

Northland Review

Monthly Variety Paper

Bingo: Page 12 • Meat Raffles: Page 14


FREE Publication
JANUARY 2019

SEE OUR AD ON PAGE 23

Now Open For Lunch
Mondays and Tuesdays
10:30am

Cornerstone Pub & Prime
Our Prime Has No Equal!
In the heart of Wyoming, MN

Brunch Buffet
Every Sunday, 9am-12noon
Ft. Our Famous Prime Rib
Regular - \$14 • Seniors - \$13 • Kids - \$7



26753 Forest Blvd. Wyoming, MN 55092

SEE OUR AD ON PAGE 21

www.trapperbarandgrill.net

Trappers Bar & Grill

Bar Hours
Mon - Fri 8am-1am
Sat - Sun 8am-1am

Located just off of Rice Lake on Lake Drive
6810 Lake Drive • Lino Lakes, MN • 651-784-7474

POLAR BEAR ICE GOLF OPEN
SAT. FEB. 16TH
\$120 Per Team.
Includes Golf, Dinner, & Prizes!
Sign up soon, limited space.



SEE OUR AD ON PAGE 16

LAKES TRADING CO.
buy, sell & trade firearms

TO ALL OF OUR CUSTOMERS WHO SUPPORTED US THROUGHOUT THE YEAR WE THANK YOU. YOUR EMOTIONAL AND FINANCIAL SUPPORT BROUGHT US THROUGH AN EXTREMELY TOUGH YEAR. WE ARE BEYOND GRATEFUL FOR EACH OF YOU WHO STEPPED THROUGH THE DOORS OF LAKES TRADING CO. IN 2018. MANY OF YOU WALKED IN CUSTOMERS AND WALKED OUT FRIENDS AND IT WAS FANTASTIC DOING BUSINESS WITH ALL OF YOU. HAPPY NEW YEAR!

708 S. Lake Street, Forest Lake, MN 55025
Tuesday - Saturday Noon - 7pm, Closed Sunday & Monday
651-464-7251
www.LakesTradingCo.com

SEE OUR AD ON PAGE 7

Sgt. John Rice VFW POST 6316
1374 109th Ave NE
Blaine, MN 55434
763-757-4540

THE BIG GAME BUFFET
Feb. 3, 4-6pm. \$11.99
Meat and Pie Raffles
Tip Boards
Sports Raffles

Sunday Brunch
Starting Jan. 20th 10am-1pm
Made to order Omelletes, Bacon, Sausage, Potatoes, French Toast, Scrambled Eggs, Yogurt, Fresh Fruit, Caramel Rolls and More!
\$9.99

SEE OUR AD ON PAGE 6

VFW POST 1782
4496 LAKE AVE S
WHITE BEAR LAKE, MN. 55110
651-426-4944

Stop in Weekly for our \$4 Cupcake Wine Special!
Different flavor of Cupcake Wine- each week!

January Live Music
2 Nights of Rock-A-Billy
Saturday, January 12th at 8pm
and Friday, January 25th at 8pm

SEE OUR AD ON PAGE 8

ROSETOWN AMERICAN LEGION
651-483-3535
700 W. Cty Rd C
Roseville, MN 55113
rosetownlegion.com

Sunday, January 20th, 12-3pm Soup Cook-Off
Enter our soup cook off contest for a chance to win!
1st, 2nd, & 3rd place Cash Prizes!
(sign up at the legion or Call)
Sample all the entries FOR \$4! ALL YOU CAN EAT!

SEE OUR AD ON PAGE 8

Bayport American Legion Post 491
263 N. 3rd St.
651-439-5463

DESIGNER PURSE BINGO

Mon. Jan. 7th, 7pm @ Bayport Legion
263 N. 3rd St, Bayport • (651)-439-5463

Sun. Feb. 3rd, 1pm @ Sals Angus Grill
12010 Keystone Ave., Stillwater • (651)-439-6625

Kelly Green
651-491-8972
Lic. # 00467

SEE OUR AD ON PAGE 7

Palmer Lake VFW Post 3915
2817 Brookdale Dr
Brooklyn Park, MN 55444
763-560-3720
www.palmerlakevfw.com

Hours:
Mon.-Thurs. Noon-1AM
Fri.-Sun. 10AM-1AM

New members welcome! Come check out what the VFW is about!

Mark Banker One Man Band
Live Jan. 12th

Big screen TV's for ALL Sporting Events!

SEE OUR AD ON PAGE 2

Roseville Area Youth Hockey

JOE SENSORS KITCHEN BAR
2350 Cleveland Ave.
Roseville MN, 55113
A-03191 -07

Jan. 15th, Tuesday Night.
Raffles at 5:30, Bingo at 6:30

Cash Or Carry, a once a Month Bingo event!
Purse Bingo at Sensors!

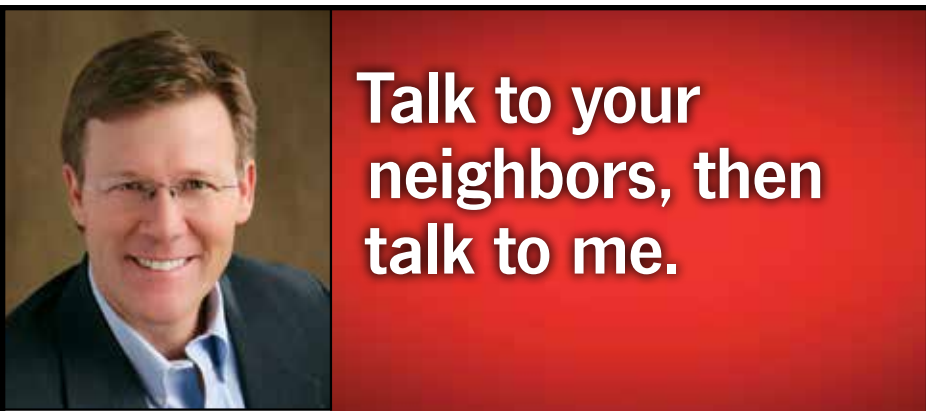
SEE OUR AD ON PAGE 15

SLP Lions PIM436 \$2

85% PAYOUT!

The Sunset Grill Lic. # 00584-026
8466 Hwy. 65 Spring Lake Park, MN 55432
(763) 204-8648

Handbag Bingo Jan 12th @ 7PM



Talk to your neighbors, then talk to me.

Christopher Kisch Ins Agcy Inc
 Christopher Kisch, Agent
 625 Southview Blvd
 South St Paul, MN 55075
 Bus: 651-455-9700

See why State Farm® insures more drivers than GEICO and Progressive combined. Great service, plus discounts of up to 40 percent.*
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CALL FOR QUOTE 24/7.



*Discounts vary by states.

1001174.1 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL



Roseville Area Youth Hockey



JOE SENSORS
 KITCHEN BAR
 2350 Cleveland Ave.
 Roseville MN, 55113

Jan. 15th, Tuesday Night. Raffles at 5:30, Bingo at 6:30
Cash Or Carry, a once a Month Bingo event!
 \$1000 guaranteed coverall every night
 \$125 regular games or choice of Merchandise
 Purse Bingo at Sensors A-03191 -07



2525 N. Snelling Ave.
 (1 block north of Rose-dale) • 651-697-1090

We have more sessions than any other Bingo Hall! Check us out, 30 sessions - Open Every Day!



\$50 Buy-In On Mondays!
50% Off Admission Tuesdays and Wednesdays!

Check out our Website for Bingo Specials! www.rosevillebingo.com

- Monday: 1, 3, 7, & 9pm • Tuesday: 3, 7, & 9pm • Wednesday: 3, 7, & 9pm •
- Thursday: 1, 3, 7, 9, & 11pm • Friday: 1, 3, 7, 9, & 11pm •
- Saturday: 1, 3, 7, 9, & 11pm • Sunday: 1, 3, 7, 9, & 11pm •

A-03191-03

VFW Post #6690

Sibley Memorial Highway •
 Mendota, MN (651) 688-7408



Monday Night Bingo

6	22	34	53	72
11	27	38	56	71
4	●	●	52	69
13	21	42	●	67
14	24	32	59	68

Two Progressive Jackpots Starting @ 7pm

Pulltabs Available

Lic. B00629



HAPPY HOUR

Meat Raffle

Every Sat. @ 3:30



Mon. - Fri. Noon - 6pm
 Football Sundays All Day and Night



NORTH TARTAN GIRLS BASKETBALL

Titans Sports Saloon
 1267 Geneva Ave N
 Oakdale, Minnesota 55128

Like Us on Facebook!

Questions about our events?
 Sherri (651) 338-9619
 (text only please)

Every Wednesday and Saturday
Guaranteed \$1199 Coverall
 9 games \$20/packet
 (with 50 packets sold - less than 50 packets we will guarantee \$500.)

Wed. Night Bingo at 6pm
Sat. Bingo at 1pm & 7:30pm

Raffles Following Saturday Bingo!

Sunday, January 27th at 1pm
Moneybags Bingo
 Designer purses with cash inside!

GUARANTEED \$500 IN THE COVERALL PURSE.
 We pay out 100% of our total packet sales prior to the first game.



Friday, January 4th
Bingo 6:30pm,
 Raffles start at 5:30pm

Guaranteed \$2000 Coverall! \$20/packet

Get Here Early to Get a Seat!



9726 SCANDIA TRAIL N,
 FOREST LAKE, MN
 55025-8934
 PHONE: 651-433-5646

SUNDAY: 11AM-9PM MONDAY: 4PM-9PM TUESDAY TO SATURDAY: 11AM-10PM



"AMAZING, GOOD FOOD! PORTIONS WERE LARGE. NICE SERVICE AND A QUAINAT ATMOSPHERE. THE WHOLE FAMILY ENJOYED THEMSELVES."
 - A GOOGLE USER



HAPPY HOUR MONDAY TO FRIDAY: 3PM-6PM SUNDAYS: 12PM-3PM

FOREST LAKE LIONS PULL TABS DAILY



OLD LOG CABIN NOW HAS E-TABS. TRY THEM OUT!

Lic. # 02190-007

519 Coon Rapids Blvd NW., Minneapolis, MN 55433
 (763) 780-8285



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YOUR DEER PROCESSING HEADQUARTERS CALL NOW!

Attention Hunters!

We provide full service wild game and deer processing, including skinning, cutting, wrapping, grinding, smoking, and custom sausage.

Illetschko's Meats & Smokehouse

101 E Richmond St.
South St. Paul,
MN 55075

651-455-4333

www.illetschkos.com



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Voted best place to buy Meat and Seafood 2010, 2011 and 2013

Thank You to all our customers!

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Pianos,
Keyboards,
Drums,
Band &
Orchestral
Instruments,
Lessons,
Sheet Music,
Sound
Systems,
Ukuleles,
Financing,
and Sale
Prices

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Music Connection has the BEST Instrument selection and the BEST Lesson Program in the North Metro!

Make Music!

"Serving Musicians Since 1981"



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CONTACT

The Northland Review, LLC
P.O. Box 6539
Minneapolis, MN 55406

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Questions or Comments:
production@thenorthlandreview.com
Phone: 612-814-1906

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SCOOPS PUB

"COON RAPIDS BEST KEPT SECRET"

PHONE: 763-757-7600
482 NORTHDAL BLVD. COON RAPIDS, MN. 55448



Free Texas Holdem

Tues - Thurs - Sat
7pm & 9:30pm

Paying out Up to \$200!



Premier Dart Location

Leagues
Sun - Mon - Tues - Wed
Tournaments
Thurs - Fri - Sat
8:30pm

Weekly Specials

Monday
2-4-1 Drinks until 10pm!
Hot Beef Sandwich

Tuesday
2-4-1 Burgers: 5pm-8pm
2-4-1 Drinks: 8-10pm

Wednesday
\$3.50 U-Call-Its: 9pm-11pm

Thursday
\$3.50 U-Call-Its: 9pm-11pm
Hot Turkey Sandwich

Friday & Saturday
Drink Specials: 9pm-1am

Sunday
2-4-1s 7pm-9pm

Hours

Mon 11am to 1am
Tues - Thurs 11am to 2am
Fri - Sat 7am to 2am
Sun 7am - 1am

Pull Tabs

Every Day

Bingo

Mon. & Wed. @ 6:30pm, Sat. @ 2pm

Meat Raffles

Fri. @ 5:30pm & Sat. @ approx. 4:30pm



Sponsored by Coon Rapids Youth Hockey Lic #35285-008

CR's Sports Bar & Carbone's Pizzeria

8525 Cottonwood St. NW / Coon Rapids, MN / Bar: (763) 780-1585 / Carbone's: (763) 717-0327



Mon. - Fri.
11am - 2am
Sat. - Sun.
9:30am-2am
OPEN 7 DAYS A WEEK.

Carbone's Hours

Monday - Thursday: 11am - 11pm
Friday - Saturday: 9:30am - Mid.
Sunday: 9:30am - 11pm

Happy Hour

2pm - 6pm • Mon - Fri
4-6pm Saturdays
2 for 1 on all Domestic Beer and Rail Drinks

Bar Bingo

Wed. @ 6:30pm, Sat. @ 2pm
\$1000 Winner, Every Saturday!

Meat Raffles

Sat. @ 4:30pm

WILD SPECIALS

\$3.25 Domestic Taps
\$4 Drop Shots when a Wild Player gets in a fight!
2 for 1's at the end of the 2nd Period of play

CR'S SPORTSBAR A-HOLES | BEAN BAGS

\$1000.00 Added

Saturday, January 19th 2019

4:00pm Sign-up / 5pm Start

48 / 2 Person Teams / \$60 Entry Fee Per Team

*Tournament Payout Based On Full Field

BAGS PAYOUT	A-HOLES PAYOUT
1 - \$500	1 - \$500
2 - \$350	2 - \$350
3 - \$230	3 - \$230
4 - \$120	4 - \$120
5 - 6 \$70	5 - 6 \$70
7 - 8 \$40	7 - 8 \$40
9 - 12 \$20	9 - 12 \$20

TOTAL POINTS PAYOUT

1 - \$500
2 - \$200
3 - \$100
4 - \$80



Breakfast Served
Saturday & Sunday
10am-2pm

Sunday Night is Trivia Night @7pm with Trivia Mafia



814 Mainstreet, Downtown Hopkins
952.938.2400 • mainstreetbar.com

LIVE MUSIC DRINK SPECIALS

\$4 DOMESTIC TAPS, BOTTLES AND RAIL DRINKS

LIVE MUSIC
FRI. AND SAT. NIGHTS

BEST BURGERS
IN HOPKINS!

36 BEERS ON TAP!!

CRAFT BEER
WEDNESDAYS 9PM

COME WATCH THE GAME
ON OUR NEW 200 INCH
BIG SCREEN TV!



Meat Raffle

Wednesday & Thursday @ 5pm



Mingo

W/DEAL OR NO DEAL
Tue. & Thurs. 6:30pm

Progressive Mingo

Sat. at 2pm

Hopkins Youth Hockey Lic# 04157-02

ENTERTAINMENT

FRI. JAN 4TH
COYOTE WILD

SAT. JAN 5TH
THE EXPRESS BAND

FRI. JAN 11TH
LEDFOOT LARRY

SAT. JAN 12TH
DRINK 182

FRI. JAN 18TH
R-FACTOR

SAT. JAN 19TH
LADY LUCK

FRI. JAN 25TH
WHISKEY STONE

SAT. JAN 26TH
FLYWHEEL

FRI. FEB 1ST
ROUGH HOUSE

SAT. FEB 2ND
HIGH & MIGHTY

COME TRY OUR NEW HAPPY HOUR MENU!

Afternoon Happy Hour
3-6:30pm Sun.-Thurs.

Late night Happy Hour
9-Midnight Sun.-Wed.

\$2 Domestic Bottle
\$3 Rail Liquor



Carbone's Pizzeria & Pub
White Bear Lake
1350 Highway 96E
White Bear Lake MN 55110

PIZZA
THE WHOLE FAMILY
LOVES
SINCE 1954

Visit us on Facebook at Carbone's Pizzeria & Pub of White Bear Lake



Happy Hour

2 for 1's
Every Day 3-6 pm

Double up
for a buck

Every Day
9- 10:30pm

Bucket
Special
5 for \$15



Designer
Purse Bingo
Jan. 16th @ 6:30pm
Come in Early.



COME WATCH THE
BIG GAME
WITH US!
FEB. 3RD



Hours
Sunday-Thursday
11am-10pm food
11am-11pm bar
Friday - Saturday
11-12am food
11-1am bar.

Bingo Tuesday 6pm
Win up to a \$1,000

Meat Raffles

Every Tuesday & Friday @ 5pm

Flash Bingo

Minnesota Linked Bingo

Win up to \$100,000

E - Tabs Now Available

Win up to \$1,499
85% payback



Monday - Thursday:
3pm - 10:30pm
Friday: 3pm - 11pm
Saturday: 12 - 11pm
Sunday: 12 - 9pm

White Bear Lake Lions Club #02378-012

Phone: (651)429-7609 • Website: www.carboneswhitebearlake.com



Fireball Fridays
DJ Every Friday

Big Game Party!! 50" TV to be given away during game on Sunday!
Must be present to win.

1 HOUR OF FREE POOL
w/ purchase of Lunch
M-F 11am-4pm
**Pool and
Dart Leagues
Now Forming**

- Four 14' HD Big Screens
- 25,000 square feet of FUN!
- Full Service Restaurant
- Corporate Events
- 43 Pool Tables
- Dart Boards
- 20-500 Guests
- Patio Seating
- Parties
- Banquets
- Sports Bar
- 35 Plasma TVs

Happy Hour
**Double up
for a buck!**
Mon. - Thurs. 2 - 6pm
Fri. - Sat. 2 - 7pm

Late Night Happy Hour
Mon. - Thurs. 10pm-12am

PLAN YOUR NEXT EVENT
AT TWO STOOGES
Holiday Parties, Class Reunions,
Fantasy Football, Softball Teams,
Graduations, Weddings, Birthdays,
Retirement Parties, Groom's Dinners,
Rehearsal Dinners, Benefits, Non-
Profit Events, Anniversary Parties.



**PULL TABS
DAILY
Tip Boards**
Fridley Lions Club



Lic # 00306-006

7178 University Ave NE, Fridley, MN Ph: 763-574-1399



neisens.com
952.846.4513
4851 West
123rd Street
Savage, MN

**SERVICE
INDUSTRY NIGHT**
SUNDAYS, 10PM - 2AM
2 FOR 1 DRINKS
PROOF OF EMPLOYMENT
REQUIRED!

**MINNESOTA'S PREMIER
LIVE BANDS
FRIDAYS AND SATURDAYS
8:30PM - 12:30AM**

NO COVER CHARGE!



For Updated Band
Info, Check out
www.neisens.com
or on Facebook at
NeisensSportsBar

Thursday Open Mic Jam Band



CHEESE CURDS
WORLD FAMOUS
WISCONSIN FRIED
CHEESE, HAND
BATTERED DAILY AND
SERVED WITH OUR
HOUSE DIPPING
SAUCE. 1 POUND: \$9

HAPPY HOUR DAILY
3PM-6PM
\$3/\$4 Tap Beer

KARAOKE
W/Paul
Wednesday and
Sunday Nights

**Wednesday & Thursday
Bar Bingo 7pm**
**WIN BIG AT
BINGO! & Pull Tabs!**
Two Progressive Jackpots. 1st pays \$700 in 56#'s, 2nd \$500 Guaranteed.
Sponsored By
German Days Minnesota's Top 20
Lic# 35239 pay-out pull-tabs!



**ADAGIO'S
PIZZA FACTORY**

2052 Silver Lake Road,
New Brighton, MN 55112
Phone: 651.631.9441
www.adagiospizza.com
Dine-In | Carry Out | Delivery | Catering

Tuesday
Bar Bingo & Meat Raffle - 6:30pm

Wednesday
3rd Wednesday of Every Month
is Designer Purse Bingo - 7p.m.

Friday
Meat Raffle - 6:30pm

Pull Tabs



We Serve
Donated over
\$100,000 in 2017!

New Brighton Lions Gambling License #01754

Monday
Free Cribbage Tournaments
1st & 3rd Monday of the Month:
Singles - 6:30PM
2nd & 4th Monday of the Month:
Doubles - 6:30PM
½ Price Pizza Night: 5-10PM
Dine-in only, w/purchase of 2 beverages

Wednesday
ALL YOU CAN EAT Pasta Night
5-10PM, \$9. Dine-in only.
½ Price Wine Bottles
Music Mayhem: 8-10PM

Thursday
Free Live Music with
Vinnie Rose: 8-11PM

Friday
Live Trivia with DJ: 9PM
Free Darts & Touch Tunes: 11PM
Late Night Drink Specials:
10PM-Close

Saturday
Karaoke:
9:30PM

Sunday
Bloody Mary Bar: 10AM-2PM
Texas Hold'em: 7PM



**Check out our
New Menu Items!**

Bar Hours: Mon.-Thurs.: 11am-1am • Fri.: 11am-2am • Sat.: 10am-2am • Sun.: 10am-1am
Kitchen Hours: Sun.: 10am-11pm • Mon.-Thurs: 11am-11pm • Fri.: 11am-12am • Sat.: 10am-12am

Mad Jacks
SPORTS CAFE

madjacksbrooklynpark.com • (763) 432-6263

**Call To Reserve
Jack's Cabin for Holiday Parties**

**Brooklyn Park
You Don't Know Jack!**

**GIVING AWAY RAFFLE
PRIZES DURING THE
BIG GAME! FEB. 3RD**

Mad Jacks Brooklyn Park is a unique
upscale casual sports cafe that offers a wide variety
of menu items that are made fresh daily.
Whether it is a private function in our cabin room,
dinner with your family and friends, or drinks in
our bar area, we hope to see you soon!!

8078 Brooklyn Blvd. • Brooklyn Park, MN 55445

HAPPY HOUR & SPECIALS

Monday - Friday
3-6 pm: \$1.50 Off All Drinks
\$2.50 Domestic Taps & Bottles
\$2 Off Select Apps

Saturday
ALL DAY: \$1.50 Off All Mugs
2-6 pm: \$1.50 Off All Drinks
\$2.50 Domestic Taps & Bottles
\$2 Off Select Apps

Sunday
2-6 pm: \$4.50 Basic Bloody



**Karaoke
Saturdays
9-12pm**



SUPER Bingo
Sat. @ 1:30pm
Progressive jackpots up to \$2,000

Meat Raffles
Wednesdays @ 5:30pm
Saturdays @ 1:30pm

Designer Purse Bingo
2nd Thursday of the month
Jan. 10th @ 6:30pm

**Pull
Tabs**



(Northwest Area Jaycees
Lic # 02463-007)



VFW Post 230

4446 Central Ave. N.E. Columbia Heights, MN. 55421
 www.facebook.com/vfwpost230
 763-788-8187

Pull-Tabs Open Daily

Sun. Mon. Tue. Wed. Thur.
 Noon-9pm.
 Fri. Noon-mid. Sat. 11am-11pm

License #00012-001



E-TABS ARE HERE
 Guaranteed 85% Payout

Live Performance!



"Down the Road"

LIVE! @ POST230
 Saturday, January 19th
 8pm-mid.

Monday's!

Jan. 7, 14, 21 & 28
 1pm

.50¢ Special!

Sun. Jan. 20th
 1pm

Meat, Meat, Meat, Meat, Meat!

Raffles...
 Every Friday @ 6pm!

RED CROSS



BLOOD DRIVE

Tue. January 15th
 12:30pm-6:30pm

#230 Grille

Open:
 Wed., Thur., & Fri.
 4:30pm-9:00pm
 Saturday-10am-3pm
 Friday Fish Fry-\$9.00
 10 oz. Haddock
 Fries & Coleslaw
 4:30pm-8:00pm



Kraus-Hartig VFW Post 6587

8100 Pleasant View Drive NE.
 Spring Lake Park, MN 55432
 763-780-1900

Sundays

Bar Bingo

2 coveralls
 up to \$1000!
 2:30pm



Tuesday

Bar Bingo

2 coveralls, up to \$1000! 6:30pm

Taco Tuesdays

2nd and 4th Tuesday every month

BINGO!

Wednesday

Texas Hold'em

6:30pm



Friday

Get A Clu Trivia

7:15pm



Meat Raffle

Every Friday @6pm

Saturday

Saturday Karaoke

8:30 pm

Texas Hold'em

3pm

Meat Raffle

Every Saturday @2:30pm




New Years Day Bash!

Jan. 1, Starts at noon

- Meat Raffles • Chili Cook-off • Free Tom & Jerrys • Prize Drawings •
- Lots of Fun! •



ROSEVILLE ANDERSON NELSON VFW POST 7555

1145 Woodhill Drive • Roseville, MN 55113 • 651-483-5313 vfwroseville.org

BIG GAME PARTY!

FOOD & DRINK SPECIALS! PRIZES!

FEB. 3RD

Beginning Saturday, Jan. 5.

Now Serving Breakfast!
 Saturdays 9am-noon

Karaoke Every Friday 8:30pm - 12:30am

Karaoke Special Jan. 9, 6:30-10pm



Jan. 20
 Auxiliary Pancake Breakfast

Happy Hour

M-F
 3-6pm



Friday Night Special:

Walleye Dinner



Meat Raffle Weds 5pm & Sat 4pm

Pull-Tabs & E-Tabs Daily

Progressive Cash Bingo Thurs 6:30 pm

Up To \$1000 Coverall

License # G00017





VFW POST 1782

4496 LAKE AVE S
 WHITE BEAR LAKE, MN. 55110
 651-426-4944

• Happy Hour Monday – Friday 4pm – 6pm •

January Live Music

2 Nights of Rock-A-Billy

Saturday, January 12th at 8pm
 and
 Friday, January 25th at 8pm

Stop in Weekly for our \$4 Cupcake Wine Special!

Different flavor of Cupcake Wine- each week!





Build a Burger for the Troops

(Beyond Yellow Ribbon Program)
 Mon. Dec. 10, 5-8pm



Fish Fry Fridays

One refill per customer

Texas Hold'em

Every Tuesday @ 7pm

Wingo

Every Thursday @ 6:30pm

Meat Raffles

Wednesday and Friday at 5pm and Saturday at 4pm

Palmer Lake VFW Post 3915

2817 Brookdale Dr
Brooklyn Park, MN 55444
763-560-3720
www.palmerlakevfw.com



Hours:
Mon.-Thurs. Noon-1AM
Fri.-Sun. 10AM-1AM

Big screen TV's
for ALL
Sporting Events

New members welcome! Come check out what the VFW is about!

Monday - Texas Hold'em 7PM

Tuesday - Meat Raffles 5PM

Wednesday - Bingo 6:30PM

Friday - Bargo 7:30PM, DJ at 9:30PM

Saturday - Meat Raffles 3:30PM, Karaoke

Hall Rental, 200 Capacity, Separate bar available

Pulltabs
Mon.-Thurs. Noon- Close, Fri. 10am-Close,
Sat. 11AM to Close, Sun. 12PM-Close
10 Boxes, 6-85%, 9/10 Posted

Meat Raffles
Tue. at 5PM \$25 packs, - Sat. at 3:30PM • \$25 packs
Packages supplied by Osseo Meats.

Bingo:
Wed. at 6:30PM. 9 \$99 pots guaranteed,
Coverall for \$1000 (rules apply)

Video Horse/Car Races:
Every Sat. at 3:30PM. Number of races vary per crowd.
Prizes up to \$500 per race!

Tip Boards
Gambling Control Number # 00-632

Mark Banker One Man Band
Live Jan. 12th




Fred Babcock VFW Post 5555

6715 Lakeshore Drive
Richfield MN 55423
Phone: 612-869-5555

Open
7 days a week!

Look us up on the Web and Facebook, you're going to love our New Look!

January Entertainment

Sat. Jan. 5 - Top 3
Sat. Jan. 12 - Hi Hats
Sat. Jan. 19 - Northernaires
Sat. Jan. 26 - Impromptues

Karaoke
Tuesdays & Thursdays
7:30 - 11:30pm

BINGO & Meat Raffle Sundays @ 2pm

Bar BINGO Wednesdays @ 5pm

Meat Raffle & Texas Holdem Fridays @ 6:30 & 8:30pm

Great pull tabs, every day!

Our restaurant serves only made-from-scratch Homemade American Food
With delicious daily specials, and we're open for breakfast!
And don't forget about the Fish Fry, every Friday!

Gaming License # 00073-004







THE BIG GAME BUFFET

Feb. 3, 4-6pm. \$11.99
Meat and Pie Raffles
Tip Boards
Sports Raffles

Sgt. John Rice VFW POST 6316

1374 109th Ave NE
Blaine, MN 55434
763-757-4540

Karaoke

Friday 8:30pm - 12:30am
Saturday 9pm - 1am

Buffet All You Can Eat 11:30 to 1:30 pm Monday - Friday

\$8.99/person, Senior - \$6.99 after 1pm




January Live Music

7pm to 10pm, Thursday Nights

Thurs. 3rd - Badlands
Thurs. 10th - Mojo Rooster
Thurs. 17th - Pete Kavanaugh Band
Thurs. 24th - Tailspin
Thurs. 31st - Three Chord Monty

Sunday Brunch

Starting Jan. 20th 10am-1pm
Made to order Omelettes, Bacon, Sausage, Potatoes, French Toast, Scrambled Eggs, Yogurt, Fresh Fruit, Caramel Rolls and More!
\$9.99

Meat Raffle
Friday at 5pm and Saturday at 3pm
Video Horse Races After Meat Raffle

PULL TABS & E - TABS
Open Daily

Thursday Night
7pm-10pm
BBQ Ribs
½ Rack, Fries & Toast: \$9.99

Full Menu & Dinner Specials
Wednesday - Saturday Served 5pm - 8pm

Tuesday @ 7 pm MEGA - SOTA Statewide Progressive Bingo

We have a full service catering department offering excellent service, extensive menu, and a fantastic value with a large facility. Give Aaron a call to book your next event 763-757-4540

Lic. #A-01298

Did you know?

Fat has a bad reputation. Many people hear the words "fat" or "fats" and immediately think the worst. Fats go by many names, including lipids, fatty acids, vegetable fats, animal fats, and oils. While some fats can be harmful when consumed in excess, many fats are actually helpful to the body.

Educating oneself about the different types of fats can make for a more well-rounded diet.

- **Saturated fats:** These are solid at room temperature and tend to come from animal products and processed foods. A large intake of saturated fats can increase a person's risk for cardiovascular disease and stroke.
- **Monounsaturated fats:** This "healthy" fat may lower LDL cholesterol and keep HDL cholesterol at higher levels when saturated fats are held in check.
- **Polyunsaturated fats:** These fats also are considered good for cardiovascular health and are commonly known as the omega-3 and omega-6 fatty acids that are found in certain seeds, fatty fish and nuts.
- **Trans fats:** Trans fats are synthetically manufactured by adding hydrogen to liquid vegetable oils to make them more solid. They are not good for a person's health, but they have been widely used in the past because they tend to be stable and inexpensive and can improve shelf life of processed products.

It is important to distinguish between helpful and harmful fats so a body gets the healthy fuel it needs.

ROSETOWN AMERICAN LEGION

651 - 483 - 3535
700 W. Cty Rd C
Roseville, MN 55113
rosetownlegion.com



Beautiful Banquet hall available inquire within

MN LOTTERY SCRATCH OFF MACHINE
PULL TABS DAILY Lic #0113

HAPPY HOUR DAILY Noon-2pm & 5pm - 7pm
Serving lunches from 12-2pm M-F

NEW MEMBERS WELCOME

BINGO! Sat. Jan. 5th & 19th **Bingo at 3pm**
Serving Appetizers during bingo
Spaghetti dinner served from 5-8pm \$8. Comes w/salad and a breadstick

Tue. Jan. 1st
New Year's Day Pajama Party All Day!!!!

Stay comfy and Join us for

\$2 Screwdrivers and \$3 Bloody Mary's.

Continental Breakfast from 12pm -2pm



Wed. Jan. 2nd & Sat. Jan. 12th
Post Closing @ 5pm for private parties.

Sunday, January 20th
Soup Cook-Off • 12-3pm

Enter our soup cook off contest for a chance to win!

1st, 2nd, & 3rd place

Cash Prizes!

(sign up at the legion or Call)

or just come and sample all the entries FOR \$4!

ALL YOU CAN EAT!



Every Sunday • Noon-2pm
\$3 Bloody Mary Bar
\$2 Screwdrivers



MEAT RAFFLE @3pm

Sign up for \$1 DRINK Fan of the Week!

NEW! MONDAYS: .50¢ Wings! 5 - 8pm
10 Varieties!

EVERY TUESDAY
TURKEY DINNER FROM 5-8PM
\$8⁰⁰ comes w/mashed potatoes & gravy, cranberries, stuffing, veggie, dinner roll



Every Wednesday Night
\$1.50 Burger
\$3 Fish Sandwich



GIFT CARD RAFFLE @ 5PM



Every Thursday 5-8pm
\$2 TACOS, .50¢ WINGS, & \$5.95 Dagos
Texas Hold Em 7pm



New! Friday Night Specials and Menu!

Every Friday Dinner Menu 5-8pm
\$11 All You Can Eat Fish Fry!
Comes with French fries and coleslaw

FRIDAY NIGHT Live Music 7-11pm

Gift Card Raffle @5pm

Every Saturday: Free Darts after 9PM!

Bayport American Legion Post 491

263 N. 3rd St. 651-439-5463



BAR BINGO

Kelly Green
651-491-8972
Lic. # 00467

Mon. - 7pm @ Stillwater Bowl

5862 Omaha Ave N, Stillwater • (651)-439-2444

Fri. - 7:15pm @ Legion Post 491

263 N. 3rd St, Bayport • (651)-439-5463

Sat. - 2pm @ The Bungalow

1151 Rivercrest Rd, Lakeland • (651)-436-5005

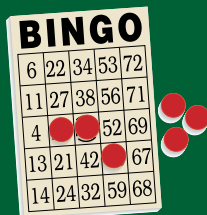
Meat Raffle Before Bingo

Sat. - 2pm @ Sal's Angus Grill

12010 Keystone Ave N, Stillwater • (651)-439-6625

Meat Raffle Before Bingo

Stillwater Chamber of Commerce Event at **Mallards 101 5th Ave. S., Bayport**
"Bags, Bingo & Beer". Bags tournament from 11am-4pm, Bingo from 1-3pm. Jan. 26th



DESIGNER PURSE BINGO

Mon. Jan. 7th, 7pm
@ Bayport Legion

263 N. 3rd St, Bayport
(651)-439-5463

Sun. Feb. 3rd, 1pm
@ Sals Angus Grill

12010 Keystone Ave., Stillwater
(651)-439-6625

TEXAS HOLD 'EM

SUNDAYS

Adagio's Pizza Factory (Straight Flush Poker)
2052 Silver Lake Road, New Brighton
651-631-9441 • 7pm

American Legion Post 620
5383 140th St N, Hugo
651-255-1432 • 5:30pm

Biffs Sports Bar (Straight Flush Poker)
7777 Hwy 65 NE, Spring Lake Park
763-784-9446 • 2pm

Blainbrook Bowl
12000 Central Ave, Blaine
763-755-8686 • 5pm & 8pm

Detour 19 (Straight Flush Poker)
300 N Medina St, Loretto
763-479-2821 • 5 & 8pm

Stoney's Bar
158 Broadway St.E, Rockville
320-253-2330 • 7pm

White Bear Bar (Straight Flush Poker)
2135 4th St, White Bear Lake
651-426-411 • 7pm

MONDAYS

Am Legion Post 1776
14521 Granada Drive, Apple Valley
952-431-1776 • 7pm

Barn Board Grill (Straight Flush Poker)
517 Cherry Ln, Roberts, WI
715-760-3663 • 7:30pm

Casper's Cherokee (Straight Flush Poker)
4625 Nicols Rd, Eagan
651-454-6744 • 7pm

Chanhassen Legion Post 580 (Straight Flush Poker)
290 Lake Dr E, Chanhassen
952-934-6677 • 7:30pm

Country Nites Saloon (Straight Flush Poker)
712 Vermillion Street, Hastings
651-346-1042 • 7pm

Jumping Jacks
1715 Badger Blvd West, Isanti
763-444-8311 • 7pm

Mounds Park Sports Bar
1067 Hudson Rd, St. Paul
651-340-0319 • 7:30pm

Palmer Lake VFW (Straight Flush Poker)
2817 Brookdale Dr, Brooklyn Park
763-560-3720 • 7pm

TUESDAYS

Dawn's Corner Bar
305 West Avenue, Dundas
507-663-0593 • 7pm

Elks Lodge
720 Hwy 7 East, Hutchinson
320-587-3116 • 7pm

Finish Line
31924 125th St, Princeton
763-631-2233 • 7pm & 9pm

Flicek's Bar & Grill
114 Main St. S., Lonsdale
507-744-5164 • 7pm

Jersey's Bar (Straight Flush Poker)
6449 Concord Blvd, Inver Grove Hgts
651-455-4561 • 7pm

Scoops Pub
482 Northdale Blvd, Coon Rapids
763-757-7600 • 7pm & 9:30pm

Schuggy's American Grill & Taphouse (Straight Flush Poker)
1055 Davis St, Hammond, WI
715-796-2319 • 7:30pm

VFW White Bear Lake
4496 Lake Ave S, White Bear Lake
651-426-4944 • 7pm

White Bear Bar (Straight Flush Poker)
2135 4th St, White Bear Lake
651-426-4111 • 7 & 10pm

WEDNESDAYS

Biffs Sports Bar (Straight Flush Poker)
7777 Hwy 65 NE, Spring Lake Park
763-784-9446 • 7pm

Buffalo Bar
904 Commercial Dr., Buffalo
763-682-5806 • 7pm

Kraus-Hartig VFW Post 6587
8100 Pleasant Drive NE, Spring Lake Park
763-780-1900 • 6:30pm

Park Place Sports Bar (Straight Flush Poker)
200 Broadway, St Paul Park
651-459-9018 • 7pm

Rich's Bar
34 Oak Ave N, Annandale
320-274-9992 • 7pm

Stoney's Bar
158 Broadway St.E, Rockville
320-253-2330 • 7pm

The Pour House (Straight Flush Poker)
325 Elm St W, Norwood Young Am.
952-467-2112 • 7pm

THURSDAYS

Big Guy's BBQ Roadhouse (Straight Flush Poker)
1237 Hwy 35 N, Hudson, WI
715-549-6255 • 7:30 pm

Cedarvale Lanes/Fitz's Bar & Grill (Straight Flush Poker)
3883 Cedar Grove Parkway, Eagan
651-452-7520 • 7pm

Flicek's Bar & Grill
114 Main St. S., Lonsdale
507-744-5164 • 7pm

Invictus Brewing Co. (Straight Flush Poker)
2025 105th Ave. NE, Blaine
763-208-3063 • 7pm (Starting 1/17)

Rosetown American Legion
700 W Cty Rd C, Roseville
651-483-3535 • 7pm

Scoops Pub
482 Northdale Blvd, Coon Rapids
763-757-7600 • 7pm & 9:30pm

FRIDAYS

American Legion Post 255
355 W. Broadway, Forest Lake
651-464-2600 • 7pm

Biffs Sports Bar (Straight Flush Poker)
7777 Hwy 65 NE, Spring Lake Park
763-784-9446 • 7pm

Blainbrook Bowl
12000 Central Ave, Blaine
763-755-8686 • 7pm & 10pm

Mounds Park Sports Bar
1067 Hudson Rd, St. Paul
651-340-0319 • 7:30pm

Park Place Sports Bar (Straight Flush Poker)
200 Broadway, St Paul Park
651-459-9018 • 7pm

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555 • 6:30pm & 8:30pm

SATURDAYS

Blainbrook Bowl
12000 Central Ave, Blaine
763-755-8686 • 7pm & 10pm

Kraus-Hartig VFW Post 6587
8100 Pleasant Drive NE, Spring Lake Park
763-780-1900 • 3pm

Sidewinders Bar
2573 7th Ave E, North St Paul
651-773-8867 • 8pm

Mounds Park Sports Bar
1067 Hudson Rd, St. Paul
651-340-0319 • 2pm

Scoops Pub
482 Northdale Blvd, Coon Rapids
763-757-7600 • 7pm & 9:30pm

KARAOKE

SUNDAYS

Mounds Park Sports Bar
1067 Hudson Rd, St. Paul
651-340-0319

Neisen's Sports Bar & Grill
4851 W. 123rd St, Savage
952-846-4513

MONDAYS

Bay Street Grill
731 Randolph Ave. St Paul
651-294-3240

TUESDAYS

Mounds Park Sports Bar
1067 Hudson Rd, St. Paul
651-340-0319

Tin Cups
1220 Rice St., St. Paul
651-487-7967 • 7pm

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555

WEDNESDAYS

American Legion Post 435
6501 Portland Ave S, Richfield
612-866-3647

Friar's
1500 South Lake St, Forest Lake
651-464-5040

Mounds Park Sports Bar
1067 Hudson Rd, St. Paul
651-340-0319

Neisen's Sports Bar & Grill
4851 W. 123rd St, Savage
952-846-4513

VFW Roseville Post 7555
1145 Woodland Drive, Roseville
651-483-5313 • Jan. 9, 6:30 - 10pm

VFW Crystal Post 494
5222 Bass Lake Rd., Crystal
763-537-9914

THURSDAYS

Ham Lake Lanes
16465 HWY 65 NE, Ham Lake
763-434-6010

Tin Cups
1220 Rice St., St. Paul
651-487-7967 • 7pm

VFW Coon Rapids Post 9625
1919 Coon Rapids Blvd, Coon Rapids
763-755-4760 • 7pm

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555

FRIDAYS

Am. Leg. Rosetown
700 W Cty Rd C, Roseville
651 - 483 - 3535

American Legion Post 98
328 Broadway Ave, St Paul Park
651-459-8016

American Legion Post 566
7731 Lake Drive, Lino Lakes
651-783-0055

American Legion Post 620
5383 140th St N, Hugo
651-255-1432

American Legion Post 622
3073 Bridge St., St. Francis
763-753-4234

American Legion White Bear Lake
2210 Third St., White Bear Lake
651-429-5770

Celts Inver Grove Heights
6559 Concord Blvd, Inver Grove Hgts
651-455-5210

Coopers
4185 Robert Trail, Eagan
651-452-3061

Friar's
1500 South Lake St, Forest Lake
651-464-5040

Guldens Restaurant & Bar
2999 Maplewood Dr., Maplewood
651-482-0384

Park Place Sports Bar
200 Broadway, St Paul Park
651-459-9018

Stillwater Bowl
5862 Omaha Ave. N, Oak Park Heights
651-439-2444

Sgt John Rice VFW Post 6316
1374 109th Ave NE, Blaine
763-757-4540

VFW Bloomington Post 1296
311 West 84th St., Bloomington
952-854-1296

VFW Columbia Heights Post 230
4446 Central Ave. NE, Columbia Heights
763-788-8187

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555

VFW Roseville Post 7555
1145 Woodland Drive, Roseville
651-483-5313

SATURDAYS

Adagio's Pizza Factory
2052 Silver Lake Road, New Brighton
651-631-9441 • 8pm

American Legion Post 1776
14521 Granada Drive, Apple Valley
952-431-1776 • 8pm

American Legion White Bear Lake
2210 Third St., White Bear Lake
651-429-5770 • 1pm

American Legion Post 577
1129 Arcade St, St. Paul
651-771-8778

Cam's Bar & Eatery
8517 63rd Ave N., Brooklyn Park
763-533-4159

Celts Inver Grove Heights
6559 Concord Blvd, Inver Gr. Heights
651-455-5210

Coopers
4185 Robert Trail, Eagan
651-452-3061

Ham Lake Lanes
16465 HWY 65 NE, Ham Lake
763-434-6010

Kelly's Korner Bar
7098 Centerville Road, Centerville
651-493-6626

Neighbors Eatery & Saloon
5772 Main Avenue NE, Albertville
763- 515-6300

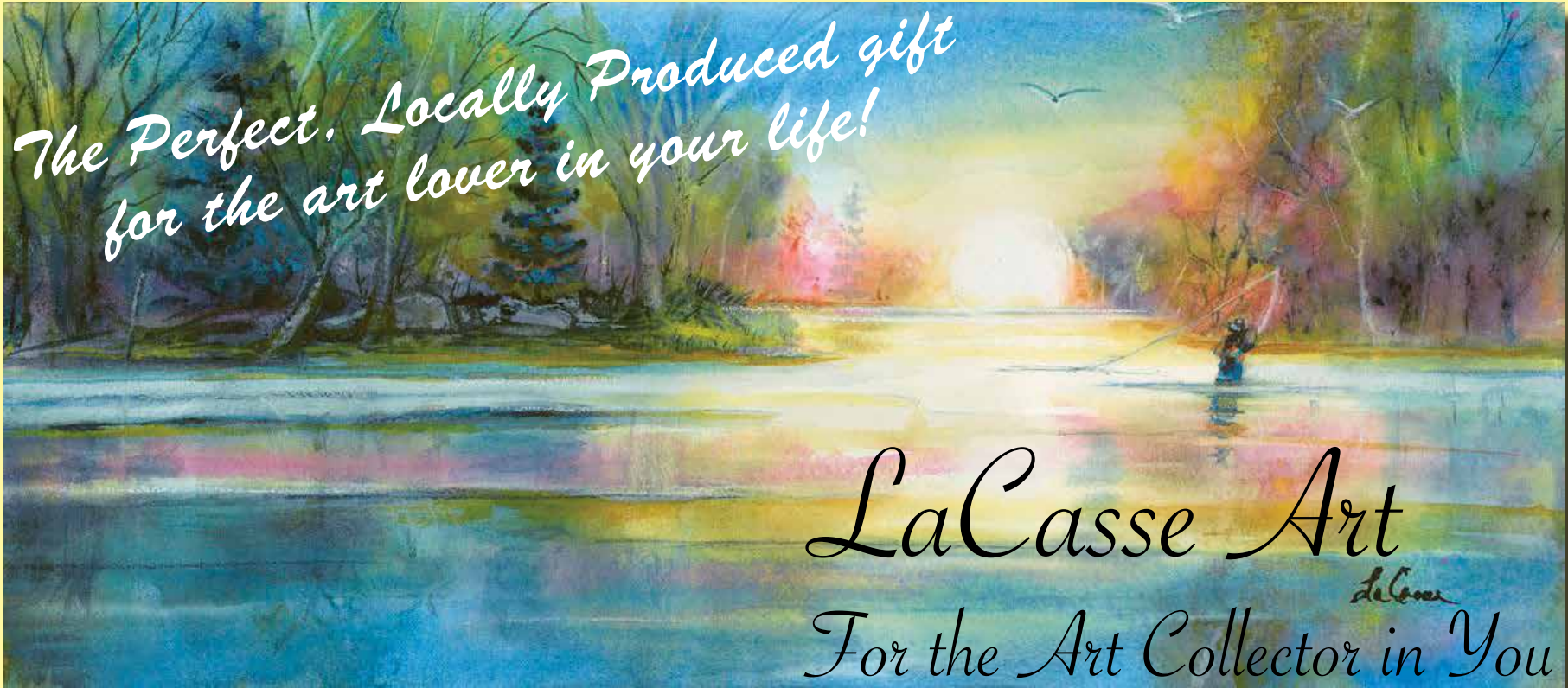
Sgt John Rice VFW Post 6316
1374 109th Ave NE, Blaine
763-757-4540

Palmer Lake VFW
2817 Brookdale Dr, Brooklyn Park
763-560-3720

Kraus-Hartig VFW Post 6587
8100 Pleasant Drive NE, Spring Lake Park
763-780-1900 • 8:30pm



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Museum Quality Prints for your decorating needs!

Aura Posters

Beautiful & Unique Aura posters for you!

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Artist Greeting Cards you may want to frame!



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Awaken to your true life purpose.

Napa Dragonfly by LaCasse



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Minnesota!**



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BAR BINGO

SUNDAYS

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555 • 2pm

Kraus-Hartig VFW Post 6587

8100 Pleasant Drive NE, Spring Lake Park. 763-780-1900 • 2:30pm

MONDAYS

Grumpy's Bar and Grill

2801 N. Snelling Ave, Roseville MN,
651 379-1180 • 6pm

Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights
651-482-1100 • 9am

Mc Carron's

1986 Rice St., Maplewood
651-788-7362 • 6pm

SAK'S

1460 -E County Rd E Vadnais Heights,
651-484-6119 • 6pm

Scoops Pub

482 Northdale Blvd , Coon Rapids
763-757-7600 • 6:30pm

Stillwater Bowl

5862 Omaha Ave N Stillwater
651-439-2444 • 7pm (Lic# 00467)

Trappers

6810 Lake Drive, Lino Lakes
651-784-7474 • 6:30p

VFW Columbia Heights Post 230

4446 Central Ave. NE, Columbia Hgts
763-788-8187 • 1pm

VFW Crystal Post 494

5222 Bass Lake Rd, Crystal
763-537-9914 • 6pm

VFW Mendota Post 6690

Sibley Memorial Hwy, Mendota
651-688-7408 • 7pm

TUESDAYS

Adagio's Pizza Factory

2052 Silver Lake Road, New Brighton,
651-631-9441 • 6:30pm

Carbone's Pizzeria & Pub

1350 Highway 96E, White Bear Lake
651 429-7609 • 6pm

Dugout Bar & Grill

158 Main St. NW, Bethel
763-434-0119 • 6:30pm

Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights
651-482-1100 • 6pm

Kelly's Korner Bar

7098 Centerville Road, Centerville,
651-493-6626 • 6:30pm

Mad Jacks Brooklyn Park

8078 Brooklyn Blvd. Brooklyn Park
763-432-6263 • 6:30pm

Mainstreet Bar and Grill

814 Mainstreet, Hopkins
952-938-2400 • 6:30pm

Kraus-Hartig VFW Post 6587

8100 Pleasant Drive NE, Spring Lake Park. 763-780-1900 • 2:30pm

Sgt. John Rice VFW Post 6316

1374 109th Ave NE, Blaine
763-757-4540 • 7pm MEGA-SOTA

The Sunset Grill

8466 Hwy. 65, Spring Lake Park
763-204-8648 • 1pm

WEDNESDAYS

CR'S Sports Bar

8525 Cottonwood St NW
763-780-1585 • 6:30pm

Drkula's

6710 Cahill Ave, Inver Grove Heights
651-451-1717 • 6:30pm

Montes Sports Bar & Grill

8299 University Ave NE, Spring Lake Park. 763-784-2230 • 5pm

Mounds Park Sports Bar

1067 Hudson Rd, St. Paul
651-340-0319 • 7:30pm

Neisen's Sports Bar & Grill

4851 W. 123rd St, Savage
952-846-4513 • 7pm

Palmer Lake VFW

2817 Brookdale Dr, Brooklyn Park
763-560-3720 • 6:30pm

Scoops Pub

482 Northdale Blvd , Coon Rapids
763-757-7600 • 6:30pm

Splitrocks Entertainment Center

5063-273rd St, Wyoming
651-462-6000 • 6:30pm

Tin Cups

1220 Rice St., St. Paul
651-487-7967 • 6:30pm

Titans Sports Saloon

1267 Geneva Ave N, Oakdale
651-444-8488 • 6pm

Trappers

6810 Lake Drive, Lino Lakes
651-784-7474 • 6:30pm

The Village Inn & Stadium Bar

3600 Hoffman Rd, White Bear Lake
651-770-8670 • 6pm

VFW Richfield Post 5555

6715 Lakeshore Drive, Richfield
612-869-5555 • 5pm

THURSDAYS

Brookside Pub

21050 Ozark Ct. N., Scandia
(651) 433-0147 • 6:30

Jimmy's Food & Drink

1132 Co Rd E East, Vadnais Heights
651-482-1100 • 6pm

Mainstreet Bar and Grill

814 Mainstreet, Hopkins
952-938-2400 • 6:30pm

Neisen's Sports Bar & Grill

4851 W. 123rd St, Savage
952-846-4513 • 7pm

Park Place Sports Bar

200 Broadway, St Paul Park
651-459-9018 • 6:30pm

The Sunset Grill

8466 Hwy. 65, Spring Lake Park
763-204-8648 • 6pm

VFW Crystal Post 494

5222 Bass Lake Rd, Crystal
763-537-9914 • 6pm

VFW Roseville Post 7555

1145 Woodland Drive 55113
651-483-5313 • 6:30pm

VFW White Bear Lake

4496 Lake Ave S, White Bear Lake
651-426-4944 • 6:30pm
(except 1st Thurs.)

White Bear Bar

2135 4th Street, White Bear Lake
651-426-4111 • 7pm

FRIDAYS

Am. Legion Bayport Post 491

263 N. 3rd St. Bayport
651-439-5463 • 7:15pm (Lic# 00467)

Palmer Lake VFW

2817 Brookdale Dr, Brooklyn Park
763-560-3720 • 7:30pm

Titans Sports Saloon

1267 Geneva Ave N, Oakdale
651-444-8488 • Jan. 4, 6:30pm
Raffle before at 5:30pm

Vanneli's By The Lake

55 Lake St. S. Forest Lake
651-395-2400 • Jan. 25 • 8:30pm
Cosmic Bingo

The Village Inn & Stadium Bar

3600 Hoffman Rd, White Bear Lake.
651-770-8670 • 9:30pm (Disco Bingo)

SATURDAYS

American Legion Rosetown

1st & 3rd Sat./month Jan. 5 & 19
700 W Cty Rd C, Roseville
651-483-3535 • 3pm

Biffs Sports Bar & Grill

7777 Hwy 65 NE, Spring Lake Park
763-784-9446 • 3pm

Bungalo

1151 Rivercrest Rd, Lakeland
651-436-5005 • 2pm (Lic # 00467)

CR'S Sports Bar

8525 Cottonwood St NW
763-780-1585 • 2pm

Drkula's

6710 Cahill Ave, Inver Grove Hgts
651-451-1717 • Noon

Dugout Bar & Grill

158 Main St. NW, Bethel
763-434-0119 • 3pm

Kelly's Korner Bar

7098 Centerville Road, Centerville
651-493-6626 • 2pm

Mad Jacks Brooklyn Park

8078 Brooklyn Blvd. Brooklyn Park
763-432-6263 • 1:30pm

Mainstreet Bar and Grill

814 Mainstreet, Hopkins
952-938-2400 • 2pm

Mallards Bayport

101 5th Ave. S. Bayport
651-342-0903 • Jan. 26
"Bags, Bingo, & Beer"
Bags • 11am-4pm, Bingo • 1-3pm

Mc Carron's

1986 Rice St., Maplewood
651-788-7362 • Noon

SAK'S

1460-E County Rd E Vadnais Heights
651-484-6119 • 2pm

Sal's Angus Grill

12010 Keystone Ave N, Stillwater
651-439-6625 • 2pm

Scoops Pub

482 Northdale Blvd , Coon Rapids
763-757-7600 • 2pm

Splitrocks Entertainment Center

5063-273rd St, Wyoming
651-462-6000 • 1pm

Titans Sports Saloon

1267 Geneva Ave N, Oakdale
651-444-8488 • 1pm & 7:30pm

Trappers

6810 Lake Drive, Lino Lakes
651-784-7474 • 2pm

VFW Columbia Heights Post 230

4446 Central Ave. NE, Columbia Heights. 763-788-8187 • 1pm

VFW Crystal Post 494

5222 Bass Lake Rd, Crystal
763-537-9914 • 5pm

DESIGNER PURSE BINGO

SUNDAYS

Sal's Angus Grill

12010 Keystone Ave N, Stillwater
651-439-6625 • Feb. 3 @ 1pm

Titans Sports Saloon

1267 Geneva Ave N, Oakdale
651-444-8488 • Jan. 27 @ 1pm
Designer purses with cash inside!
GUARANTEED \$500! Pay out 100%

MONDAYS

Banquets of Minnesota

1009 109th Ave NE, Blaine
612-803-6468 • Jan. 21 @ 6:30PM

Am. Legion Bayport Post 491

263 N. 3rd St. Bayport
651-439-5463 • Jan. 7 @ 7pm
(Lic# 00467)

TUESDAYS

Joe Senser's

2350 Cleveland Ave., Roseville
651-631-1781 • Jan. 15 @ 6:30PM
Raffle @ 5:30

WEDNESDAYS

Adagio's Pizza Factory

2052 Silver Lake Road, New Brighton
651-631-9441 • Jan. 16 @ 7pm

Carbone's Pizzeria & Pub

1350 Highway 96E, White Bear Lake
651 429-7609 • Jan. 16 @ 6:30pm
Come in Early.

THURSDAYS

Mad Jacks Brooklyn Park

8078 Brooklyn Blvd. Brooklyn Park
763-432-6263 • Jan. 10 @ 6:30pm

The Sunset Grill

8466 Hwy. 65, Spring Lake Park
763-204-8648 • Jan. 10 @ 6pm

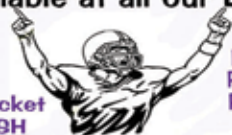


NEW SPORT BOARDS!!

Now Available at all our Locations!

\$10

Purchase a ticket to WIN a CASH PRIZE based on the Score of a GAME!



Payout 1st Qtr \$100
Payout 2nd Qtr \$125
Payout 3rd Qtr \$100
Payout Final \$125

Doc's Landing * Jimmy's * Saks Sports Bar
McCarron's * White Bear Bar * Village Sports Bar



Mondays 6pm
Saturdays 2pm



Wednesdays 6pm
Fridays 9:30pm



Mondays 9am
Tuesdays 6pm
Thursdays 6pm



Thursdays 7pm



Mondays 6pm
Saturdays Noon

BIG BINGO PARTY



Sunday, January 20th
Jimmy's Food and Drink
Starts at 1pm - Get there Early to Get a Seat!



- * \$200 Payout Each Game PLUS
- NEW "Star Burst" WIN \$100 to \$300 MORE Per Game!!
- * Coverall \$1000
- * Layer Cake \$500
- * X Game \$200 PLUS \$100 FREE Bingo Paper
- * \$1 Raffle for a 6 \$100 Gift Cards

New!! Play Facebook Bingo to WIN \$100's of Dollars in Bingo Coupons!!

FREE to Everyone! Play Facebook BINGO!

How it works:

1. Stop by one of our Bingos or Pulltab Booths Anytime before January 1st to pick up your CARD! **Bingo Starts January 1st!**
2. Like our Facebook Page
3. Check Facebook on Mondays, Wednesdays & Fridays for Numbers
4. Cover all the numbers and WIN!
5. FREE Bingo Coupons \$50 to \$200!!
6. Claim your prize at one of our Bingo's!! EASY & FUN!



wblhockeygambling



LICENSE # 03111

MORNING BINGO

Monday's

9:00am

Jimmy's Food and Drink

NO ONE HAS BETTER BINGO PROGRAMS!!



DISCO BINGO
9:30pm Friday Nights

VILLAGE SPORTS BAR

\$26 PACKAGES

\$100 PAYOUT A GAME

\$300 Disco Ball Game

\$1000 COVERALL

WIN FREE PRIZES!!

FOREST LAKE ATHLETIC ASSOCIATION

"Supporting Youth"

Football, Lacrosse, Volleyball, Basketball, Softball, Fastpitch, and Baseball

www.FLAAA.org



CHARITABLE GAMBLING LOCATIONS

Charitable Gambling License # G-04354

Vannelli's By The Lake

55 Lake St. South
Forest Lake, MN 55025
Phone: (651)395-2400

We have Pull-Tabs Daily, Meat Raffles Wednesdays and Fridays at 5:30pm, and Kosmic Bingo held on the second Friday of the month. Friday, January 25th at 8:30pm.

Cornerstone Pub & Prime

26753 Forest Blvd.,
Wyoming, MN 55092
Phone: (651) 462-1211

We have Pull-Tabs Daily, Meat Raffles Thursdays and Fridays at 4:30pm

Splitrocks Entertainment Center

5063 273rd St,
Wyoming, MN 55092
Phone: (651) 462-6000

Pull-Tabs Daily, Bingo on Wednesdays at 6:30pm and Saturdays at 1pm, Meat Raffles on Wednesdays and Fridays at 6:30pm

The Meet Market

555 W Broadway Ave #7
Forest Lake, MN 55025

We have Pull-Tabs Daily

Circle E Wine and Spirits

4869 208th St. N.,
Forest Lake, MN 55025
Phone: (651) 982-1814

We have Pull Tabs Daily

The Liquor Barrel

7997 Lake Drive,
Lino Lakes, MN 55014
Phone: (651) 251-0108

We have Pull Tabs Daily

Mallards Forest Lake

220 Lake St. N.
Forest Lake, MN 55025
(651) 272-5152

We have Pull-Tabs Daily

Brookside Pub

21050 Ozark Ct. N.
Scandia, MN 55073
(651) 433-0147

We have Pull-Tabs Daily, Bingo on Thursdays at 6:30pm, Meat Raffles on Thursdays during Bingo and Fridays at 6:30pm.

We are excited to announce that Lakes Volleyball has officially signed up to participate in the 2019 MN Boys Volleyball League!

If you are in the Forest Lake area, grade 9-12, and interested in playing/getting more information, go to web.groupme.com/join_group/46130951/7zf8EW Tryouts will be the week of Mar. 11th 2019. Season is Mar. 11th - May 24th with the state tournament. Registration \$250. Lakes Girls Volleyball is getting ready for the Big Kill the Chill tournament. January 5/6th (12/17 year olds) January 11/12th (13/14 year olds) January 18/19th (15/16 year olds) Please sign up to volunteer at www.signupgenius.com/go/20f094aaead2ba13-kill1



If your daughter is interested in the Lakes Girls Volleyball extended season look for the registrations on the Lakes website. Check the Lakes website for more information at www.lakesvolleyball.org

MEAT RAFFLES

SUNDAYS

American Legion Rosetown
700 W Cty Rd C, Roseville
651-483-3535 • 3pm

Dugout Bar & Grill
158 Main St. NW, Bethel
763-434-0119 • 11am

Elwoods Bar
7997 Lake Drive Lino Lakes
651-330-5266 • 1pm

The Roadside Bar & Grill
12530 Ulysses St. N, Blaine
763-710-4804 • 2pm

Tin Cups
1220 Rice St., St. Paul
651-487-7967 • 2pm

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555 • 2pm

MONDAYS

Grumpy's Bar and Grill
2801 N. Snelling Ave, Roseville
651-379-1180 • 5:30pm

Mc Carron's
1986 Rice St., Maplewood
651-788-7362 • 6pm

Trappers
6810 Lake Drive, Lino Lakes
651-784-7474 • 5:30pm

TUESDAYS

Adagio's Pizza Factory
2052 Silver Lake Road, New Brighton,
651-631-9441 • 6:30pm

Carbone's Pizzeria & Pub
1350 Highway 96E, White Bear Lake
651-429-7609 • 5pm

Dugout Bar & Grill
158 Main St. NW, Bethel
763-434-0119 • 6 pm

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights
651-482-1100 • 6pm

Kelly's Korner Bar
7098 Centerville Road, Centerville,
651-493-6626 • 6:30pm

Palmer Lake VFW
2817 Brookdale Dr, Brooklyn Park,
763-560-3720 • 5pm

WEDNESDAYS

American Legion Rosetown
700 W Cty Rd C, Roseville
651-483-3535 • 5pm

Cam's Bar & Eatery
8517 63rd Ave N., Brooklyn Park
763-533-4159 • 6pm

Doc's Landing
3200 White Bear Ave, White Bear
Lake. 651-770-3582 • 5pm

FRIARS
1500 South Lake Street, Forest Lake
651-464-5040 • 7pm

Mad Jacks Brooklyn Park
8078 Brooklyn Blvd. Brooklyn Park
763-432-6263 • 5:30pm

Mainstreet Bar and Grill
814 Mainstreet, Hopkins
952-938-2400 • 5pm

The Roadside Bar & Grill
12530 Ulysses St. N, Blaine
763-710-4804 • 6pm

Splitrocks Entertainment Center
5063-273rd St, Wyoming
651-462-6000 • 6:30pm

Trappers
6810 Lake Drive, Lino Lakes
651-784-7474 • 5:30pm

VFW Roseville Post 7555
1145 Woodland Drive
651-483-5313 • 5:15pm

VFW White Bear Lake
4496 Lake Ave S, White Bear Lake
651-426-4944 • 5pm

The Sunset Grill
8466 Hwy. 65 Spring Lake Park
763-204-8648 • 5:30pm

The Village Inn & Stadium Bar
3600 Hoffman Rd, White Bear Lake
651-770-8670 • 5pm

Vanneli's By The Lake
55 Lake St. S. Forest Lake
651-395-2400 • 5:30pm

THURSDAYS

Bogarts
14917 Garrett Ave, Apple Valley
952-432-1515 • 7pm

Brookside Pub
21050 Ozark Ct. N., Scandia
651-433-0147 • 6:30

Cornerstone Pub & Prime
26753 Forest Blvd, Wyoming
651-462-1211 • 4:30pm

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights
651-482-1100 • 5pm

Mainstreet Bar and Grill
814 Mainstreet, Hopkins
952-938-2400 • 5pm

Montes Sports Bar & Grill
8299 University Ave NE, Spring Lake
Park. 763-784-2230 • 4pm

White Bear Bar
2135 4th Street, White Bear Lake
651-426-4111 • 6pm

FRIDAYS

Adagio's Pizza Factory
2052 Silver Lake Road, New Brighton,
651-631-9441 • 6:30pm

Biff's Sports Bar and Grill
7777 Hwy 65 NE, Spring Lake Park
763-784-9446 • 5pm

Brookside Pub
21050 Ozark Ct. N., Scandia
651-433-0147 • 6:30

Cam's Bar & Eatery
8517 63rd Ave N., Brooklyn Park
763-533-4159 • 6pm

Carbone's Pizzeria & Pub
1350 Highway 96E, White Bear Lake
651-429-7609 • 5pm

Cornerstone Pub & Prime
26753 Forest Blvd, Wyoming
651-462-1211 • 4:30pm

Doc's Landing
3200 White Bear Ave, White Bear
Lake. 651-770-3582 • 5pm

Dugout Bar & Grill
158 Main St. NW, Bethel
763-434-0119 • 6pm

Elwoods Bar
7997 Lake Drive Lino Lakes
651-330-5266 • 5pm

FRIARS
1500 South Lake Street, Forest Lake
651-464-5040 • 5pm

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights
651-482-1100 • 5pm

Kelly's Korner Bar
7098 Centerville Road, Centerville
651-493-6626 • 6pm

Mc Carron's
1986 Rice St., Maplewood
651-788-7362 • 6pm

Montes Sports Bar & Grill
8299 University Ave NE, Spring Lake
Park. 763-784-2230 • 4pm

Park Place Sports Bar
200 Broadway, St Paul Park
651-459-9018 • 5:30pm

Rosetown American Legion
700 W Cty Rd C, Roseville, Mn
651-483-3535 • 5pm

Scoops Pub
482 Northdale Blvd , Coon Rapids
763-757-7600 • 5:30pm

Southern Rail
7082 Centerville Road, Centerville
651-528-8230 • 5:30pm

Splitrocks Entertainment Center
5063-273rd St, Wyoming, MN 55092
651-462-6000 • 6pm

Sgt. John Rice VFW Post 6316
1374 109th Ave NE, Blaine
763-757-4540 • 5pm

Titans Sports Saloon
1267 Geneva Ave N, Oakdale
651-444-8488 • 5:30pm

Trappers
6810 Lake Drive, Lino Lakes
651-784-7474 • 5:30pm

VFW Crystal Post 494
5222 Bass Lake Rd., Crystal
763-537-9914 • 4pm

Kraus-Hartig VFW Post 6587
8100 Pleasant Drive NE. Spring Lake
Park. 763-780-1900 • 6pm

VFW Columbia Heights Post 230
4446 Central Ave. NE, Columbia Hgts
763-788-8187 • 6pm

VFW Richfield Post 5555
6715 Lakeshore Drive, Richfield
612-869-5555 • 6:30pm

VFW White Bear Lake
4496 Lake Ave S, White Bear Lake
651-426-4944 • 5pm

Vanneli's By The Lake
55 Lake St. S. Forest Lake
651-395-2400 • 5:30pm

The Village Inn & Stadium Bar
3600 Hoffman Rd, White Bear Lake,
651-770-8670 • 5pm

Welsch's Big Ten Tavern
4703 Highway 10, Arden Hills
651-633-7253 • 5pm

White Bear Bar
2135 4th Street, White Bear Lake
651-426-4111 • 5pm

SATURDAYS

CR'S Sports Bar
8525 Cottonwood St NW
763-780-1585 • 4:30pm

Drkula's
6710 Cahill Ave, Inver Grove Hgts
651-451-1717 • Noon

Kelly's Korner Bar
7098 Centerville Road, Centerville
651-493-6626 • 1pm

Mad Jacks Brooklyn Park
8078 Brooklyn Blvd. Brooklyn Park
763-432-6263 • 1:30pm

Mc Carron's
1986 Rice St., Maplewood
651-788-7362 • 1pm

Montes Sports Bar & Grill
8299 University Ave NE, Spring Lake
Park. 763-784-2230 • 4pm

Palmer Lake VFW
2817 Brookdale Dr, Brooklyn Park
763-560-3720 • 3:30pm

SAK'S
1460 - E County Rd E Vadnais Heights
651-484-6119 • 2pm

Sgt. John Rice VFW Post 6316
1374 109th Ave NE, Blaine
763-757-4540 • 3pm

Splitrocks Entertainment Center
5063-273rd St, Wyoming
651-462-6000 • 1:30pm

Titans Sports Saloon
1267 Geneva Ave N, Oakdale
651-444-8488 • 1pm & 8:30pm
After Bingo

Trappers
6810 Lake Drive, Lino Lakes
651-784-7474 • 2pm

Scoops Pub
482 Northdale Blvd , Coon Rapids
763-757-7600 • 4:30pm

The Sunset Grill
8466 Hwy. 65, Spring Lake Park
763-204-8648 • 3pm

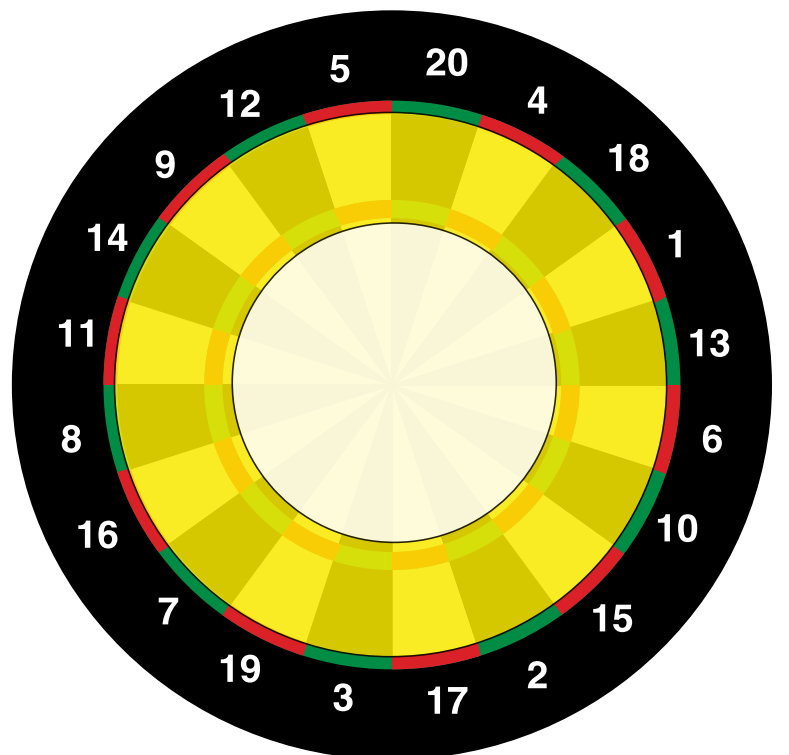
VFW Crystal Post 494
5222 Bass Lake Rd., Crystal
763-537-9914 • 2pm

VFW Mendota Post 6690
Sibley Memorial Highway, Mendota
651-688-7408 • 3:30pm

VFW Roseville Post 7555
1145 Woodland Drive 55113
651-483-5313 • 4pm

VFW White Bear Lake
4496 Lake Ave S, White Bear Lake
651-426-4944 • 4pm

Welsch's Big Ten Tavern
4703 Highway 10, Arden Hills
651-633-7253 • 2pm



HELP YOUR SERVER WITH GOOD BEHAVIOR

Dining out opens doors to new cuisines and gives people some time off from preparing meals at home. The National Restaurant Association says that the restaurant industry brings in around \$800 billion in sales each year, providing jobs for 14.7 million people. In fact, restaurant workers make up 10 percent of the American workforce.

Line cooks, bussers and servers work hard, and many do so for low pay. According to the employment salary comparison source Glassdoor, restaurant servers typically earn an average of \$21,000 per year. The job-search site Indeed says some servers earn \$10.70 per hour, and most rely on tips to make ends meet. When dining out, diners should prioritize etiquette and friendliness, which can make restaurant staff feel respected and appreciated.

- **Make reservations.** If possible, or if it's a requirement on busy nights, take the time to make a reservation. Reservations help establishments ensure they will have enough staff on hand to meet customers' needs, which can lead to better service. Show up on time or even a few minutes early.
- **Put your phone on silent.** Just because someone can reach you at all hours of the day doesn't mean you should always answer a call or text. Staring at the screen or talking on a call is not only rude, it also can delay table service, which may cause a trickle-down effect that affects others' dining experiences.
- **Don't make a scene.** If you find a foreign object in your food or need your steak cooked to a different temperature, signal the server and handle the situation discreetly. He or she has no control over the quality of the food or how long it takes to prepare it.
- **Know when to leave the kids home.** Children should be taught proper restaurant etiquette, but not at the expense of other diners or the restaurant staff. Inquire if a restaurant is family-friendly before booking a table. Start the kids in family-friendly places and gradually move up to fine dining as they prove themselves capable. If a child has a meltdown, go outside or get the food to go.
- **Tip accordingly.** It is customary in many North American restaurants for diners to offer a gratuity to their servers and other staff. It is in poor taste to withhold a tip, even if service was not up to par. If service is subpar, it's still proper etiquette to leave a tip and then voice any concerns with the manager before leaving the restaurant or the next day. Even if a waiter or waitress is not up to snuff, tips may be pooled and are typically shared with bussers or even kitchen staff.



Proper etiquette while dining out can make for a more enjoyable night for all involved.

SLP

Lions

PIM436

\$2



www.slpions.com



LIC# 00584

Montes Sports Bar & Grill Lic. # 00584-001

8299 University Ave NE,
Spring Lake Park, MN 55432
(763) 784-2230

Meat Raffles Triwheel
Thurs., Fri., & Sat. @ 4PM

Bingo 7 Nights a Week!
Wed. @ 5PM,
Fri. @ 5:30PM



Biffs Sports Bar & Grill Lic. # 00584-007

7777 Hwy 65 NE,
Spring Lake Park, MN 55432
(763) 784-9446

Bingo Sat. @ 3PM **Meat Raffle** Fri. @ 5PM

The Sunset Grill Lic. # 00584-026

8466 Hwy. 65
Spring Lake Park, MN 55432
(763) 204-8648

Surf n' Turf Meat Raffles
Wed. @ 5:30PM, Sat. @ 3 PM

Bingo Tue. @ 1PM, Thurs. @ 6PM

Handbag Bingo
Jan 12th @ 7PM



The Roadside Bar & Grill Lic. # 00584-019

12530 Ulysses St. N,
Blaine, MN 55434
(763) 710-4804

Meat Raffles
Wed. @ 6PM,
Sun. @ 2PM



Sticks and Stones Lic. # 00584-020

9250 Lincoln St. NE
Blaine, MN 55434
(763) 233-0699



Banquets of Minnesota Lic. # 00584-21

1009 109th Ave NE
Blaine, MN 55434
(612) 803-6468

Handbag Bingo
Every 3rd Mon.
@ 6:30PM



Welsch's Big Ten Tavern Lic. # 00584-24

4703 Highway 10
Arden Hills, MN 55112
(651) 633-7253

Bingo Every 3rd Thurs. @ 6:30 **Meat Raffles** Fri. @ 5PM, Sat. @ 2PM





LAKES TRADING CO.
gun shop & range

New Skills for a New Year

START A RESOLUTION TO MAKE YOUR FAMILY'S PROTECTION A #1 PRIORITY.

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5 THINGS YOU NEED TO KNOW WHEN TRANSPORTING FIREARMS



WHO IS ALLOWED TO TRANSPORT FIREARMS?

Any person who is not legally prohibited from possessing, purchasing or transferring firearms is allowed to transport firearms in their vehicle.
**See details below.

DO I NEED A PERMIT TO CARRY TO TRANSPORT FIREARMS?

A permit to carry is not necessary to transport firearms if the firearm is unloaded, cased and out of reach of all passengers. It is highly recommended to also separate the ammo from the firearm. (IE: Ammo in the backseat while the firearm is in the trunk.) A permit to carry is still required for any loaded handgun.

HOW OLD DOES ONE NEED TO BE TO TRANSPORT FIREARMS?

Any legally allowed person over the age of 16 may transport standard long guns including standard rifles, shotguns and muzzleloaders. All Semi-Automatic Pistols and Revolvers and AR's must be transported by a legally allowed person over the age of 18.

DO I NEED TO CARRY PURCHASE RECEIPTS OR PAPERWORK WITH MY FIREARM WHEN TRANSPORTING FIREARMS?

No paperwork is required as "proof of purchase" in MN. Unless the firearm is a specialty firearm that requires them. Such as a suppressors, full auto, Short Barrel Rifles and AOW's that require special permits or stamps.

IF PULLED OVER WHILE TRANSPORTING FIREARMS DO I NEED TO DISCLOSE THEM TO THE OFFICER?

You do not "legally" need to disclose that you have firearms in the car in MN **(Unless specifically asked by the officer)** HOWEVER, Many trainers, including ourselves, would recommend you do so. This must be done in a very diplomatic way in which the officer and you feel safe to proceed with the traffic stop.

For example: Leave both hands on the wheels. Say something like "I want to inform you I am transporting firearms. They are in ___ location and are unloaded How would you like to proceed?" Give the officer the option of what to do next. Again, this is to make both parties feel safe. DO NOT SAY "I have a gun" or reach and point.

*** This is not a comprehensive overview of the law. This content is meant to inform only. Please visit MN's legislative website for a full disclosure of the laws and regulations.***
Lakes Trading Co. cannot be held liable for any inaccuracies or errors within this content.

THE ART OF BUYING ART FOR YOUR HOME

Designing a home's interior can be fun. Whether furnishing a first apartment or a newly purchased family home, many people feel that the art they put on the walls of their homes is an expression of their individuality, and that a home isn't truly a home until its interior reflects their personalities.

Furnishing a home with art can be intimidating, especially for people doing so for the first time. But a few tricks of the trade can help men and women turn the interiors of their homes into spaces that reflect who they are.

- **Embrace your personal taste.** Don't hesitate to decorate your walls with art you like. When buying furniture for a home, it can make sense to follow certain rules. For example, parents of young children might want to purchase dark-colored furnishings that can hide stains. But no such rules should govern your choices of artwork. Art reflects the person who made it, but it also reflects the person who buys it, so buyers should embrace their personal taste when furnishing their homes with art.

- **Shop around.** Thanks to the internet, billions of pieces of art, from tapestries to photographs to paintings, are at your fingertips. Comparison shopping can be fun and help novices discover their personal tastes. It also can be a great way to support artists. For example, 90 percent of all image royalties on art purchased from YourArtGallery.com goes directly to the artist, ensuring much of buyers' money is going toward supporting the people responsible for the art they plan to hang in their homes. That can give people a greater sense of pride in their home's decor.

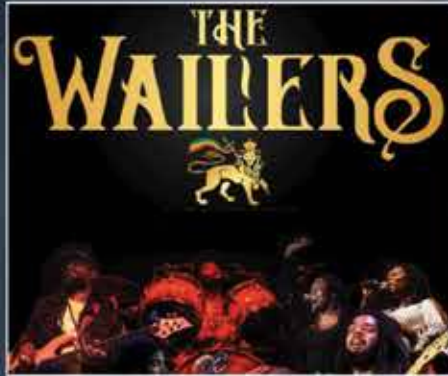
- **Seek inspiration.** If you're unfamiliar with art, don't hesitate to seek inspiration. Art is everywhere, from the hotels you stay in while traveling to the billboards you pass while driving to work to the local art museum near your home. If you're uncertain of what you like, make a concerted effort to recognize the art you see but may not stop to notice each day. As you expose yourself to more and more art, you will gain a greater knowledge of what you like and dislike. Use that knowledge to inform your decisions when buying art for your home.

- **Switch things up.** Your entire home does not need to follow a theme. If your taste in art is eclectic, embrace that and have different rooms throughout your home reflect your different tastes. This can give each room its own unique feel and make for a colorful home.

The art people hang in their homes is a personal choice, and the process of finding that art can be fun and eye-opening.



 <p>Monday Select Burgers With Chips, Fries, Or Mashed Potatoes \$6.99 3-11 PM</p> <p>Bleu on Black Cowboy Four Pepper Cream Cheese Summit California Bacon Nutter Early Bird Buffalo Bleu Arizona Mushroom Swiss Bacon Cheese</p> <p>Domestic Pitchers \$7.50 Premium Pitchers \$10.50</p> <p>www.poorrichardscommonhouse.com All Day!</p>	<p>Tuesday Taco Platters \$9.99</p> <p>Pescado Flash-fried fish, pico de gallo, lime-cilantro cabbage, spicy salsa</p> <p>Pollo Blackened chicken breast, lettuce, pico de gallo, sour cream</p> <p>Barbacoa Slow-braised beef, chopped onions, cilantro, spicy salsa</p> <p>\$12.99</p> <p>Ahi Seared ahi, pico de gallo, lime-cilantro cabbage, spicy salsa</p> <p>El Jefe Grande Soft shell, corn shell, ground beef, pico de gallo, lettuce, shredded cheese, refried beans, seasoned sour cream</p> <p>3 Tacos Per Platter</p> <p>\$12 Margarita Pitchers!</p>	<p>WINE WEDNESDAY</p> <p>ALL BOTTLES HALF-PRICED (ALL DAY)</p> 	 <p>All-You-Can-Eat Friday Fish Fry</p> <p>House Beer-Battered Cod Fried to Golden Perfection.</p> <p>Served With: Straight-Cut Fries Tartar Sauce Cole Slaw Fresh Lemon</p> <p>\$12.99</p> <p>5-10 PM</p> <p>No Take Out With This Special. Not Valid With Coupons or Other Discounts.</p>
 <p>8301 Normandale Boulevard Bloomington . MN 952.835.8308 www.poorrichardscommonhouse.com</p> <p>Like us on Facebook Instagram</p>	<p>Wednesday</p> <p>\$3 Bone-In Wings \$4 Boneless Wings</p> <p>3 - 11 pm</p> <p>CHIPOTLE HONEY LIME TERIYAKI THAI PEANUT BUFFALO BOURBON BBQ DRY BLACKENED RUB</p> <p>Add Ranch, Blue Cheese or Celery for 50¢</p> <p>\$1 off All Beers, Rail & Call Cocktails & House Wine 3 - 6 pm</p>	<p>Slider Thursday</p> <p>All Sliders \$6.99</p> <p>ALL DAY!</p> <p>Fajita Friday!</p> <p>5-10PM \$12.99</p>	<p>Prime Rib Saturday's!</p> <p>5-10PM</p> <p>Enjoy a Tasty Prime Rib Dinner Every Saturday!</p> <p>Only \$14.99! Slice of Prime Rib Dinner Salad Mashed Potatoes Vegetable du Jour</p> <p>Like us on Facebook Instagram</p>



THE WAILERS
w/ Guest
Prince Jabba
FRIDAY,
FEB 1ST



FIREHOUSE &
SWEET
SATURDAY,
FEB 9TH



WARRANT
w/ Guests
Dare Force &
Hurricane Alice
FRIDAY,
FEB 22ND



LED ZEPPELIN 2
THE LIVE
EXPERIENCE
SATURDAY,
MAR 2ND

ADDITIONAL WINTER EVENTS

- WINGER & LITA FORD - SATURDAY, MAR 9TH
- QUEENSRYCHE w/ Guest Fates Warning - SATURDAY, MAR 16TH
- TOMMY CASTRO & THE PAINKILLERS w/ Guest Corey Stevens - SATURDAY, MAR 30TH
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After home and work, the next most common place people spend their time is in their vehicles. The AAA Foundation for Traffic Safety says the average American spends 17,600 minutes driving each year. Statistics Canada indicates that most of the Canadian population averages 1.2 hours per day behind the wheel.

Because they spend so much time behind the wheel, drivers need to be prepared for breakdowns. Packing an emergency kit in the car can help people make the best of such situations.

A car emergency kit can help drivers get back on the road promptly. Without such kits, drivers may be stranded for hours after a breakdown. Emergency kits also come in handy during weather-related events that can sideline cars until roads become passable. Getting caught in a vehicle during a snowstorm and failing to have the proper gear can be a life-threatening scenario under extreme conditions.

It is always wise to plan for the worst and hope for the best. The Department of Motor Vehicles and the Department of Homeland Security note that these key items should always be included in a car emergency kit.

- durable bags or crates to store supplies
- complete first aid kit
- small fire extinguisher
- jumper cables
- rain ponchos
- plastic tarp
- flashlights and extra batteries
- bottled water
- small cache of nonperishable foods
- wrench and pliers
- local maps
- rags
- duct tape
- multipurpose tool
- ice scraper
- automotive fluids
- blankets/warm clothing
- cat litter for slick roads
- tire-changing equipment
- spare tire
- road flares or caution reflectors
- empty, refillable gas canister
- cash for gas
- phone charger cable

Being prepared can make a difference when vehicles are sidelined. In addition to an emergency kit, cars and trucks should be regularly maintained to prevent breakdowns. This includes ensuring all fluids are at proper levels, filters are changed, batteries are in good working order, and tires are inflated correctly. Investing in a roadside assistance service also can help get drivers back on the road quickly.





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TIPS FOR LEARNING A FOREIGN LANGUAGE

At the start of a new year, many people would like to make changes that can lead to personal growth and future success. One of the skills that can open more doors, and even help create personal satisfaction, is learning a new language.

There are many reasons to learn a new language. Doing so can help people land a new job or speak fluently on an overseas vacation. Knowing more than one language can have various cognitive benefits as well. The American Council on the Teaching of Foreign Languages states speaking more than one language can lead to improved memory and problem-solving skills, and may enhance one's ability to concentrate. Bilingual or multilingual people also may stave off mental aging.

Children take to foreign languages quickly and readily, but people of all ages can learn a foreign language.

- **Set learning goals. Focus on specific, measurable outcomes.** This can include learning a set number of words in a certain period of time to reduce feelings of being overwhelmed by the vast task of learning a new language.
- **Invest the time.** Set aside consistent time each day to devote to learning a new language. Neuroplasticity, or the ability of the brain to form and reorganize connections, doesn't come as easily for adults as it does for children. Therefore, practice is necessary for adults to learn new skills.
- **Use the correct learning style.** Some people are visual learners and others auditory. Finding out one's learning style can make the process go smoothly.
- **Tie learning to culture.** Having a vested interest in the culture of the language a person is trying to learn can facilitate the process and make it more interesting.
- **There's no "easy" language.** Keep in mind that all languages have their challenges, and one is not easier to learn than another, say linguists. Accepting challenges and sticking with the process can help avid learners along.

Learning a new language can open doors and lead to both professional and personal growth.

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Fridays, Jan. 4, 11, 18, & 25

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HOW TO OVERCOME A LACK OF MOTIVATION

Lack of motivation can affect anyone in any aspect of their lives. Days at the office when motivation is difficult to muster can adversely affect productivity, while lack of motivation at home can have a negative impact on individuals and their families.

Periodic lack of motivation might not be too problematic so long as it does not extend past a single day. But people might find themselves in a rut that's tough to get out of if their lack of motivation extends for several days or longer. In such instances, individuals can try the following strategies to get themselves back on track.

- **Write down some short- and long-term goals.** Motivation might wane when individuals feel as though they have little direction in life. Jotting down some short- and long-term goals can be just the kick in the pants people need to get back in the swing of things.
- **Start planning.** Simply jotting down your goals likely won't be enough to inspire action. Once you have determined your immediate and long-term goals, start developing a plan to achieve them. A successful first step may provide all the motivation you need to keep going forward.
- **Share your goals.** Sharing your goals with loved ones can be a great way to get and stay motivated. If your goals are complicated, loved ones can serve as the support system you need to keep going if or when you hit a bump in the road. And once you've shared your goals, you may be motivated to keep pursuing them so you can make your loved ones proud.
- **Celebrate small successes.** Short-term goals often pave the way toward achieving your long-term goals. For example, you can't lose 20 pounds until you have lost five. Celebrate the benchmarks that are integral to achieving your long-term goals. Don't discount your efforts by focusing on how small some successes may be. Each small success will ultimately be part of a larger success, and that's worth celebrating.

Overcoming a lack of motivation may require some reassessment of your goals and a recommitment to improving your life.



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NEW YEAR'S TRADITIONS AROUND THE WORLD

Each December 31st, people anxiously await and count down to the arrival of the new year. January 1 often is a time for reflection and for making future plans. It also is a holiday full of tradition.

Notable New Year's traditions include toasting champagne beneath skies lit up by fireworks, kissing one's sweetheart at midnight and making resolutions to better oneself in the year ahead.

New Year's Eve and New Year's Day traditions vary across the globe. The following is a look at the unique ways people ring in the new year throughout the world.

- Filipinos embrace round fruits for the new year. The custom includes gathering 12 different round fruits for each month of the year. The round shape symbolizes wealth and prosperity.
- Around Stonehaven, Scotland, people wield large fireballs for the Hogmanay festival on New Year's Eve. The idea is to ward off evil spirits by swinging balls of fires over the heads of trained professionals and then tossing them into the sea. The tradition has endured for more than 100 years.
- In the Eastern Orthodox Greek Church, Christmas isn't celebrated until January 7. Aghios Vassilis, the Greek Santa Claus, makes his rounds on New Year's Day.
- Chilean families celebrate the arrival of the new year by commemorating deceased friends and family members. It is common for those in Chile to set up chairs next to graves in the cemetery.
- Burmese people end the Thingyan water festival on New Year's Day. Since April, they have celebrated the arrival of Thagyamin, a celestial Buddhist figure, with the firing of water cannons. The water-logged revelry ends with the new year.
- Siberians celebrate the new year's with the planting of the "New Year's Tree" underneath frozen lakes. This "yolka" is said to symbolize the coming of Father Frost, but also represents starting over.
- Grapes are a hallmark of Spanish New Year's celebrations. Throughout Spain, revelers gobble a grape per second as they count down the last 12 seconds of the year. Each grape corresponds to good luck for the 12 months of the new year.
- In Denmark, residents break old dishes on the doorsteps of family and friends on New Year's Day. The bigger the pile, the more friends and good will in the new year.
- In China, where the new year is celebrated on February 5 this year according to the lunar calendar, celebrants paint their doors red or hang red curtains or cutouts on windows to symbolize good luck.



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WHEN THE NEW YEAR BEGINS ACROSS THE GLOBE

New Year's celebrations can be complicated, and those complications have nothing to do with punch bowls or party hats. According to TimeandDate.com, the world has more than 24 time zones. But things are more complex than that because the International Date Line creates three more, and not all time zones are an hour apart. As a result, it will take 26 hours for the new year to encompass all time zones in 2019. The following rundown shows when the new year will be celebrated in various areas across the globe and what time it will be in New York when revelers in those countries are officially ringing in 2019.

- Samoa and Christmas Island will be the first to welcome 2019, doing so when it is 5 a.m. on December 31st in New York.
- Much of New Zealand, with certain exceptions, will ring in 2019 when most New Yorkers are still in bed at 6 a.m.
- Most Australians will be celebrating 2019 when it is 8 a.m. in the Big Apple.
- Japan and South Korea will be welcoming 2019 when it is 10 a.m. in New York. That's right around the time many New Yorkers arrive at their offices.
- The Philippines won't be far behind, welcoming 2019 just an hour after Japan and South Korea.
- Afghanistan will be ringing in 2019 when it is 2:30 p.m. in New York. Times Square figures to be filled up by then.
- Celebrants in Moscow will welcome 2019 when it is 4 p.m. in New York.
- As 5 p.m. quitting time strikes in New York, Greece and 31 other countries will be welcoming 2019.
- When the clock strikes 10 p.m. in New York, Argentina and regions of Brazil will be hard at play celebrating the dawn of 2019.
- New Yorkers will finally get to kiss their sweethearts as the clock strikes midnight in the Big Apple. People as far west as Detroit will be doing the same.
- As many New Yorkers finally lay their heads to rest at 4:30 a.m. on January 1, the 2019 portion of the party will just be getting started in the Marquesas Islands.



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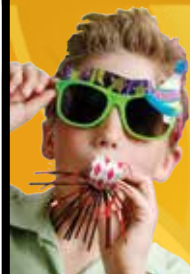
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THINGS PEOPLE SHOULD KNOW ABOUT CREATING WILLS

Drafting a last will and testament is an essential component of estate planning. Despite the importance of having a will, a recent survey from AARP found that two out of five Americans over the age of 45 do not have one.

Putting wishes down on paper helps avoid unnecessary work and sometimes heartache upon the death of a loved one. Wills allow heirs to act with the decedent's wishes in mind, and can ensure that assets and possessions will end up in the right hands.

Estate planning can be tricky, which is why many people turn to attorneys to get the job done right. Attorneys who specialize in estate planning will no doubt discuss the following topics with their clients.

- **Assets owned:** Make a list of known assets and figure out which assets are covered by the will and which will have to be passed on according to other estate laws, such as through joint tenancy on a deed or a living trust. For example, life insurance policies or retirement plan proceeds will be distributed to your named beneficiaries. A will also can cover other assets, such as photographs, clothing, cars, and jewelry.
- **Guardianship:** Parents' wills should include a declaration of who they want to become guardians their underage children or dependents.
- **Pets:** Some people prefer to use their will to also dictate guardianship for their pets and to leave money or property to help care for those pets. However, pets do not have the legal capacity to own property, so one shouldn't gift money directly to pets in a will.
- **Funeral instructions:** Settling probate will not happen until after the funeral. Therefore, funeral wishes in a will often go unnoticed, states the legal advisement resource Find Law.
- **Executor:** An executor is a trusted person who will carry out the terms of the will. This person should be willing to serve and be capable of executing the will. People who die without a valid will become intestate. This means the estate will be settled based on the laws of where that person lived, and a court-appointed administrator will serve in the capacity to transfer property. This administrator will be bound by laws and may make decisions that go against the decedent's wishes. To avoid this outcome, a will and other estate planning documents are crucial.





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 Mondays: 7 p.m. – **Country Nites** – Hastings
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 Mondays: 7 p.m. – **Willies Hidden Harbor** – Saint Paul Park
 Tuesdays: 7:30 p.m. – **Schuggy's American Grill** – Hammond, WI
 Tuesdays: 7 p.m. – **Jersey's Bar** – Inver Grove Heights
 Tuesdays: 7 p.m. – **White Bear Bar** – WBL
 Wednesdays: 7 p.m. **Park Place** – St. Paul Park
 Wednesdays: 7 p.m. – **The Pour House** – NYA
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PAGE 26



# ★ Weekly Horoscopes for January

JANUARY • 2019

## Aries

March 21-April 20

### Week 1:

Aries, even though you are not prone to worrying, this week some things have you feeling a bit on edge. Concentrate on what you have going right instead of what can go wrong.

### Week 2:

Look forward to solid and passionate developments in the days to come, Aries. If you're seeking love, then sparks may soon fly. Be on the lookout.

### Week 3:

Aries, you may experience a few complications in regard to some big plans that you have been working on. Don't let these derail your efforts. Things will work out.

### Week 4:

You can't predict how people will react, Aries. What you find humorous may bend someone else out of shape. If you suspect a joke won't go over well, keep it to yourself.

## Taurus

April 21-May 21

### Week 1:

Taurus, couch your ego for a little while and let a loved one get his or her way. Concede control in this and you'll find it benefits you in many different ways.

### Week 2:

You need to take a day or two for yourself, Taurus. It seems like you have been doing much for others but little energy is devoted to your needs and desires. You've earned a break.

### Week 3:

A newfound energy can sweep you off of your feet and really jump-start goals in the days ahead, Taurus. Go with the flow until you need a break; otherwise, you'll tire out.

### Week 4:

Keep your eyes open and you just may stumble onto something new and fascinating this week, Taurus. Now is a good time to explore new ideas and integrate them.

## Gemini

May 22-June 21

### Week 1:

This is a time for working smart and hard, Gemini. Your hard work will come to fruition and get you where you need to be quickly. Ask for help if the going gets too tough.

### Week 2:

Gemini, expect some big changes in your love life in the weeks to come. Count your blessings because you deserve all the good news that's coming your way.

### Week 3:

Gemini, unfortunately some people you were counting on may suddenly pull out of a plan. Make sure you have a few backups so that your plans can follow through.

### Week 4:

You are not one to walk away from a challenge, Gemini. This week you may be confronted with a challenging obstacle. Devote all of your attention to the task at hand.

## Cancer

June 22-July 22

### Week 1:

Cancer, expect to reconnect with a long-lost activity or hobby you used to love. Find things that give you pleasure and enjoy some time focusing on fun.

### Week 2:

Surprises are in store for Cancers who are willing to take some risks. If you resign from your job, you just may find a dream position shortly after — things can be that dramatic.

### Week 3:

Cancer, an extra boost of confidence is propelling you to embrace some changes. That means potentially jumping into a challenging project. Run with this.

### Week 4:

Something will bring a smile to your face early in the week, Cancer. There is pretty much nothing that will wipe this smile off of your face.

## Leo

July 23-August 23

### Week 1:

Retreating to the privacy and coziness of home may be tempting, Leo. However, you may have to step up and play leader or host or hostess in the days ahead.

### Week 2:

Some cosmic goodness is in store for you, Leo. Be excited about your prospects. This year can start out on the right foot, especially as it pertains to domestic matters.

### Week 3:

Leo, seek others' counsel on an important issue. Another's perspective or insight can help you make an informed decision. Once you're comfortable going forward, do so.

### Week 4:

Leo, try not to push yourself too much this week. Maintain a low profile and go through with your normal routine; otherwise, you might ruffle the wrong feathers.

## Virgo

August 24-September 22

### Week 1:

Virgo, even though you may not be a full-fledged clairvoyant, you certainly can tap into people's thoughts to give them a start. You may need to buffer some insights.

### Week 2:

Virgo, things in your domestic sector are bound to settle down in a few days. If you planned improvements at home, you'll sail through those in no time with some help from friends.

### Week 3:

It is not a good idea to try to mold people into what you would like them to be, Virgo. You may become frustrated if they resist your efforts. Embrace others for who they are.

### Week 4:

Do not panic when a glitch occurs in your best-laid plans, Virgo. With a few easy modifications, you can work through it quickly. Look at the situation from a different angle.

## Libra

September 23-October 23

### Week 1:

You have a renewed determination to improve your finances right now, Libra. Use any extra money you receive to invest in a portfolio that can keep you earning.

### Week 2:

Libra, some pivotal changes may come into your life shortly. You may find out your family is increasing or learn that a career change is in the works. Start counting good fortune.

### Week 3:

Knowledge is power, Libra. Do all you can to improve your knowledge base. This is especially important as you try to navigate financial waters.

### Week 4:

Libra, sometimes it can be easy for you to fixate on a particular way of doing things. Consider if others have a better way to tackle the same task.

## Scorpio

October 24-November 22

### Week 1:

Trust the process of working through your feelings this week, Scorpio. Many things have been going on and you need to absorb and file things away in your mind.

### Week 2:

A talent that you used to feel insecure about can be an avenue to earn a significant amount of money, Scorpio. Don't hesitate to monetize and share your gifts.

### Week 3:

Scorpio, others may not take much notice of your emotions this week unless you exaggerate them. If you need a person to talk to, seek them out.

### Week 4:

Expect to reach a big milestone in your life in the next few days, Scorpio. This likely has something to do with your family or career. The praise is warranted.

## Sagittarius

November 23-December 20

### Week 1:

You may have more on your mind than you are willing to admit, Sagittarius. But showing vulnerability may make you seem more approachable to others.

### Week 2:

While you have been in a stable relationship for some time now, both parties may be looking to shake things up. It can go two ways: A breakup or newfound depth.

### Week 3:

Don't begin a conversation if you are not willing to see it through to the end, Sagittarius. This will only make things more difficult for the relationships you keep.

### Week 4:

You need to focus and get back to work this week, Sagittarius. If things have slipped through your fingers, it could take a little time to regain your momentum. You can do it.

## Capricorn

December 21-January 20

### Week 1:

Capricorn, be a true friend to someone who can use a little extra love and support. Whether you lend a helping hand or just sit and listen, your efforts will be appreciated.

### Week 2:

Venus, the ruler of your career sector, will point your professional efforts in the right direction, Capricorn. Your professional outlook might turn completely around.

### Week 3:

Expect to encounter someone who is difficult to deal with this week, Capricorn. The cosmic forces are at play. Be patient and wait for better times ahead.

### Week 4:

Shop around for the best deals before making a large purchase, Capricorn. Take inventory of your finances so your next move does not prove a setback.

## Aquarius

January 21-February 18

### Week 1:

Aquarius, you need to push past fear and pursue your desires. Only then can you get ahead at work or in other areas of your life. Stop making excuses and be courageous.

### Week 2:

You may notice people in your social life are more friendly and accommodating lately, Aquarius. In fact, friends have always been there for you because they believe in you.

### Week 3:

Aquarius, make a concerted effort to work with a colleague with whom you might not see eye to eye. Your efforts to communicate and compromise will not go unnoticed.

### Week 4:

You may be ready for something or someone new, Aquarius. Right now is a good time to connect with a new passion that can bring you even more success than you had imagined.

## Pisces

February 19-March 20

### Week 1:

Pisces, if you are in a relationship, use this week to untangle some knots. These can be differences of opinion or financial concerns.

### Week 2:

Pisces, if you've been waiting for seed money to start a venture, then your patience will pay off. Expect some good news to come.

### Week 3:

Don't tie yourself in knots trying to sort through things you cannot control, Pisces. There are too many matters for you to handle them alone.

### Week 4:

Try to focus your energies in a positive way, Pisces. You can accomplish what you set your mind to with the right attitude and perseverance.

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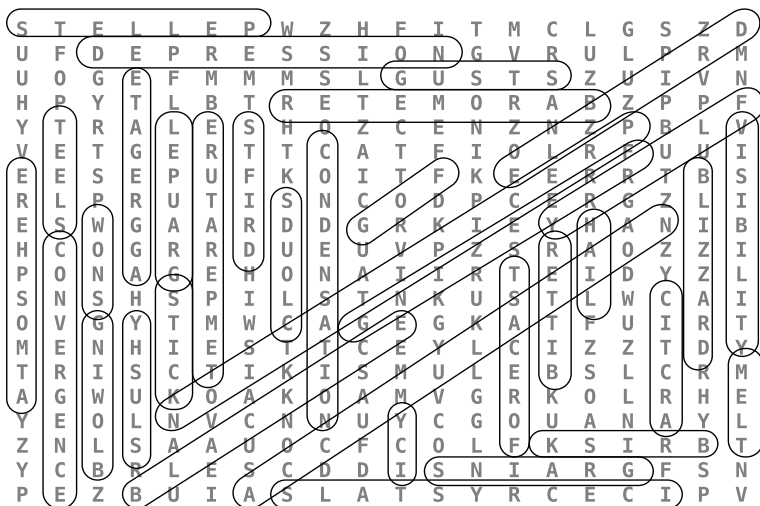


# PUZZLE ANSWERS

**Crypto answers** A. crock B. stew C. simmer D. kitchen  
 A. lasagna B. spaghetti C. cannoli D. ricotta

**Word scramble** 1. Warmth 2. Weight

**Word Search Answers**



**Sudoku 1 Answers**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 8 | 1 | 5 | 2 | 4 | 9 | 6 |
| 2 | 4 | 1 | 7 | 6 | 9 | 5 | 8 | 3 |
| 9 | 6 | 5 | 8 | 4 | 3 | 1 | 7 | 2 |
| 7 | 3 | 4 | 9 | 8 | 5 | 6 | 2 | 1 |
| 6 | 1 | 9 | 3 | 2 | 7 | 8 | 4 | 5 |
| 8 | 5 | 2 | 6 | 1 | 4 | 7 | 3 | 9 |
| 4 | 8 | 3 | 5 | 9 | 1 | 2 | 6 | 7 |
| 5 | 2 | 7 | 4 | 3 | 6 | 9 | 1 | 8 |
| 1 | 9 | 6 | 2 | 7 | 8 | 3 | 5 | 4 |

**Sudoku 2 Answers**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 7 | 1 | 5 | 2 | 8 | 4 | 3 | 6 |
| 6 | 5 | 4 | 3 | 7 | 9 | 1 | 2 | 8 |
| 2 | 3 | 8 | 1 | 6 | 4 | 7 | 9 | 5 |
| 4 | 9 | 6 | 7 | 3 | 5 | 8 | 1 | 2 |
| 8 | 1 | 3 | 4 | 9 | 2 | 6 | 5 | 7 |
| 5 | 2 | 7 | 6 | 8 | 1 | 3 | 4 | 9 |
| 3 | 6 | 9 | 2 | 1 | 7 | 5 | 8 | 4 |
| 7 | 8 | 5 | 9 | 4 | 3 | 2 | 6 | 1 |
| 1 | 4 | 2 | 8 | 5 | 6 | 9 | 7 | 3 |

**Puzzle 1 Answers**

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | A | S | T | E | S | P | O | U | S | E |   |   |   |   |
| N | O | T | W | I | T | H | S | T | A | N | D | I | N | G |
| A | H | I | N | H | A | B | I | T | E | D | H | O |   |   |
| M | E | M | Y | M | I | L | S | E | A | N |   |   |   |   |
| E | R | A | S | P | A | C | E | S | R | A | N | A |   |   |
| E | N | S | A | N | S | A | C | B | C | D |   |   |   |   |
| T | H | I | N | D | A | I | S | E | S |   |   |   |   |   |
| T | I | E | R | M | A | C | S |   |   |   |   |   |   |   |
| C | O | B | W | E | B | B | A | N | E |   |   |   |   |   |
| O | R | E | E | A | R | P | A | Y | S | C |   |   |   |   |
| S | E | S | S | B | A | A | E | D | O | S | L | O |   |   |
| M | A | I | T | T | I | N | M | P | E | B |   |   |   |   |
| I | D | N | O | M | I | N | A | T | E | S | A | I |   |   |
| C | O | N | G | R | A | T | U | L | A | T | I | O | N | S |
| R | E | S | I | D | E | T | E | N | D | S |   |   |   |   |

**Puzzle 2 Answers**

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | A | C | E | B | N |   |   |   |   |   |   |   |   |
| M | A | T | R | I | M | O | N | I | A | L |   |   |   |
| H | O | U | S | E | O | F | W | O | R | S | H | I | P |
| E | S | S | E | N | C | E | P | O | T | A | B | L | E |
| L | C | S | L | R | A | C |   |   |   |   |   |   |   |
| L | I | R | A | C | B | S | L | O | P | I | N | G |   |
| O | N | E | S | P | I | A | L | S | O | N |   |   |   |
| E | P | I | S | A | B | E | R | O | C | A |   |   |   |
| E | D | D | S | I | D | E | P | A | R | E |   |   |   |
| A | S | L | E | E | P | N | A | B | S | N | I | B |   |
| N | E | C | U | B | S | B |   |   |   |   |   |   |   |
| I | N | D | W | E | L | L | T | R | A | I | N | E | E |
| T | R | E | A | S | U | R | E | I | S | L | A | N | D |
| O | B | S | E | R | V | A | N | T | L | Y |   |   |   |
| B | E | D | D | I | S |   |   |   |   |   |   |   |   |

# SPORTS SCHEDULES

## Timberwolves Schedule

Wed, Jan 2 @ Boston 7:00 PM  
 Fri, Jan 4 vs Orlando 7:00 PM  
 Sun, Jan 6 vs Los Angeles 2:30 PM  
 Tue, Jan 8 @ Oklahoma City 7:00 PM  
 Fri, Jan 11 vs Dallas 7:00 PM  
 Sat, Jan 12 vs New Orleans 7:00 PM  
 Tue, Jan 15 @ Philadelphia 6:00 PM  
 Fri, Jan 18 vs San Antonio 7:00 PM  
 Sun, Jan 20 vs Phoenix 6:00 PM  
 Tue, Jan 22 @ Phoenix 8:00 PM  
 Thu, Jan 24 @ Los Angeles 9:30 PM  
 Fri, Jan 25 @ Utah 8:00 PM  
 Sun, Jan 27 vs Utah 6:00 PM  
 Wed, Jan 30 vs Memphis 7:00 PM  
 Sat, Feb 2 vs Denver 8:00 PM

## Wild Schedule

Thu, Jan 3 @ Toronto 1:00 PM  
 Sat, Jan 5 @ Ottawa 1:00 PM  
 Mon, Jan 7 @ Montreal 6:30 PM  
 Tue, Jan 8 @ Boston 6:00 PM  
 Thu, Jan 10 vs Winnipeg 7:00 PM  
 Sat, Jan 12 vs Detroit 7:00 PM  
 Mon, Jan 14 @ Philadelphia 6:00 PM  
 Tue, Jan 15 vs Los Angeles 7:00 PM  
 Thu, Jan 17 vs Anaheim 7:00 PM  
 Sat, Jan 19 vs Columbus 8:00 PM  
 Mon, Jan 21 @ Vegas 5:00 PM  
 Wed, Jan 23 @ Colorado 8:30 PM  
 Fri, Feb 1 @ Dallas 7:00 PM  
 Sat, Feb 2 vs Chicago 7:00 PM



## Did you know?

Martin Luther King, Jr. was a prolific figure in American history. King is readily known as an activist and extremely visible spokesperson for the civil rights movement in the 1950s and 1960s. King was a writer, minister and humanitarian who made a great impact in his tragically short life. While people know much about King, these few facts may come as a surprise.

- King's first name was originally Michael. It was changed to Martin after his father traveled to Germany and became inspired by the Protestant Reformation leader Martin Luther. King Sr. changed his own name after this trip as well.
- King did not originally plan on becoming a minister. However, Benjamin E. Mays, the president of Morehouse College, which King attended, convinced him otherwise.
- At the time he earned the honor, King was the youngest person to be awarded the Nobel Peace Prize, which he earned in 1964. Malala Yousafzai became the youngest Nobel laureate ever in 2014.
- There are more than 730 streets named after Martin Luther King, Jr. in the United States.
- King's "I Have a Dream" speech was not his first at the Lincoln Memorial in Washington, D.C. The great orator first appeared there in 1957 to speak about voting rights.
- It is believed that King's last speech foretold his death. In front of an audience at Mason Temple Church the night before he was assassinated, King said, "Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now ... And I've seen the promised land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the promised land. So I'm happy tonight. I'm not worried about anything. I'm not fearing any man. Mine eyes have seen the glory of the coming of the Lord."



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*How they SAY that in...*

- ENGLISH:** Food
- SPANISH:** Comida
- ITALIAN:** Cibo
- FRENCH:** Nourriture
- GERMAN:** Essen



# 8 THINGS TO CONSIDER WHEN CHOOSING A HIGH SCHOOL

Planning ahead for the future often involves having a strong educational foundation upon which a secure and financially rewarding career can be built. While many students and families give ample thought to where they will attend college, taking such an approach to high school can be beneficial as well.

High school is a critical time in a child's life. Many students simply attend their local public high schools, even if that school may not be the best fit for the student. It behooves families to investigate other possibilities they have to ensure teenagers end up in the right academic environment during high school.

Public schools, private/religious institutions and specialty and vocational schools may have different assets that set them apart. Therefore, students and their parents can look at various factors to determine which school will present them with the right environment and tools for success.

- 1. Identify needs and wants.** Have a frank discussion as a family regarding what the student is looking to get out of the high school experience, as well as which settings help him or her learn the best.
- 2. Look at programs offered.** Schools vary in their offerings. Comprehensive high schools offer a smorgasbord of courses to appeal to as many students as possible. Magnet or specialty schools may have specialized focuses, such as STEM, communications, business, or art.
- 3. How much college prep is desired?** While most schools offer advanced placement courses that can translate into college credit, some offer specialty tracks that enable high school students to earn a high school diploma and associates degree concurrently.
- 4. Check out campus size.** The number of students on campus and teacher-to-student ratio can affect how some students learn. Social kids may like big schools, while an intimate setting may bring others out of their shells.
- 5. Consider religious affiliations.** Many families like a faith-based program, and religious schools often blend faith into their curriculum.
- 6. Pay attention to finances.** Tuition costs can impact which school a student attends.
- 7. Map the school location.** Decisions also can be based on how close a school may be. Long commutes can eat into extracurricular activities or family time.
- 8. What clubs and activities are offered?** School decisions also can be based on the activities that help develop well-rounded students. Athletes may seek schools with strong sports programs, for example.

Students can explore all possibilities in their local areas and beyond when determining where to attend high school.



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# UNDERSTANDING DEPRESSION AND ITS TRIGGERS AND SYMPTOMS

Many people periodically have bad days when they just seem to be in a bad mood. When a bad mood isn't short-lived, this might be a potential indicator of depression.

Depression is a common mental disorder that, according to the World Health Organization, affects more than 300 million people across the globe. The WHO notes that despite the fact that there are known and highly effective treatments for depression, fewer than half of those suffering from depression receive such treatments. Furthermore, in many countries, fewer than 10 percent of people with depression receive treatment.

Learning about depression and how to recognize its symptoms may compel people battling it to seek treatment for this very common and treatable disorder.

## Why do I have depression?

Everyone has a bad day here or there, but people with depression may wonder why theirs are more than just a bad day. The WHO notes that depression is a byproduct of a complex interaction of social, psychological and biological factors. Exposure to adverse life events, such as unemployment, the death of a loved one or psychological trauma, can increase peoples' risk of developing depression. Depression also may be caused by physical conditions. The WHO says cardiovascular disease can lead to depression.

## What are the symptoms of depression?

The Mayo Clinic notes that one in 10 people whose depression goes untreated commit suicide. That only highlights the importance of recognizing the symptoms of depression and acting once any have been identified or suspected. Symptoms can include:

- Difficulty concentrating, remembering details and making decisions
- Fatigue
- Feelings of guilt, worthlessness and helplessness
- Pessimism and hopelessness
- Insomnia, early-morning wakefulness or sleeping too much
- Irritability
- Restlessness
- Loss of interest in things once deemed pleasurable, including sex
- Overeating or appetite loss
- Aches, pains, headaches, or cramps that won't go away
- Digestive problems that don't get better, even with treatment
- Persistent sad, anxious or "empty" feelings
- Suicidal thoughts or attempts



Anyone who has exhibited any of the aforementioned symptoms or even those who haven't but suspect they might be suffering from depression should visit a physician immediately. The WHO notes there are a variety of treatments available to people who have been diagnosed with depression, and doctors will determine which might be the best for each patient. To make that determination, doctors may inquire about the duration and severity of symptoms as well as family history and whether or not the patient has a history of drug or alcohol abuse.





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# YOUR POLAR PLUNGE SURVIVAL GUIDE

Come wintertime, polar plunges are sponsored by various organizations. Such events may serve as fundraisers for club operations or to help needy individuals, while others may simply be efforts to fend off cabin fever.

While no one can say for sure who originated the polar plunge, the first recorded Polar Bear Swim took place in Boston in 1904. In Canada and the Netherlands, it has become tradition to host plunges on New Year's Day. Even people in the southern hemisphere participate, with plunges off the coast of New Zealand and Antarctica in June. In the United Kingdom, a "Loony Dook" takes place in Scotland, with several thousand people attending the event and taking the plunge after New Year's Eve celebrations. The largest plunge in the United States is the Plungapalooza in Maryland, which includes 12,000 swimmers, all of whom are there to raise funds for the Special Olympics.

Polar bear swims are not for the faint of heart, and even the most stalwart (and cold-tolerant) plunger can employ a few strategies to make the swim a success.

- **Prepare in advance.** Build up your cold tolerance in the bathtub or shower. Cold water may cause some people to hyperventilate. Acclimating to the sensation can make it less shocking when it's time to get in the water.
- **Exercise caution if you have a heart condition.** Experts in medicine at Mount Sinai Medical School say that, following cold shock, the body will do something called a diving reflex. This means constricting blood vessels to direct more blood flow to the heart and brain, which causes an increased cardiac workload.
- **Walk slowly into the water.** Rather than running and diving in, slow enter the water to acclimate your body to the cold and mitigate some of the shock.
- **Make it a brief stint.** Only stay in the water for a few minutes. Doctors say that cold water incapacitation can begin within five minutes of entering the water. Hypothermia requires being immersed for 30 minutes or more to set in.
- **Bring along warm clothes.** You'll need to warm up quickly after the plunge. A terry cloth bath robe, thick wool socks, heavy sweater, and a hat can help restore body heat.
- **Avoid alcoholic beverages.** Alcohol can give off a false feeling of warmth and heat in the body, advises Dr. Jagdish Khubchandani at Indiana's Ball State University. Alcohol dilates blood vessels, increasing blood flow to the limbs at the expense of the core. It also may interrupt the body's natural shivering response. Warming up with some scotch is not advisable before or after the plunge.

If health ailments do not preclude a person from plunging, it can be an exciting way to spend a few wet minutes.



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# CELEBRATE CHINESE NEW YEAR: 2019 IS THE YEAR OF THE PIG

More than one billion people across the globe celebrate Chinese New Year every year. In 2019, Chinese New Year officially begins on February 5, continuing for two weeks until celebrations draw to a close on February 19.

2019 is the Year of the Pig. The pig is the twelfth of the 12 Zodiac animals, and myths tell some rather amusing stories about how the pig earned its place in the pecking order. One such myth suggests Jade the Emperor invited 12 animals to his party, and the order of those animals would be determined by when they arrived. As the legend goes, the pig overslept and was the twelfth and final animal to arrive at the party.

Another myth suggests the pig was the last animal to arrive at the party because a wolf destroyed its house. Forced to rebuild the house before it could depart for the party, the pig was the last one to arrive.

But revelers should not mistake the pig's placement for bad fortune. In fact, according to Travel China Guide, the pig has been regarded as wealth because it has no plan to harm others and can bring affluence to people. ChineseNewYear.net also notes that pigs' chubby faces and big ears are also symbolic of fortune.

Several characteristics distinguish men and women born in the pig year. Men born in such years are optimistic, gentle and very focused. Though they're cool-headed, men born in the pig year are not considered financially savvy and are gullible because they're trusting of others and easily scammed. Men born in the pig year are quiet and love learning, even though they don't know how to express their knowledge in conversation. Men born in a pig year have large social circles because they treat everyone warmly, and those within their social circles help when the going gets tough.

Women born in a pig year easily gain others' trust because they are easygoing and treat everyone genuinely. Because they're full of excitement, women born in the pig year can sometimes seem over-friendly. Women born in a pig year are organized and hard-working, which translates to wealth. They also love children.

The Chinese New Year is an interesting celebration with a rich history.



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# ORGANIZE AND DECLUTTER ROOM-BY-ROOM

Getting organized is a popular New Year's resolution.

Clutter can be a major source of stress that affects how individuals feel about their spaces. Psychology Today indicates messy homes and work spaces can contribute to feelings of helplessness, anxiety and overwhelming stress. Clutter bombards the mind with excessive stimuli, makes it more difficult to relax and can constantly signal to the brain that work is never done.

Tackling messes no matter where they are lurking is not a one-time project. Much like losing weight and getting healthy, clearing a home of clutter requires dedication and lifestyle changes. With these organizational tips and tricks, anyone can work through their home room-by-room and conquer clutter.

## Find a place for everything

Clutter creeps up as people accumulate possessions over the years. Over time, failure to regularly go through belongings and thin the herd can lead to the accumulation of clutter. But clutter also can accumulate if people fail to find a place to put items. Racks for garages, organizational systems for closets and furniture with storage capacity, such as storage ottomans, are some storage solutions that can help people find a place for their possessions.

## Utilize vertical space when possible

Getting items up and off the floor can maximize square footage in a home. Bookshelves, hanging wall shelves, hooks, cabinetry, built-ins, and other storage solutions that rely on walls and ceilings are simple and effective storage solutions. Unused space behind cabinet or closet doors are some additional places to store belongings. Hang razors or toothbrushes on medicine cabinet walls and curling irons and other hair tools on the interior of cabinet doors in bathrooms.

## Create a coding system

Home offices can be some of the more disorganized rooms in a house simply due to the volume of electronics and paperwork within them. HGTV suggests using a color-coded system for important files to keep them organized. Label important items, whether they're paper or digital files, in accordance with your system.

## Put it away

When you finish using an item, return it to its storage location. This eliminates piles of belongings strewn around the house — and hunting and pecking for missing things. If you can't put it away immediately, have a few baskets on hand labeled for the different rooms in the house. Pop the items in the requisite baskets and then routinely take each basket around the house to return the items.

Investing in custom cabinetry and organizational systems also can help people organize their belongings. Tackle rooms such as the garage, basements, bedroom closets, and pantries, or those areas that tend to accumulate clutter the fastest.



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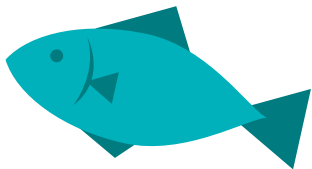
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