's On Prior   7:30pm * Prior Lake, MN <small>* Starts October 3rd</small></p>
<h3>TUESDAYS</h3> <p>Celts Pub   7:00pm Farmington, MN</p>	<p>Clive's Roadhouse   8:00pm Blaine, MN</p>
<p>Clive's Roadhouse   8:00pm Burnsville, MN</p>	<p>La Fonda de Los Lobos   8:00pm Eagan, MN</p>
<p>Clive's Roadhouse   8:00pm Champlin, MN</p>	<p>Sgt. Peppers   8:00pm Oakdale, MN</p>
<p>Maxwell's American Pub   9:00pm Minneapolis, MN</p>	<p>Clive's Roadhouse   8:30pm Rogers, MN</p>
<h3>MONTHLY THEME GAME!</h3> <p><b>90's TRIVIA</b> Thursday   October 18 <small>WATCH FACEBOOK FOR LOCATIONS &amp; TIMES</small></p>	<p>Scoreboard Bar &amp; Grill   8:30pm Minnetonka, MN</p>
	<h3>THURSDAYS</h3> <p>Pinz   8:00pm Oakdale, MN</p>

Find FREE ANSWERS at [www.AMPQUIZTRIVIA.com](http://www.AMPQUIZTRIVIA.com)

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<h3>MONDAY SPECIAL</h3> <p>HOUSE MARGARITA \$5.00 ANY DRAFT BEER \$3.00</p>	<h3>TUESDAY IT'S VITAMIN DAY</h3> <p>Ground beef tacos or chicken tacos \$1.25* EACH ALL DAY</p>
---------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------

566 Lilac St., Lino Lakes MN 55014 • 651-528-8854



# HUNTING

SAFETY TIPS

## 4 GUN SAFETY RULES TO LIVE BY

1. Never point your gun at something you don't wish to destroy.
2. Keep your finger off the trigger until on target and ready to fire.
3. Perform a safety check every time you pick up your gun.
4. Know your target and what is beyond.

### GET YOUR KIDS IN THE WOODS

Take them out walking with you while they are young. Teach them to respect firearms, how to track & how to wait for the right moment to pull the trigger.



## PLAN AHEAD

- Practice shooting regularly, check zero/shot pattern on your firearm.
- Always ask permission before entering private land.
- Tell someone where you are going and what time you intend to return.
- Carry and know how to use a compass, even if you have a GPS device.
- Have means to start a fire.

*Pro Tip: Dryer lint mixed with lip balm makes a great fire starter.*



## GUN SAFETY

- Always use a haul rope to pull your unloaded gun into your tree stand.
- Unload your firearm any time you approach a questionable crossing. (fence, creek etc.)
- Never shoot at noise, You must see your target.
- Always wear a PFD when in a watercraft. **COLD WATER KILLS!**



## AFTER THE KILL

- Moisture, heat and dirt are the leading causes of meat spoilage.
- Transport game in such a manner as to not offend non-hunters.
- Process game as soon after harvesting as possible.



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gun shop & range



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GET PREPPED EARLY, WE HAVE ALL YOUR HUNTING NEEDS.**

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good luck hunters!

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# TIPS FOR SHARING THE ROAD WITH CYCLISTS AND PEDESTRIANS

The country's roadways are for all to enjoy. Tens of millions of cars take to the highways every day, but they're not the only mode of transportation allowed on the road. Cyclists and pedestrians also make use of streets when sidewalks or biking paths are unavailable.

Did you know that bicyclists accounted for 2.2 percent of all traffic deaths in the United States in 2016? In addition, the National Highway Traffic Safety Administration says nearly 15 pedestrians per day lose their lives when struck by motor vehicles, and there were 5,376 pedestrian deaths in 2015.

Although biking and walking are inherently safe activities for millions of people per year, motorists, cyclists and pedestrians can all take steps to make roads safer for everyone.

- **Follow the rules of the road.** Whether you're riding a bike or driving a motor vehicle, the rules of the road are the same. That means heeding traffic signals, signage, right-of-way, speed limits, and much more.
- **Avoid alcohol use.** Alcohol impairs motor skills, which are necessary to walk and operate cars and bicycles safely. Many accidents and fatalities on the roads can be traced to alcohol consumption. Do not drink and drive or drink and ride. Pedestrians who need to walk heavily trafficked areas would be smart to limit their alcohol consumption as well.
- **Make yourself more visible.** Pedestrians and cyclists can make themselves more visible to motorists in various ways. Wear bright-colored, reflective gear when walking or riding, and install reflective lights on bicycles.
- **Remain alert at all times when behind the wheel.** Motorists should be focused on the road at all times, avoiding distractions such as smartphones and in-vehicle entertainment systems. Such devices can dramatically reduce motorists' reaction times, greatly increasing the risk of accident. Slow down when cyclists, runners and other pedestrians are nearby.
- **Pass safely and give room.** Do not pass too closely when driving near cyclists and pedestrians. Always yield to pedestrians in crosswalks.

Whether driving, riding a bicycle or walking, everyone should work together to share roads safely. For more information, visit [www.nhtsa.gov](http://www.nhtsa.gov).



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Costume Contest 8pm-10pm  
\$175 in prizes!

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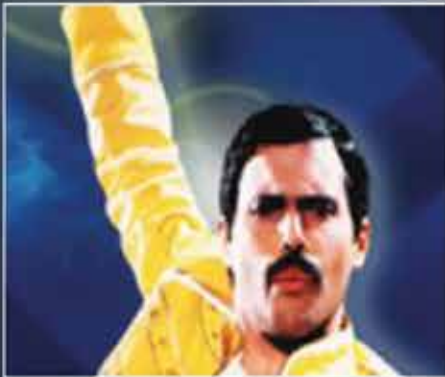
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Our Friend  
Dave Hill  
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OCT 13TH



**APRIL WINE &  
HEAD EAST**  
SATURDAY,  
OCT 20TH



**KILLER QUEEN**  
The Premier  
Tribute to  
Queen  
SATURDAY,  
NOV 3RD



**RONNIE  
MILSAP:**  
A LEGEND IN  
MY TIME TOUR  
FRIDAY,  
NOV 9TH

## ADDITIONAL FALL SHOWS

- NEIL DIAMOND TRIBUTE W/ MARTIN ZELLAR - FRIDAY OCT 12TH
- EASTON CORBIN - FRIDAY, OCT 19TH
- FABULOUS ARMADILLOS: EAGLES TRIBUTE - FRIDAY, OCT 26TH
- HALLOWEEN DANCE W/ MATERIAL GIRL - SATURDAY, OCT 27TH
- BLACKHAWK - FRIDAY, NOV 16TH
- THE OUTLAWS & MOLLY HATCHET - SATURDAY, NOV 17TH

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# HOW TO RECOGNIZE POTENTIAL BRAKE PROBLEMS

Maintaining a vehicle is more than just a way to protect one's financial investment. Vehicle maintenance can protect against accidents and make the road safer for drivers and their passengers as well as their fellow motorists.

Fully functioning brakes are an important component of automotive safety. In its 2015 Crash Stats report, the National Highway Traffic Safety Administration said that brake-related problems accounted for 22 percent of crashes where vehicular failure was cited as the cause of the collision. Bad brakes are particularly notorious for rear-end collisions. Faulty, worn brake lines, antilock brake system malfunctions and worn brake pads and discs are some potential brake problems.

It is important that motorists learn to recognize the first symptoms of brake trouble so they can address issues before they put drivers, their passengers and other motorists at risk of accident or injury.

- **Unusual noises:** Screeching, grinding, rubbing, and high-pitched sounds are common indicators that brake pads, rotors and other parts of the braking system need attention. Worn pads can cause damage to other vehicle parts, resulting in more expensive repairs if they're not addressed promptly.
- **Pulling:** If the car pulls to one side when applying the brakes, this may indicate brake pad linings are wearing down unevenly. A brake adjustment may be necessary. Pulling also may be indicative of an object or debris caught in the brake fluid.
- **Less responsive:** If when pressing on the brake pedal the brakes just do not seem to be as effective as they once were, or it is necessary to press the pedal harder for the brakes to engage, there may be a brake fluid leak or an air leak. Check under the vehicle to see if any fluids are pooling.
- **Pungent odors:** Firestone Tire Company says a burning smell may be indicative of worn out brake pads and friction on the tires. Each of these issues require immediate attention.
- **Vibrations:** Certain vibrations may indicate brake issues. Rotors can become warped from metal-on-metal rubbing, potentially leading to a failure of the vehicle to brake properly. Vibrations also may indicate tires are misaligned. These problems can be properly assessed by a trained mechanic.

Do not let potential brake problems go unchecked. Keeping brakes in good working order helps drivers stop more readily and avoid collisions.



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 <p>8301 Normandale Boulevard Bloomington . MN 952.835.8308 www.poorrichardscommonhouse.com</p> <p>Like us on Facebook Instagram</p>	<p><b>Wednesday</b> <b>\$3 Bone-In Wings</b> <b>\$4 Boneless Wings</b> 3 - 11 pm</p> <p>CHIPOTLE HONEY LIME TERIYAKI THAI PEANUT BUFFALO BOURBON BBQ DRY BLACKENED RUB</p> <p>Add Ranch, Blue Cheese or Celery for 50¢</p> <p><b>\$1 off</b> All Beers, Rail &amp; Call Cocktails &amp; House Wine 3 - 6 pm</p>	<p><b>Slider Thursday</b> All Sliders <b>\$6.99</b> <b>ALL DAY!</b></p> <p><b>Fajita Friday!</b> 5-10PM <b>\$12.99</b></p>	<p><b>Prime Rib Saturday's!</b> 5-10PM</p> <p>Enjoy a Tasty Prime Rib Dinner Every Saturday!</p> <p><b>Only \$14.99!</b> Slice of Prime Rib Dinner Salad Mashed Potatoes Vegetable du Jour</p>

# FLUIDS TO CHECK BEFORE YOUR NEXT ROAD TRIP

For many traveling enthusiasts, few things are more enticing than the open road. Road trips have long been popular, and that popularity appears to be on the rise.

According to a report from MMGY Global, a travel and hospitality marketing firm, road trips represented 39 percent of vacations taken by United States travelers in 2016. Road trips also remain popular in Canada, where vast, rugged terrain makes for idyllic trips.

Before embarking on road trips, motorists would be wise to inspect their vehicles to ensure their getaways are not derailed by car troubles.

• **Brake fluid:** Squeaky brakes are not the only potential indicator of brake problems. Brake fluid, which should always be topped off before beginning a road trip, also might shed light on potentially serious problems. According to the National Motorists Association, brake fluid looks honey-like and translucent when fresh. A puddle beneath a vehicle that is clear to brown and slick indicates a brake fluid leak, which can ultimately lead to a complete failure of the brakes. The NMA recommends brake fluid be changed at least once every three to four years.

• **Transmission fluid:** When fresh, transmission fluid is red, darkening over time. However, transmission fluid should never appear brown or black, which indicates potential internal damage to the transmission. To determine if there are any issues with the transmission fluid, the NMA recommends drivers wipe a cool dipstick between their thumb and index finger. If even the slightest bit of grit is felt when wiping the dipstick, the transmission is likely in need of work.

• **Oil:** Drivers should change their vehicles' oil before embarking on road trips, especially if such trips will be lengthy. The NMA notes that fresh oil is light to dark amber and translucent, and that is how oil typically looks immediately after an oil change. Oil darkens over time, and that is natural (black oil indicates it's time for an oil change). However, oil that appears cloudy or milky indicates that coolant is getting into the oil, perhaps due to gasket problems. Drivers who are not getting their vehicles' oil changed before a road trip should at least check their oil before leaving to inspect the color of the oil and ensure the vehicle has enough oil.

• **Windshield washer fluid:** The unknown of the open road is part of what makes it so appealing. While many road trippers plan their trips during the summer and fall when the weather tends to be both pleasant and predictable, there's no guarantee inclement weather won't rear its ugly head. Filling the windshield washer fluid reservoir before embarking on a trip ensures drivers' visibility won't be adversely affected by unforeseen issues that can soil windshields.

Checking fluids before embarking on a road trip can help drivers avoid breakdowns and ensure a safe, fun trip.



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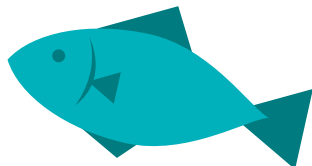
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# 3 TIPS TO DRIVE MORE EFFICIENTLY

Unlicensed drivers learning to drive are often taught the benefits of defensive driving. Safety is often the focus of such lessons, but the benefits of driving safely and efficiently extend far beyond safety.

According to the U.S. Department of Energy, aggressive driving can lower gas mileage by roughly 15 to 30 percent at highway speeds. In addition, a 2017 study from researchers at the DOE's Oak Ridge National Laboratory found that aggressive driving can contribute to a reduce fuel efficiency by as much as 40 percent in stop-and-go traffic.

Speeding as well as rapid acceleration and braking are hallmarks of aggressive driving, and each of these habits puts drivers, their passengers and other motorists at risk of accident and injury. By taking these steps to drive more efficiently, drivers can save money and potentially even lives.

## 1. Avoid rooftop cargo.

Rooftop cargo units can be beneficial for family vacations or other extended getaways. But using rooftop cargo boxes as traveling storage units for items you don't need on a daily basis or simply keeping empty units attached to vehicle roofs compromises fuel efficiency. Rooftop cargo bins increase the aerodynamic drag on vehicles, forcing them to burn more fuel than they would need to burn while moving without anything attached to the roof. DOE estimates suggest that large, blunt rooftop cargo boxes can reduce fuel efficiency by as much as 25 percent when a vehicle is moving at speeds between 65 and 75 miles per hour.

## 2. Don't treat your trunk like a closet.

Trunks are not closets, so resist the temptation to use them to store golf clubs and other items that are better stored in a house or garage. Research has indicated that an extra 100 pounds in a vehicle can reduce gas mileage by about 1 percent. Because that figure is based on the percentage of extra weight relative to the vehicle's weight, drivers of small vehicles may find using their trunks as closets to be especially costly and inefficient.

## 3. Use cruise control when possible.

Cruise control makes it possible for vehicles to maintain constant speeds. That helps drivers ensure they are always obeying the speed limit, and it keeps cars from the constant acceleration and deceleration that wastes fuel.

Efficient driving is safe, cost-effective and eco-friendly. With some simple strategies, drivers can do their part to protect the planet and make roads safer, all while saving money.



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# HOW TO SAFEGUARD YOUR VEHICLE FROM THE ELEMENTS

In a perfect world, all vehicle owners would be able to park their cars and trucks in garages. In such a world, automobiles would not be vulnerable to sun, storms and other natural elements that, over time, can contribute to wear and tear.

But many drivers cannot or choose not to park their cars in garages. Some are content to let their vehicles brave the elements, while others look for ways to protect their cars and trucks as much as possible. Drivers who count themselves among the latter group can take these simple steps to protect their cars and trucks from whatever Mother Nature has in store for them.

- **Park in the shade.** Parking in the shade can protect both the interior and exterior of a vehicle. Shaded areas protect upholstery and dashboards inside the car from sun-induced fading, while also limiting the damage sun can cause to exterior paint. Faded paint may hurt the resale value of a vehicle, prompting prospective buyers to walk away or at least wonder if a vehicle with a faded exterior was well maintained.
- **Wash and wax.** Washing and waxing a vehicle helps to minimize damage that's inevitable regardless of where drivers park their cars. Dirt and debris litter roadways, and over time cars can collect a large amount of these unwanted stowaways. If dirt and debris are not removed, they can cause long-term damage to vehicle exteriors. Washing and waxing a car can ensure its exterior looks good and reduce the likelihood of rust and other corrosion from occurring.
- **Don't write off bird droppings.** Some drivers, especially those who do not park their cars and trucks in garages, may write off bird droppings as an annoying yet harmless side effect of vehicle ownership. However, bird droppings are acidic and, if left to their unsightly devices, can cause permanent damage to vehicle paint. Tree sap is an equally formidable foe, potentially causing scratching because it can be very difficult to remove without spreading. Specially formulated sprays can help drivers remove bird droppings and sap from their vehicles.
- **Employ a car cover.** Drivers who have garages but use them to store things other than their vehicles can use car covers when parking their cars in their driveways. Covers protect cars from the elements and can be quickly and easily removed.

Nature can be harsh on vehicles. Protecting automobiles from the elements should be a priority for drivers, especially those who do not park their cars and trucks in garages. Winter weather can be tough on skin. By preparing in advance of winter, people can head off dry skin and other problems.



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# THE BENEFITS OF ELECTRIC VEHICLES

Electric vehicles remain a curiosity for many motorists. While many industry experts predict all cars on the road will be electric models at some point in the future, gas-powered vehicles still outnumber electric cars by a wide margin.

Some drivers may be hesitant to purchase electric cars out of a fear of the unknown. That's understandable considering the cost of new vehicles, electric or gas-powered. According to analysts at Kelley Blue Book, the average transaction price for light vehicles in the United States was more than \$36,000 in early 2018. That makes vehicles a significant investment and perhaps explains why consumers have thus far been hesitant to embrace electric cars en masse. But the benefits of electric cars are many, and understanding just what those benefits are might compel more drivers to make the leap.

## Effects on local economies

Many countries, including the United States, import a substantial percentage of the petroleum they consume. For example, the U.S. Department of Energy notes that the United States imports 19 percent of the petroleum it consumes, three-quarters of which is used for transportation. All-electric vehicles can be powered solely by domestically produced electricity, which can benefit local economies in countries such as the United States and Canada.

## Cost savings

There's no denying that purchase prices for electric cars and even hybrid vehicles are higher than those for more conventional, gas-powered vehicles. However, many countries offer sizable tax credits to buyers of hybrid and electric vehicles. In addition, fuel costs for hybrid and plug-in electric vehicles are low, which can help offset the high purchase price of such automobiles.

## Environmental impact

The DOE notes that electric vehicles produce zero tailpipe emissions. The same goes for plug-in hybrid electric vehicles when they're operating in all-electric mode. That's a substantial benefit, as tailpipe emissions pose a significant threat to the environment as well as human health. Common tailpipe emissions include carbon monoxide, nitrogen oxides, sulfur oxides, benzene, and carbon dioxide. Such pollutants can lead to further depletion of the ozone and some, such as benzene, are known carcinogens.

Electric vehicles have yet to catch on a wide scale. However, the overwhelming benefits of such cars and trucks makes it extremely likely that they are the future of driving for those motorists who have thus far been hesitant to ditch their gas-powered automobiles.





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Centennial Youth Hockey Association Lic. # 03934-009

# HOW TO PREPARE FOR AN OUT-OF-TOWN BREAKDOWN

Road trips make for excellent getaways. Whether you're embarking on a weekend excursion or a lengthy vacation, driving yourself to your destination is a great way to travel, especially for families looking to save money.

Though no one wants to think about the possibility of a vehicle breakdown while out of town, such things do happen. How prepared drivers are can go a long way toward determining how affected they and their passengers will be if this happens.

- **Get a checkup before skipping town.** It sounds simple, but many drivers may overlook the importance of vehicle checkups before departing on weekend getaways or longer trips. A full checkup (including an oil change if the recommended interval has passed or is approaching) can uncover any problems that might derail a trip.
- **Examine your options in regard to emergency roadside assistance.** Insurance providers typically offer emergency roadside assistance to policy holders for a nominal fee, and memberships in clubs such as AAA also are inexpensive. That's especially true when drivers compare the cost of extra coverage or AAA membership to the potential price tag of a tow truck and out-of-town repairs. Drivers should note that out-of-town repairs may require costly overnight shipping of parts so travelers can get back on the road as quickly as possible. Roadside assistance offered through an insurance company or motor club may include tow trucks free of charge up to a certain number of miles, allowing travelers to get their cars back home without breaking the bank.
- **Inspect tires, including your spare.** Many a road trip has been derailed or thrown off schedule due to a flat tire or tires. Before departing, check the condition of your existing tires, including the spare, as well as the air pressure in each one. Firestone notes that many vehicle manufacturers recommend replacing tires at six years, regardless of tread wear. Tires that get heavy usage should be replaced even more frequently. To determine if tread wear is something to worry about, Firestone recommends the penny test, which involves placing a penny head first into several tread grooves across the tire. If the top of Abraham Lincoln's head is always visible, then your tires are shallow and worn and need to be replaced. But if part of Lincoln's head is always covered, your tires can probably withstand the trip. Worn tire treads can make it hard for tires to safely navigate roads in inclement weather, so don't discount the importance of this simple step.
- **Bring along some basic tools.** Pack some basic tools, such as screw drivers, wrenches, pliers, a trolley jack, a battery charger, and, of course, duct tape, which may help you temporarily solve some issues on your own. This is especially important for drivers who intend to visit remote locations where mobile phone networks may be inaccessible and the nearest tow truck might be far away. Hone your tire-changing skills before hitting the road and make sure tools are still capable of performing the kind of basic maintenance that might help your vehicle safely return to civilization.

Vehicle breakdowns happen, even while on vacation. Some advance preparation can help drivers avert out-of-town disasters.





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# THE MOST HAUNTED PLACES IN NORTH AMERICA

Mysteries and the macabre take center stage come Halloween. Many people feel that lingering spirits may cling to hotel rooms, hospitals and old buildings. The following are some sites, courtesy of Conde Nast, Reader's Digest and National Geographic, that may prove pleasing to those who like a taste of the paranormal each October.

- **Howard Street Cemetery, Salem, Mass.:** The Salem Witch Trials were a shocking part of American history. Many different people were accused of witchcraft and sorcery and executed for their alleged crimes. Howard Street Cemetery, where Giles Corey, a convicted offender is buried, is said to host the paranormal.
- **Eastern State Penitentiary, Philadelphia, Pa.:** This once strict enforcer of solitary confinement was built in 1829 and housed prisoners until 1970. Peals of disembodied laughter, pacing footsteps and shadowy figures have been reported on the premises.
- **Keg Mansion, Toronto, Ontario:** The Keg Mansion was once the private residence of industrialist Hart Massey and his family. Legend states that, after the death of Massey's daughter Lillian, her maid was so overcome with grief that she took her own life. A ghostly image of a maid hanging by her neck has frequently been reported at the property.
- **LaLaurie Mansion, New Orleans, La.:** Marie Delphine LaLaurie was a Louisiana socialite who threw lavish parties. But she also had a dark and grisly side. When a fire broke out in the residence, police responded and discovered mutilated slaves in the attic. LaLaurie fled New Orleans, but it is believed the phantom screams of her victims can still be heard at night.
- **Hotel Monte Vista, Flagstaff, Az.:** This hotel is purportedly home to various spectors and paranormal guests. Room 210 was plagued by someone who hung raw meat from the chandelier. An infant's wretching cries have sent people scurrying. And two women who were thrown from the third floor now haunt and try to smother male guests in their sleep.
- **Fairmont Banff Springs Hotel, Banff, Alberta:** This is the site of a number of terrifying ghost sightings, including an entire murdered family. Many believe a retired head bellman in uniform continues to haunt the hotel.
- **San Fernando Cathedral, San Antonio, Texas:** This is the oldest church in Texas and is stunning to behold. But during the nighttime, visitors may feel the hair on their necks stand on end. During renovations, workers unearthed bones, nails and military uniforms. Visitors report orbs and shadowy figures in photographs, as well as figures in hooded clothing.
- **RMS Queen Mary, Long Beach, Calif.:** This luxury ship carried Hollywood celebrities before being repurposed into a World War II ship that transported troops. Eventually, the ship was permanently docked in California, and is reportedly haunted by those who died aboard, such as a young sailor crushed in the engine room.

Haunted places dot the globe and can make interesting travel locations for those who wish to discover what goes bump in the night.



# BONE-CHILLING WORD SEARCH

T F V I H A R M R L S S E L E P O H U E  
 I R T E M O S E L B U O R T D E A T H R K  
 M I S E R Y S N Y B U V I E U F E A R K  
 Z G D Y L O K C H I L L I N G X V E C T  
 U H E R I N O I T A N I G A M I S L R U  
 H T F T V F I E N D A N X I E T Y N E N  
 Y H O T E U A N T I C I P A T I O N A U  
 Z S R D H R T H R E A T F A G G P Z T S  
 Z U M E N D N E K O R S M K A E R F U U  
 E P E P O A P P E R E H E N S I O N O R A  
 G E D P M R E P R Z I R O R S R E T R O E L  
 R R I A E K H D E H U E S N E P S U S Z  
 U N F R D N S I N I S T E R A S U D V S  
 O A K T U E E R N E T H G I R F S A H C  
 C T I T N S E T A R E N E V C D V E T A  
 S U M O N S T R O S I T Y I E Z I R Z R  
 K R V C U U A V C D M D R O X R U D G Y  
 L A K Y R E V I H S K U X T A B S Z Z X  
 F L G X Z N Z E L L M S U O R E G N A D  
 T X E O X S P A N I C B L E A K S H M Y

Find the words hidden vertically, horizontally, diagonally, and backwards.

## WORDS

ANTICIPATION  
 ANXIETY  
 APPREHENSION  
 BLEAK  
 CHILLING  
 CREATURE  
 DANGEROUS  
 DARKNESS  
 DEATH  
 DEFORMED  
 DEMON  
 DREAD  
 EVIL  
 FEAR  
 FIEND  
 FREAK  
 FRIGHT  
 FRIGHTEN  
 HARM  
 HOPELESS  
 IMAGINATION  
 MISERY  
 MONSTROSITY  
 PANIC  
 SCARY  
 SCOURGE  
 SHIVERY  
 SINISTER  
 SUPERNATURAL  
 SUSPENSE  
 TERRORIZE  
 THREAT  
 TRAPPED  
 TROUBLESOME  
 UNUSUAL  
 VENERATE

## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to being scared.

OSKHC

--	--	--	--	--

## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to baking.

I P E R E C

--	--	--	--	--	--

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
11														
16														
19														
25														
28														
31	32													
34	35	36	37											
39														
43														
49														
53														
56														
60														

### CLUES ACROSS

- Hindu month
- Fashion accessories
- Prong
- Clever
- Network of nerves
- Helps the police (abbr.)
- Russian lake
- Not allowed into evidence
- Indicates position
- Without clothes
- Geological times
- Folk singer DiFranco
- Buddy
- \_\_\_ but don't break
- Father
- Cast a shadow over
- Afghan city
- Concluding speech
- Type of creed
- French Revolution image "The Death of \_\_\_"
- Syrian president al-\_\_\_
- Soviet composer
- Dove into
- Famed Broadway producer
- Leavened bread
- Ruling family House of \_\_\_
- Planet
- Publicity
- Manifesting approval
- Fern genus
- Larry and Curly's pal
- Company officer
- Expressed loathing for

- Swiss river
- A-Team member Baracus
- Calendar month
- Drunk
- Mercury
- Concealed
- Give forth
- Contradiction in terms
- Middle Eastern country
- On the \_\_\_
- Sodium
- One who attended a school
- Supporters
- South Dakota
- American brewer Adams, Sr.
- Type of attorney
- Absence of oxygen
- Most sheer
- Human soul, mind or spirit
- Flies high above
- University of Dayton
- Dorm moderator (abbr.)
- Intestinal pouches
- Assents to
- Delaware
- Robots are a byproduct of this
- Tantalum

### CLUES DOWN

- Central hall or court
- Italian city
- All there
- Seamstress's tool
- Sends after
- Used in herbal medicine
- Specific gravity
- A male
- Hydroxyls + 2C
- Trigonometric function
- Archaic language (abbr.)
- East African native
- Satisfy
- Mother
- Where innate impulses are processed
- "Rule, Britannia" composer
- Not good

## Sudoku 1

8	7	5						
2	3					7	4	
				5		6	2	8
5			7		2			3
			4					
4			6	3	5	2	9	
			1		6	9		2
							8	1
9			2	3				4

## Sudoku 2

	4			1				5
		7	6					2
	1				9			
5					1	7		
		6	8	3				
	3			4		8		
			4	2				
					6	8	9	
					5			6

⊙ ⊛ ⊚ ⊕ ⊖ ⊗ ⊘ ⊙ ⊛ ⊚ ⊕ ⊖ ⊗ ⊘ ⊙ ⊛ ⊚ ⊕ ⊖ ⊗ ⊘  
 A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
**CRYPTO FUN**  
 ☉ ☽ ☿ ♀ ♁ ♂ ☿ ☽ ☉  
 Determine the code to reveal the answer!

Solve the code to discover words related to dieting.  
 Each number corresponds to a letter.  
 (Hint: 7 = e)

- 1 7 8 13 2 19  
Clue: How heavy
- 11 25 15 6 7  
Clue: Tool to measure weight
- 25 15 6 22 17 8 7 11  
Clue: Units of energy
- 7 9 7 17 25 8 11 7  
Clue: Workout

⊙ ⊛ ⊚ ⊕ ⊖ ⊗ ⊘ ⊙ ⊛ ⊚ ⊕ ⊖ ⊗ ⊘ ⊙ ⊛ ⊚ ⊕ ⊖ ⊗ ⊘  
 A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
**CRYPTO FUN**  
 ☉ ☽ ☿ ♀ ♁ ♂ ☿ ☽ ☉  
 Determine the code to reveal the answer!

Solve the code to discover words related to painting.  
 Each number corresponds to a letter.  
 (Hint: 24 = o)

- 14 5 12 20 23  
Clue: Painting tool
- 8 24 18 24 5  
Clue: Hue
- 21 11 20 2 15 26  
Clue: Style
- 23 24 13 11  
Clue: Residence

Answers on page 34

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16														
20														
25														
29														
34	35	36	37											
38	39													
41														
44														
51														
56														
60														
65														

### CLUES ACROSS

- Rhythmic patterns
- Ethical theory
- Nightclub
- Upsets
- Type of railroad
- Home of The Beatles
- Political organization
- Disgraced cyclist Armstrong
- Seven
- Enlarges hole
- Some are big
- August \_\_, German socialist
- Unappetizing food
- Cast out
- Adult male
- After uno
- Midway between northeast and east
- Kenyan settlement
- Oxygen deprived
- British writer
- Synchronizes solar and lunar time
- Vehemently expressed
- Hurt
- Relative biological effectiveness (abbr.)
- Gradually weaken
- Cool!
- Touch softly
- Israeli city
- Indicating silence
- Protein-rich liquids
- Tropical Asian plants
- A very small circular shape

### CLUES DOWN

- Spanish seaport
- Equal to one quintillion (abbr.)
- Powders
- One of the "Great" ones
- Increase motor speed
- "E.T." director
- Caught sight of
- Congressional investigative body
- Aroma
- Runs without moving
- Southeast
- About remembering
- Slang for famous person
- Potential criminal
- Body part
- All over the place
- Conqueror
- Actress Ling
- Mauna \_\_, Hawaiian volcano
- Distributes
- Golfing legend Sam
- Laos musical instrument
- Open payment initiative
- Having no fixed course
- Type of dog
- Digital audiotape
- Hit lightly
- San Diego ballplayers
- Stop working
- Suitable for growing crops
- Musical groups
- Soft
- Lowest point of a ridge
- Beloved late TNT broadcaster
- Thin strip to align parts
- Cardinal number
- Frozen water
- One who is incredibly special
- Rhodium
- Top lawyer in the land

# ★ Monthly Horoscopes

## Aries

March 21-April 20

Close relationships continue to be in focus this month, dear Aries. Emotions run close to the surface mid-October, when the Moon is full in your sign. You may also see the culmination or fruits of a personal project at this time. The last week of the month is excellent for resolving communication problems that you've been enduring as of late. A partner is coming around, and sexuality is stronger than usual. The uncovering of important information occurs on the 1-2. The 26-27 is good for foreign affairs and education. The 29-31 is excellent for career and business income.

## Taurus

April 21-May 21

Relationships heat up in October, dear Taurus. Relationships are vivacious and dynamic—full of conflicts and resolutions. You are taking things quite personally now, and something that someone says or does now can easily rile you up. A tendency to be more accident-prone could be due to stress or physical exhaustion. Rest and relaxation are especially important now, and events around the Full Moon on the 14th will certainly give you reason to take some time off. Better days for personal magnetism are the 6-8 and 31.

## Gemini

May 22-June 21

Daily activities, work, and health routines step up this month, dear Gemini. Perhaps you have a larger workload than usual, or your work environment is especially spirited. While you might be busy reworking (or rewording) your creative projects in the first two weeks of October, after the 18th, the creative juices flow smoothly again. Communications with a lover or children improve after this date as well. A friend needs your help around the Full Moon on the 14th. Career and creative opportunities are strongest on the 29-31.

## Cancer

June 22-July 22

Romance blossoms and thrives this month, dear Cancer. Your special style is appreciated by the rest of the world. You have many admirers! Existing or new relationships sizzle. Your creativity is also above par. It's an excellent month for entertainment, hobbies, and play time. It's a good time to do something that requires additional bravery or courage, as some of your inhibitions are released and you are living more spiritedly. Competitive activities, such as sports or business, thrive in October. Career and reputation matters require extra attention around the 14th. Leo October Horoscope

## Leo

July 23-August 23

Your home life is especially busy and sometimes hectic this month, dear Leo. Arguments with, or on behalf of, family members could be part of the picture, but conflict resolution is bound to be quick and relatively easy. Excess energy is best channeled into constructive home improvement projects. After the 18th, communication problems and red tape seem to clear up, and it's all systems go. The 8-9 is an excellent period for recognition. On the 13-14, money you've been waiting for could arrive; and the 30-31 is also strong for financial matters.

## Virgo

August 24-September 22

Dealing with private matters and personal finances are big themes for you in October, dear Virgo. You could find that your phone is ringing off the hook, personal emails and invitations are abundant, and more than the usual errands need to be run. Communication problems ease after the 18th, and financial matters improve significantly at the same time. You'll have to deal with overspending on personal pleasures around the 6th and 14th. A stellar period for personal relationships and intimate matters occurs on the 29-31, when your personal charm is strong.

## Libra

September 23-October 23

Friends are there for you, and have your best interests at heart, in October, dear Libra. From the 18th, you feel like a weight has been lifted off your shoulders, and others are beginning to understand you better. Your desire to "plump" your nest this month is strong, and impulsive spending should be watched for. Nevertheless, it's a month in which gifts and income boosts are more likely to come your way, particularly around the 6-8. Better days for romance occur on the 9-10, but disappointments are likely on the 11th.

## Scorpio

October 24-November 22

With fiery Mars entering your sign this month, you are making a strong impression, dear Scorpio, and you are enjoying increased energy and stamina. You simply can't sit still in October; you're always on the go. Work finds you, whether this means job offers or increased demands from co-workers, particularly around the Full Moon on the 14th. Despite this scurry of activity, much is going on behind the scenes this month, and taking a break from the routine is in order. Power days this month occur on the 1-2, 6-8, and 21-22.

## Sagittarius

November 23-December 20

Your social calendar is busy this month, dear Sagittarius. Romance is private and may involve making some personal sacrifices, although your charm skyrockets after the 18th, when the planet of love, Venus, enters your sign. It's a time when job offers come to you and friends find you. Friends tend to have your best interests at heart. A romantic revelation occurs around the time of the Full Moon on the 14th. Stability in career, money, and other practical matters continues this month. The 26-27 boosts vitality and personal charisma.

## Capricorn

December 21-January 20

These days, you are more willing to take matters in your own hands. The ball is in your court now and in the next few months, dear Capricorn. Your desire to go after your wildest dreams is strong. New developments on the domestic front capture your attention mid-month, but professional and public matters are more in focus in October. Social interactions are especially spirited this month, and romance may be found amongst your circle of friends or in other group settings. The 6-7 is excellent for career, business income, and romance.

## Aquarius

January 21-MARCH 18

Career matters keep you on your toes this month, dear Aquarius. Communication plays an especially big role in your job just now, so keep it fresh and interesting. You're feeling adventurous and desirous of a break in the routine, and you should do just that! Delays encountered with regards to travel or education lift by mid-month. It's time to reach for the stars. Romance sizzles after a few minor misunderstandings on the 9-10. An excellent period for career, communications, and money occurs on the 30-31. Pisces October Horoscope

## Pisces

MARCH 19-March 20

Research, investigating, and getting to the bottom of matters are in focus in October, dear Pisces. You are especially perceptive and drawn to all that is taboo, hidden, or mysterious. Your personal stores of energy run high. A partner's affairs move forward and news about loans or taxes arrives from mid-October forward. Money might come from foreign or faraway sources, publishing, or educational matters this month. A positive experience regarding your work arrives on the 13-14; money comes to you on the 17-19; and the 29-30 is strong for partnering, sharing, and intimate discoveries.

# SPORTS SCHEDULES

## Vikings Schedule

Sun, Oct. 7 @ Eagles 3:25 PM  
Sun, Oct. 14 vs Cardinals 12:00 PM  
Sun, Oct. 21 @ Jets 12:00 PM  
Sun, Oct. 28 vs Saints 7:20 PM

## Wild Schedule

Thu, Oct. 4 @ Avalanche 8:00 PM  
Sat, Oct. 6 vs Golden Knights 7:00 PM  
Thu, Oct. 11 vs Blackhawks 7:00 PM  
Sat, Oct. 13 vs Hurricanes 5:00 PM  
Mon, Oct. 15 @ Predators 7:00 PM  
Tue, Oct. 16 vs Coyotes 7:00 PM  
Fri, Oct. 19 @ Stars 7:00 PM  
Sat, Oct. 20 vs Lightning 7:00 PM  
Thu, Oct. 25 vs Kings 7:00 PM  
Sat, Oct. 27 vs Avalanche 7:00 PM  
Mon, Oct. 29 @ Canucks 9:00 PM  
Tue, Oct. 30 @ Oilers 8:00 PM

## Timberwolves Schedule

Wed, Oct. 3 @ Clippers 9:30 PM  
Fri, Oct. 5 vs Thunder 7:00 PM  
Sun, Oct. 7 vs Bucks 7:00 PM  
Fri, Oct. 12 @ Bucks 7:30 PM  
Wed, Oct. 17 @ Spurs 7:30 PM  
Fri, Oct. 19 vs Cavaliers 7:00 PM  
Sat, Oct. 20 @ Mavericks 7:30 PM  
Mon, Oct. 22 vs Pacers 7:00 PM  
Wed, Oct. 24 @ Raptors 6:30 PM  
Fri, Oct. 26 vs Bucks 7:00 PM  
Mon, Oct. 29 vs Lakers 7:00 PM  
Wed, Oct. 31 vs Jazz 7:00 PM

**Crypto answers** A. weight B. scale C. calories D. exercise  
A. brush B. color C. design D. home

**Word scramble** 1. Shock 2. Recipe

### Word Search Answers

T F V T H A R M R L S S E L E P O H U E  
I R T E M O S E L B U O R T D E A T H R  
M I S E R Y S N Y B U V I E U F E A R K  
Z G D Y L O K C H I L L I N G X V E C T  
U H E R I N O I T A N I G A M I S L R U  
H T F T V F I E N D A N X I E T Y N E N  
Y H O R T E U A N T I C T P A T I O N A U S  
Z S R R D H B T H R E A T F A G G P Z T  
Z S U M E N D N E K O R S M K A E R F U U  
E P E P O A P P R E H E N S I O N O R A L  
G R E D P M R E E Z I R O R R E T R O E L  
R R I A E K H D E H U E S N E P S U S Z  
U N F R D N S I N I S T E R A S U D V S C  
O A K T U E E R N E T H G T R F S A H V C  
C U T T N S E T A R E N E V C D V E T A R Y  
K R V C U A V C D M D R O X R U D G Y  
L A K Y R E V I H S K U X T A B S Z Z X  
F L G X Z N Z E L L M S U O R E G N A D  
T X E O X S P A N I C B L E A K S H M Y

### Sudoku 1 Answers

8	7	5	2	6	4	1	3	9
2	3	6	9	1	8	7	4	5
1	9	4	3	5	7	6	2	8
5	6	9	7	8	2	4	1	3
7	2	3	4	9	1	8	5	6
4	8	1	6	3	5	2	9	7
3	5	8	1	4	6	9	7	2
6	4	2	5	7	9	3	8	1
9	1	7	8	2	3	5	6	4

### Sudoku 2 Answers

6	4	9	7	1	2	3	5	8
3	5	7	6	8	4	1	2	9
2	1	8	3	5	9	6	7	4
5	8	4	2	9	1	7	6	3
1	9	6	8	3	7	2	4	5
7	3	2	5	4	6	8	9	1
9	6	1	4	2	3	5	8	7
4	7	5	1	6	8	9	3	2
8	2	3	9	7	5	4	1	6

### Puzzle 1 Answers

A S I N S A S H E S  
T I N E I N G E N I O U S  
R E T E C I O N E G A  
I N A D M I S S A B L E A T  
U N C L A D E R A S A N I  
M A T E B E N D D A D A  
E P I L O G S H A D E H E R A T  
M A R A T A S S A D  
A R A M S L I D P A P P  
N A N S A U D U R A N U S  
A D C O M M E N D A T O R Y  
T O D E A M O E X E C  
E X E C R A T E D N I S H  
A S I A N S T A T E

### Puzzle 2 Answers

M E T E R S E G O I S M  
C A B A R E T S A D D E N S  
E L L I V E R P O O L E U  
L A N C E V I I R E A M S  
E G O S B E B E L S L O P  
B A N M A N D O S E N E  
L W E I A N O X I C  
E L I O T E P A C T  
R A N T E D P A I N  
R B E S A P R A D D A B  
A R A D T A C E T S E R A  
T A R O S D O T S A R A N  
I D W H I R L I G I G A B D  
C O R N I C E R E S E A L S  
R H Y M E S E M E R G E

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2 hour  
blocks.

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# HALLOWEEN BOASTS A RICH HISTORY

OCTOBER • 2018

Costume-clad kids, bags of candy and jack-o'-lanterns are some indelible images associated with Halloween.

Those images may forever be linked to this beloved, fun-filled holiday, which boasts a rich history that varies depending on where in the world you might be.

Celebrations around the world may not mirror those in the United States, where trick-or-treating youngsters travel from house to house in search of candy. But true Halloween enthusiasts may be interested to learn the history of the holiday and how it has changed over the centuries.

### El Dia de los Muertos

In parts of Mexico and Latin America, El Dia de los Muertos (The Day of the Dead) is celebrated each year in early November. The day is designed to honor the dead, who Day of the Dead celebrants believe return to their earthly homes each Halloween. Families may burn candles and incense in an effort to help their deceased relatives and ancestors find their way home.

### Guy Fawkes Day

For many years, England had reason to celebrate around October 31, but those celebrations did not mirror the Halloween festivities familiar to those across the pond. While recent years have witnessed more and more Brits adopting the Americanized celebration of Halloween, for many the true holiday this time of year will always be Guy Fawkes Day. Celebrated on November 5, Guy Fawkes Day is a commemoration of the foiled Gunpowder Plot. Smithsonian notes that this was a failed attempt by disgruntled Catholics to blow up the British Parliament building while King James I was inside. Fireworks, parades and bonfires marked Guy Fawkes Day celebrations, which in recent years have gradually begun to transform into something that more closely resembles American Halloween.

### Samhain

History.com notes that Halloween can trace its origins to Ireland. But those origins did not involve giggling youngsters carrying plastic pumpkins around in search of candy. Halloween's origins can be traced to the Celtic festival of Samhain. Samhain was considered the Celtic New Year and was sacred to the ancient Irish. The festival was celebrated as the days became shorter, and offerings were left for the dead, who celebrants believed could cross over into the land of the living at this time. However, they also believed demonic spirits could follow such a path during Samhain, giving the festival the taste of the macabre that many still enjoy imparting on their Halloween celebrations today.

Halloween has a rich and interesting history that gals and ghouls from all walks of life might find interesting.



PAGE 29

# RECYCLED HALLOWEEN COSTUMES

Nothing says Halloween like the perfect costume. Children may spend months thinking about what they will wear and how they can bring their favorite characters from movies, comics and books to life.

Billions of dollars are spent each year on Halloween costumes, advises the National Retail Federation. Many of these costumes are worn just once. The environmental group Recycle Nation states that Halloween costumes are often made with low-value materials like petroleum-based polyester and a mix of other materials. Financially savvy environmentalists may lament that Halloween costumes can be wasteful and potentially harmful to the environment. Recycling and reusing these garments can quell such concerns.

## Use recycled materials

Pinterest is awash with ideas for turning different materials into homemade Halloween costumes. With a little creativity, boxes, paper bags, plastic water bottles, and more can be upcycled into costumes at little or no cost. Afterwards, costumes can be broken down and individual parts can be recycled.

Parents also can look for items around the house that potentially can be used to make costumes. An apron and a whisk is the perfect representation of a pastry chef. Wearing a pair of overalls and holding a hammer can signify a construction worker.

## Swap and share costumes

Another way to get more mileage out of costumes is to swap them with other people. This way another family can benefit, and the costume will not end up in the garbage after a single use.

Consider turning the idea into a fundraiser for a school or sports organization. People can donate their costumes to the cause, and then others can shop the selection and pay a \$5 donation for a costume. The school or organization keeps the proceeds, and kids get gently used costumes.

## Recycle where applicable

Petroleum-based Halloween costumes that go into landfills will sit there a long time. Choosing costumes made from natural materials can help prevent this problem.

Clothing and textiles are notoriously hard to recycle, but some items on costumes may be recycled into new things. Theater groups perhaps can use pieces of old costumes to create wardrobes for their productions. Or children can use items for pretend play. Crafters with a creative eye may take apart pieces of costumes and turn them into artwork or home decor.

## Sell older costumes

Try selling a costume through an online site like Craigslist. Many people are happy to get a discount on costumes that are in good shape. Otherwise, work with a thrift shop or consignment store. Costumes may bring in foot traffic for these retailers, and they'll be happy to take costumes in good condition prior to the Halloween season. Accessories like tiaras, swords, hats, and cloaks also can be sold or swapped.

Halloween costumes are easy to enjoy, and those who want to think a little greener can find new ways to get more use out of costumes.



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**5 POPULAR GERMAN FOODS TO TRY THIS OKTOBERFEST**

OCTOBER • 2018

Oktoberfest is a popular celebration of German culture. While beer might garner the bulk of the attention during Oktoberfest, celebrants would be wise to sample German cuisine when hoisting their steins during this year's festivities.

The world's largest beer festival, Oktoberfest takes place in Munich, Germany, every year, typically beginning in late-September and extending into the first weekend in October. Oktoberfest celebrations in Germany have been held for more than 200 years, but those who cannot make it to Munich this year can still sample many of these delicious foods at their local Oktoberfest celebrations, or even find recipes and prepare them at home.

1. **Spätzle:** This dish is a combination of eggs, flour and salt and is often served as a side dish. Spätzle is similar to pasta and typically accompanies meat dishes. Spätzle is popular outside of Germany as well, and some people may refer to it as a noodle while others call it a dumpling. Either way, it's delicious.

2. **Maultaschen:** This dish traces its origins to Swabia, a one-time duchy of medieval Germany located in the southwest region of the country. Maultaschen is reminiscent of ravioli because it consists of an outer layer of dough that may be filled with various foods, including minced meat, sauerkraut or spinach. Herbs and spices, including pepper and nutmeg, add to the flavor.

3. **Fischbrötchen:** Seafood might not be the first thing people expect to see on the menus at their favorite German restaurants, but this popular northern German dish popular is very flavorful. Essentially a fish sandwich, fischbrötchen is often served with Bismarck herring or soused herring, but is sometimes served with other fish, including salmon. Onions, pickles, remoulade, and/or horseradish sauce are often added, making this a great selection for those planning to hoist a stein or two this Oktoberfest.

4. **Schweinsbraten:** Munich is located in the federal state of Bavaria, and this is a traditional Bavarian dish of roasted pork. In the days before refrigeration, Bavarians heavily salted or pickled this dish to preserve it, and it is still served this way. Another hearty selection, schweinsbraten is a good choice for those who plan to indulge in their favorite German beers this Oktoberfest.

5. **Rouladen:** Rouladen is a meat dish that typically consists of bacon, onions, mustard, and pickles. These ingredients are wrapped together in beef or veal that is thinly sliced and then cooked together. Rouladen also might be served with venison or pork, but beef rouladen is the version most likely to be found at Oktoberfest celebrations.

German cuisine is unique and flavorful and should be a part of anyone's Oktoberfest celebrations.



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# THE BENEFITS OF BEING A BILINGUAL CHILD

Knowing how to speak another language can pay huge dividends.

According to the organization iLanguages, 43 percent of the world's population is bilingual. Bilingual people usually acquire a first language as a mother tongue, and then they develop a second language either simultaneously or later in life. Hispanics, French Canadians, residents of French-speaking countries in Africa, and immigrants who arrive in another country to live comprise the largest segments of bilinguals. Multilinguals, or people who speak three or more languages, are much less common than bilinguals.

The benefits of being bilingual include being able to converse easily with extended members of the family who live overseas or with natives when traveling abroad. However, the advantages are even greater than that. The online foreign language immersion provider FluentU states that recent research indicates being bilingual helps a person's life in many ways.

Here are some advantages of bilingualism.

- **Cognitive benefits:** Data published by Cerebrum, which provides information about neuroscience, states the bilingual brain can have better attention and task-switching capacities than the monolingual brain. Bilingual children as young as seven months may be better equipped to adjust to environmental changes, and bilingual seniors may experience less cognitive decline than monolingual ones.

- **Educational advantage:** Being able to concentrate, multitask and focus better may provide an advantage at school. A recent Millennium Cohort Study, an ongoing longitudinal cohort study headquartered at the Naval Health Research Center, found that even if children are educated in their second language initially and lag behind other children, they soon catch up and outperform their peers by age 7.

- **Cultural opportunities:** Being able to speak another language means multilingual children and adults are able to interact with different people abroad, as well as understand the nuances of a different culture. Seeing a country the way the natives experience it and being able to speak like a local can have social and financial advantages.

- **Career opportunities:** Speaking a second language will provide benefits in the business world, which is increasingly globalizing. Even knowing a few words or phrases in a foreign language can foster stronger relationships when working overseas. This helps build rapport and is a skill set that can set an individual apart from another candidate. Knowing another language may provide a pathway to different career opportunities.

Being bilingual has a distinct set of advantages. Children can be encouraged to learn a new language and keep those skills sharp into adulthood.





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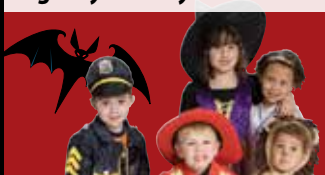
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# REAP THE BENEFITS OF PHYSICAL THERAPY

OCTOBER • 2018

Injuries have the potential to sideline people for weeks, months or permanently. Injury to the body can occur when participating in organized sports, fitness regimens or even after being in an accident. Recovering from incidents that can impact mobility and range of motion takes time, but physical therapy can help the body acclimate to regular activity once more. Physical therapy also can help healthy people as well.

Those who have suffered a sprain or a broken bone or even spent a duration of time immobile in the hospital due to an illness are often prescribed physical therapy as part of their follow-up treatment. Physical therapy programs try to progressively increase strength, improve mobility and help the body return to a state where it can function as best as possible. In many cases, a person can regain his or her original capabilities.

According to the American Physical Therapy Association, a physical therapist is a trained and licensed medical professional who has the experience to diagnose physical abnormalities, restore physical function and mobility, maintain that function, and promote proper form for future activity. Physical therapy sessions can take place in hospitals, rehabilitation centers, fitness settings, private practices, and much more.

Not only can physical therapists react to and treat an injury, but they can also teach exercises, stretches and techniques to help prevent problems in the first place. Experts at Bay State Physical Therapy indicate that physical therapy extends beyond disabled or injured people. Physical therapists can educate a person on weaknesses in the body and can guide correction on poor body mechanics that cause pain. This way a person can make changes to prevent future pain and injury. Rather than being reactionary, healthy individuals can take a proactive approach to avoiding pain and injury.

When one opts for physical therapy, he or she may:

- undergo a physical exam and evaluation of pain, movement, flexibility, and performance
  - receive a clinical diagnosis and plan of care
  - establish long-term goals
  - participate in physical therapy treatment, which may include stretching, movement and weight-bearing activities based on the therapist's guidance
  - be given at-home work to further progress in between sessions.
- While physical therapy can be used for recovery from strokes or paralysis, injuries, trauma, and musculoskeletal conditions, it also benefits healthy people. For example, women can use physical therapy to learn exercises that may prevent pelvic floor dysfunction. In addition, physical therapy can teach people how to improve their balance and prevent falls.

When people hear about physical therapy, they tend to think it is for people with injuries. While physical therapists can help heal injured parts of the body, physical therapy continues to evolve to assist with overall wellness.



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# LEARN HOW TO CARVE A BETTER PUMPKIN

Toothy grins and a mesmerizing orange glow help make jack-o'-lanterns captivating sights come Halloween. Pumpkin carving is an autumn tradition and runs the gamut of simple designs to more intricate artwork worthy of any medium. Although anyone can grab a pumpkin and get started, when done correctly, jack-o'-lantern designs can last for several days.

- **Start with a fresh pumpkin.** Look for pumpkins that have a thick, green stem. These usually are fresh and haven't been handled much. A thick stem also may indicate fleshier pumpkin walls that can be carved more easily. Avoid pumpkins that are soft or full of blemishes, or those that have dried, shriveled stems.
- **Cut a hole in the back.** Rather than impeding the structural integrity of the pumpkin by cutting off the top and the stem for interior access, cut a hole in the back of the pumpkin. This will still make it easy to reach inside and clean out the pumpkin.
- **Scoop out the pulp and seeds.** Be sure to thoroughly clean the inside of the pumpkin. Leaving the pulpy, stringy matter and seeds inside can cause the pumpkin to rot that much faster and produce a foul odor. Scoopers, spoons and even hand shovels can help.
- **Keep it cool.** Heat can adversely affect carved pumpkins, so work in a cool area and store the pumpkin in a cold garage or refrigerator if you need a few extra days before displaying it. Also, carving experts suggest using an electric light inside rather than a candle; by using a candle, you're essentially cooking the pumpkin from the inside.
- **Work in your lap.** When carving faces or intricate designs, looking down onto the pumpkin provides more control.
- **Don't cut all the way through.** Many pumpkin designers end up shaving or scraping off the outer rind of the pumpkin, but leave a delicate orange film underneath. Light can still shine through, but the design will not collapse on itself as easily if you were to cut straight through the pumpkin wall. Experiment with different tools to achieve the desired look.
- **Maintain the freshness.** Rubbing exposed areas of the pumpkin flesh with petroleum jelly may help keep the pumpkin moist. Some designs will last for a few days. However, since pumpkins are highly perishable, it's wise to wait to carve until a day or two before putting a pumpkin on display.



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